



**2010 BASS WINTER WARM UP  
A/BB/B/C Mini Meet  
January 30-31, 2010  
SANCTION NO. VS-10-43**

Hosted by



**Battlefield Area Star  
Swimmers**

<b>SANCTION:</b>	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-10-43</b>
<b>LOCATION:</b>	Barbee Center Indoor Pool, Woodberry Forest School, Woodberry Forest, VA
<b>FACILITY:</b>	<ul style="list-style-type: none"><li>• 25 Yard, 6 Lanes, indoor pool with non-turbulent lane lines, 4 feet in depth at the start end and 13 ½ feet in depth at the turn end; Colorado Timing System with a six-line digital display board.</li><li>• The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C).</li></ul>
<b>MEET DIRECTOR:</b>	Kevin McHaney Email: <a href="mailto:kmchaney@yahoo.com">kmchaney@yahoo.com</a> Work Phone: (540) 948-7629 Home Phone: (540)923-4626
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"><li>• Open to all Virginia Swimming athletes in the North District and the Southwest District registered by the first day of the meet.<ul style="list-style-type: none"><li>○ North District Teams are: BASS, PWSC, QDD, RAYS, RPST, SHKS, STAT, TSU, VAST, VSTP, &amp; WST</li><li>○ Southwest District Teams are: ACST, CAST, CCA, CYAC, FUAC, GATR, GRD, HA, HOKI, LASO, LY, SCAT, SMAC, STRM, &amp; SVFY.</li></ul></li><li>• No on deck Virginia Swimming athlete registration will be permitted</li><li>• Age on January 30, 2010 will determine age for the entire meet.</li></ul>
<b>DISABILITY SWIMMERS:</b>	<ul style="list-style-type: none"><li>• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.</li><li>• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li></ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"><li>• All 10 &amp; Younger swimmers will swim on Saturday and Sunday morning.</li><li>• All 11 &amp; Older swimmers will swim on Saturday and Sunday afternoon.</li><li>• All events will be timed finals.</li></ul>
<b>WARM-UP:</b>	<ul style="list-style-type: none"><li>• Morning sessions: Warm-ups at 7:30 am; competition starts at 8:40 am.</li><li>• Afternoon sessions: Warm-ups at 12:15 pm; competition starts at 1:25 pm.</li><li>• Lane assignment and warm-up times for individual clubs will be posted on the BASS website <a href="http://www.BASS-Swim.org">www.BASS-Swim.org</a> no later than January 26, 2010, and will also be emailed to the contact person of the participating clubs.</li><li>• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.</li></ul>
<b>ENTRIES:</b>	<p><b>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, JANUARY 20, 2010</b></p> <ul style="list-style-type: none"><li>• Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.</li><li>• Teams submit entries as an e-mail attachment</li><li>• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.</li><li>• Coach's Times (CT) will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition.</li><li>• "No Time" (NT) entries will not be accepted.</li><li>• Swimmers may enter a maximum of <b>3 individual events and 1 relay event per day</b></li><li>• Relay teams must be designated A, B, C, etc., if more than one per club is entered per event.</li></ul>

	<ul style="list-style-type: none"> <li>• Entries will be processed in the order received and <b>accepted to</b> the greatest extent possible without exceeding the 4-hour/session timeline limit.</li> <li>• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding.</li> <li>• Email entries to: <a href="mailto:drosenblatt@hughes.net">drosenblatt@hughes.net</a></li> <li>• Mail entries to: <b>Dot Rosenblatt</b> <b>PO Box 41</b> <b>Hood VA 22723</b> <b>Phone: (540) 948-3734</b></li> <li>• <b>IMPORTANT:</b> If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is <b>NOT</b> required for delivery as this will delay the receipt of your entries.</li> </ul>
<b>FEES:</b>	<p>Individual events: \$3.00 Relay events: \$12.00 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> <li>• Checks should be made payable to: <b>BASS Swim Team.</b></li> <li>• <b>Payment must be received by January 26, 2010 for email entries. All mailed entries must have the payment included with the entries.</b></li> <li>• Failure to pay entry fees by this deadline could result in teams being barred from the meet.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>• Individual events: Ribbons will be awarded for first through sixth place. <ul style="list-style-type: none"> <li>○ 13 &amp; Older individual events will be given separate awards for 13-14 and 15 &amp; Older age groups.</li> <li>○ 11 &amp; Older individual events will be given separate awards for 11-12, 13-14, and 15 &amp; Older age groups.</li> <li>○ 10 &amp; Younger individual events will be given separate awards for 9-10 and 8 &amp; Younger age groups.</li> <li>○ 8 &amp; Younger individual events will be given separate awards for 7-8 and 6 &amp; Younger age groups.</li> <li>○ Heat winner ribbons will be awarded for all 10 &amp; Younger individual events.</li> </ul> </li> <li>• Relay events: Ribbons will be awarded for first through fourth place.</li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>• All events will be pre-seeded. All morning swimmers must report to the Clerk of Course and they will be brought to the blocks from there.</li> <li>• Swimmers in the afternoon sessions should report directly to the blocks for their events.</li> </ul>
<b>PENALTIES:</b>	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> <li>• <b>Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded.</b></li> <li>• <b>Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results.</b></li> <li>• <b>Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered.</b></li> <li>• If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> </ul>
<b>RULES:</b>	<ul style="list-style-type: none"> <li>• The current USA Swimming Rules and Regulations will apply.</li> <li>• The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee.</li> <li>• In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.</li> </ul>

<b>OFFICIALS:</b>	<p><b>Meet Referee:</b> Kevin Hogan  Email: <a href="mailto:KevinHogan56@earthlink.net">KevinHogan56@earthlink.net</a>  Phone: : (434) 964-1944</p> <p>David Strider  Email: <a href="mailto:dvs7e@virginia.edu">dvs7e@virginia.edu</a>  Phone: (434) 973-4832</p> <ul style="list-style-type: none"> <li>• Officials at all positions will be required for this meet.</li> <li>• Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to <b>Ric Barklund</b>, Email: <a href="mailto:ric.barklund@comcast.net">ric.barklund@comcast.net</a> no later than January 23, 2010.</li> <li>• Officials will meet in the Hospitality room 45 minutes before the start of each session.</li> </ul>
<b>SAFETY:</b>	Virginia Swimming Meet Safety Procedures will be in effect.
<b>TIMERS:</b>	<ul style="list-style-type: none"> <li>• Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session.</li> <li>• The number of timers required per club and their lane assignments will be emailed to the contact person of each of the individual clubs no later than January 26, 2010.</li> </ul>
<b>GENERAL:</b>	<ul style="list-style-type: none"> <li>• <b>Swimmer/Spectator Conduct:</b> Each club is responsible for supervising the conduct of its swimmers/spectators.</li> <li>• <b>Heat sheets</b> will be available for sale.</li> <li>• <b>Concessions:</b> There will be a variety of refreshments offered by the BASS Swim Team; Breakfast and lunch items will be available</li> <li>• <b>Swim Supplies &amp; Apparel:</b> <i>Sportfair</i> will provide swimming supplies &amp; apparel during the meet.</li> </ul>
<b>FACILITY RULES:</b>	<ul style="list-style-type: none"> <li>• <b>Certain areas will be marked off limits. Please obey the rules.</b></li> <li>• <b>No glass is permitted in the facility.</b></li> <li>• <b>No smoking is permitted in the building.</b></li> <li>• <b>Please be courteous in sharing the locker rooms and bathrooms by keeping them neat.</b></li> <li>• <b>No food or drinks in the pool or lobby area. All food and drinks must be kept in the gym area.</b></li> <li>• <b>Please park in designated areas at the direction of parking attendants. There is very limited parking. Please carpool if possible.</b></li> <li>• <b>PLEASE DO NOT PARK ON THE GRASS.</b></li> </ul>
<b>DIRECTIONS:</b>	<p><b>PLEASE DO NOT CALL WOODBERRY FOREST SCHOOL FOR DIRECTIONS!! THANK YOU</b></p> <ul style="list-style-type: none"> <li>• Woodberry Forest School is located on Rt. 15, 12 miles south of the intersection of Rt. 15 and Rt. 29. Turn into Woodberry at Rt. 622 (there are signs designating the school). Once you pass the guard house the Barbee Center is the first building on the left.</li> <li>• <b>FROM THE NORTH:</b> Take Rt. 29S to Rt. 15S. Turn left into Woodberry after 12 miles on Rt. 622.</li> <li>• <b>FROM THE EAST:</b> Take Rt. 3W to Rt. 20S to Rt. 15N. Turn right into Woodberry 3 miles north of Orange on Rt. 622.</li> <li>• <b>FROM THE SOUTH:</b> Take 29N to Rt.230E to Rt. 15N. Turn right into Woodberry after 1 mile on RT.622.</li> </ul>
<b>HOTELS</b>	<p>Following are some available Hotels in the area.</p> <ul style="list-style-type: none"> <li>• <a href="http://www.hiexpress.com">Holiday Inn Express Orange Hotel</a>, <a href="http://www.hiexpress.com">www.hiexpress.com</a> - (540) 672-6691 <b>About 4 minutes from the pool</b></li> <li>• <a href="http://www.microtelinn.com">Microtel Inn &amp; Suites Culpeper</a>, <a href="http://www.microtelinn.com">www.microtelinn.com</a> - (800) 771-7171 <b>About 12 minutes from the pool</b></li> <li>• <a href="http://www.bestwesternvirginia.com">Best Western Culpeper Inn</a>, <a href="http://www.bestwesternvirginia.com">www.bestwesternvirginia.com</a> - (540) 825-1253 <b>About 12 minutes from the pool</b></li> <li>• <a href="http://www.super8.com">Culpeper Super 8 Motel</a>, <a href="http://www.super8.com">www.super8.com</a> - (540) 825-8088 <b>About 12 minutes from the pool</b></li> <li>• <a href="http://www.hiexpress.com">Holiday Inn Express Hotel &amp; Suites Culpeper</a>, <a href="http://www.hiexpress.com">www.hiexpress.com</a> - (540) 825-7444 <b>About 12 minutes from the pool</b></li> </ul>

**BASS Winter Warm Up  
January 30-31, 2010  
Woodberry Forest, VA  
Order of Events**

**Saturday, January 30, 2010  
Morning Session**

**Warm-ups: 7:30-8:30; Meet Starts: 8:40**

<u>Girls</u>		<u>Boys</u>
1	8&U 50 Breast	2
3	10&U 100 Breast	4
5	8&U 25 Back	6
7	9-10 50 Back	8
9	10&U 200 Free	10
11	8&U 50 Fly	12
13	10&U 100 Fly	14
15	8&U 25 Free	16
17	9-10 50 Free	18
19	10&U 200 IM	20
21	10&U 200 Free Relay	22
23	8&U 100 Free Relay	24

**Afternoon Session**

**Warm-ups: 12:15-1:15; Meet Starts: 1:25**

<u>Girls</u>		<u>Boys</u>
25	11-12 100 Back	26
27	13&O 100 Back	28
29	11-12 200 IM	30
31	13&O 400 IM	32
33	11-12 50 Free	34
35	13&O 50 Free	36
37	11-12 50 Breast	38
39	11&O 200 Breast	40
41	11-12 100 Fly	42
43	13&O 100 Fly	44
45	11-12 200 Free	46
47	13&O 200 Free	48
49	11-12 200 Free Relay	50
51	13&O 200 Free Relay	52

**Sunday, January 31, 2010  
Morning Session**

**Warm-ups: 7:30-8:30; Meet Starts: 8:40**

<u>Girls</u>		<u>Boys</u>
53	8&U 50 Back	54
55	10&U 100 Back	56
57	8&U 25 Breast	58
59	9-10 50 Breast	60
61	10&U 100 IM	62
63	8&U 50 Free	64
65	10&U 100 Free	66
67	8&U 25 Fly	68
69	9-10 50 Fly	70
71	8&U 100 Medley Relay	72
73	10&U 200 Medley Relay	74

**Afternoon Session**

**Warm-ups: 12:15-1:15; Meet Starts: 1:25**

<u>Girls</u>		<u>Boys</u>
75	11-12 100 Breast	76
77	13&O 100 Breast	78
79	11-12 50 Fly	80
81	11&O 200 Fly	82
83	11-12 100 Free	84
85	13&O 100 Free	86
87	11-12 100 IM	88
89	13&O 200 IM	90
91	11-12 50 Back	92
93	11&O 200 Back	94
95	11-12 200 Medley Relay	96
97	13&O 200 Medley Relay	98

**BASS 2010 Winter Warm Up Swim Meet January 30-31, 2010**  
**Virginia Swimming, Inc.**  
**SANCTION # VS-10-**  
**MEET ENTRY CHECK LIST AND SUMMARY FORM**

**Mail in with entries:**

1. Master entry Sheets
2. Check for Entries Payable to: BASS Swim Team
3. Summary Sheet

Name of Team: \_\_\_\_\_ Team Code \_\_\_\_\_

Number of Female swimmers: morning \_\_\_\_\_ afternoon \_\_\_\_\_

Number of Male swimmers: morning \_\_\_\_\_ afternoon \_\_\_\_\_

Total number of swimmers: \_\_\_\_\_ x \$2.00= \$ \_\_\_\_\_

Total number of individual entries: \_\_\_\_\_ x \$3.00 = \$ \_\_\_\_\_

Total number of relays: \_\_\_\_\_ x \$12.00 = \$ \_\_\_\_\_

Total Amount Enclosed: \$ \_\_\_\_\_

**MEET ENTRY CHAIRPERSON:**

Dot Rosenblatt  
P.O. Box 41  
Hood, VA 22723  
(540) 948-3734 e-mail – [drosenblatt@hughes.net](mailto:drosenblatt@hughes.net)

**Meet Entry Deadline: Wednesday, Jan. 20, 2010 for e-mail entries, checks need to be received by mail NO LATER THAN January 26, 2010.**

**Contact Person:**

Please provide information below in case of questions regarding this entry.

Name: \_\_\_\_\_ e-mail \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: Day \_\_\_\_\_ Night \_\_\_\_\_

**OFFICIALS: Please list and email ( [ric.barklund@comcast.net](mailto:ric.barklund@comcast.net) ) available certified officials able to assist with this meet. Indicate Stroke & Turn, Starter, CTS, Timing Judge etc & Sessions available.**

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_