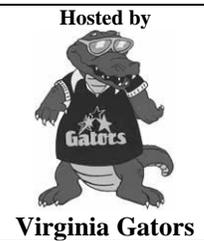




GATOR VALENTINES INVITE
A/BB/B/C Mini Meet
February 5-7, 2010
SANCTION NO. VS-10-45



SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-10-45
LOCATION:	Gator Aquatic Center, 1130 Overland, Roanoke, Va. 24015, (540) 982-7665 (pool), (540) 982-7665 (office)
FACILITY:	<ul style="list-style-type: none">• 25 yard pool, 8 lanes, and pool depth is 4.5 feet to 6 feet and back to 4.5 feet. Non-turbulent lane lines. Daktronics Timing System.• The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C).
MEET DIRECTOR:	Name: David Todd Email: dmt2@cox.net Phone: (540) 357-7679
ELIGIBILITY:	<ul style="list-style-type: none">• Open to all Virginia Swimming athletes registered by the first day of the meet• No on deck Virginia Swimming athlete registration will be permitted.• Age on February 5, 2009 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none">• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none">• Swimmers of all ages may swim events Friday evening• All 10 & Younger swimmers will swim on Saturday and Sunday morning.• All 11 & Older swimmers will swim on Saturday and Sunday afternoon.• All events will be timed finals.
WARM-UP:	<ul style="list-style-type: none">• Friday session: Warm-ups 4:30 pm; competition starts at 5:40 pm• Morning sessions: Warm-ups at 8:00-9:00 am; competition starts at 9:10 am.• Afternoon sessions: Warm-ups at 12:30-1:30 pm; competition starts at 1:40 pm.• Saturday and Sunday Distance sessions: The pool will be opened for 10 minutes of open warm-ups immediately following the finish of the previous session. The distance session competition will start 5 minutes thereafter.• Lane assignment and warm-up times for individual clubs will be posted on the Virginia Gators website no later than February 3, 2010 and will also be emailed to the contact person of the participating clubs.• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS THURSDAY, JANUARY 28, 2010</p> <ul style="list-style-type: none">• Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.• Teams submit entries as an e-mail attachment .• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.• Coach's Time (CT) and "No Time" Entries will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition.• Swimmers may enter a maximum of 4 <i>individual events</i> and 1 <i>relay event</i> per day.• Relay teams must be designated A, B, C, etc., if more than one per club is entered per event.• Entries will be processed in the order received and accepted to the greatest extent possible

	<p>without exceeding the 4-hour/session timeline limit.</p> <ul style="list-style-type: none"> The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. Email entries to: Entry Chair: Greg Lake at vagatormeets@gmail.com Mail entries to: Greg Lake PO Box 4646 Roanoke, VA 24015 Phone: (540) 397-2234 IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.
FEES:	<p>Individual events: \$3.00 Relay events: \$12.00 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> Checks should be made payable to: Virginia Gator Swimming. Payment must be received by February 5, 2010 for email entries. Payment must be included with all mailed entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
AWARDS:	<ul style="list-style-type: none"> Individual events: Ribbons will be awarded for first through eighth for all 12 & Under events. <ul style="list-style-type: none"> 8 & Under events will be awarded as 6 & Under, 7 yr olds and 8 yr. 10 & Under events will given separate awards for 9-10 and 8 & Under age groups. 11 & Over events will be given separate awards for the 11-12 age group only.
SEEDING:	<ul style="list-style-type: none"> All events, except events except the 400 IM, 500 Free, 1000 Free, & 1650 Free will be pre-seeded. 8 & Younger swimmers in the morning sessions must report to the Clerk of Course and they will be escorted to the blocks from there. Swimmers in the afternoon sessions should report directly to the blocks for their events. Events 1, 2, 5, 6, 25, 26, 89, 90, 91, & 92 will require a positive check-in to swim. Positive check-in will close at the end of warm-up for the session the event will be swum. SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded. Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> The current USA Swimming Rules and Regulations will apply. The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee. In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

OFFICIALS:	<p>Meet Referee: Steve Woolfolk Email: woolfolks@aol.com Phone: (540) 890-6160</p> <ul style="list-style-type: none"> • Officials at all positions will be required for this meet. • Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Steve Woolfolk @ woolfolks@aol.com no later than Thursday, January 28, 2010 • Officials meeting will be at 8:50 am and 1:20 pm each day.
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	<ul style="list-style-type: none"> • Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. • The number of timers required per club and their lane assignments will be posted on the Virginia Gators website no later than February 3, 2010 and will also be emailed to the contact person of each of the individual clubs.
GENERAL:	<ul style="list-style-type: none"> • Complimentary lunch will be served for coaches, referees, starters stroke & turn judges, timing judges, clerk of course, CTS operators and recorder. • A concession stand will be available for swimmers and spectators. • No other major activities will be taking place at the Gator Aquatic Center on February 5-7th except this swim meet. • Results will be posted on the wall at the turn end of the pool. • Complimentary heat sheets will be provided for officials and coaches. Heat sheets will also be sold for \$5.00 each. • Meet information can be found at www.virginiagators.com
FACILITY RULES:	When not competing, swimmers should stay on deck or in the team room.
DIRECTIONS:	Will be posted on www.virginiagators.com
HOTELS:	<ul style="list-style-type: none"> • Sleep Inn, 4045 Electric Road, (540) 772-1500 • Holiday Inn, 4468 Starkey Road (540) 774-4400 • Hampton Inn, 3816 Franklin Road, (540) 989-4000 • Wyndam, 2801 Hershberger Road (540) 563-9300

FRIDAY FEBRUARY 5, 2010

AFTERNOON SESSION		
Warm-ups: 4:30pm; Start 5:40pm		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	Senior 400 IM	2
3	12 & Under 200 IM	4
5	Senior 1000 Free	6

SATURDAY FEBRUARY 6, 2010

MORNING SESSION		
Warm-ups: 8:00am; Start 9:10am		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
7	9-10 50 Free	8
9	8 & Under 50 Breast	10
11	10 & Under 100 Breast	12
13	8 & Under 25 Fly	14
15	10 & Under 100 Fly	16
17	8 & Under 50 Back	18
19	9-10 50 Back	20
21	8 & Under 25 Free	22
23	10 & Under 200 Free Relay	24

AFTERNOON SESSION		
Warm-ups: 12:30am; Start 1:40am		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
27	11-12 50 Free	28
29	13 & Over 50 Free	30
31	11-12 100 Fly	32
33	13 & Over 100 Fly	34
35	11-12 50 Back	36
37	11 & Over 200 Back	38
39	11-12 100 Breast	40
41	13 & Over 100 Breast	42
43	11-12 100 IM	44
45	13 & Over 200 Free	46
47	11-12 200 Free	48

DISTANCE SESSION		
10-min warm-up; Starts 5-min after warm-up		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
25	10 & Under 500 Free	26

SUNDAY FEBRUARY 7, 2010

MORNING SESSION		
Warm-ups: 9:00am; Start 9:10am		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
49	10 & Under 200 Free	50
51	8 & Under 100 Free	52
53	10 & Under 100 IM	54
55	8 & Under 25 Breast	56
57	9-10 50 Breast	58
59	8 & Under 25 Back	60
61	10 & Under 100 Back	62
63	10 & Under 50 Fly	64
65	9-10 100 Free	66
67	8 & Under 50 Free	68
69	10 & Under 200 Medley Relay	70

AFTERNOON SESSION		
Warm-ups: 12:30pm; Start 1:40pm		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
71	13 & Over 200 IM	72
73	11-12 100 Free	74
75	13 & Over 100 Free	76
77	11-12 50 Fly	78
79	11 & Over 200 Fly	80
81	11-12 100 Back	82
83	13 & Over 100 Back	84
85	11-12 50 Breast	86
87	11 & Over 200 Breast	88

DISTANCE SESSION		
10-min warm-up; Starts 5-min after warm-up		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
89	11 & Over 500 Free	90
91	Senior 1650 Free	92