



AMENDED
NOVA APRIL SEND-OFF
Closed Invitation Meet
March 27-28, 2009
SANCTION NO. VS-09-50

Hosted by
NOVA
AQUATICS
of Virginia

SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-09-50
LOCATION:	NOVA Aquatics Center, 12207 Gayton Road, Richmond, Va 23238, (804) 754-3401
FACILITY:	<ul style="list-style-type: none"> • 10-lane 25-yard pool with Kieffer Wave eater lanes, Daktronics Automatic Timing System. • 10 lanes will be used for competition with 2 warm-up/warm-down lanes available at all times in the adjacent pool located at the NOVA facility. • The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C).
MEET DIRECTOR:	Name Suzanne Martin Email: sshmartin@comcast.net Phone: (804) 364-0527
ELIGIBILITY:	<ul style="list-style-type: none"> • Open to all USA Swimming/VSI registered swimmers from NOVA, SQST, TIDE, VACS, SHKS, LY, SMAC, BASS, and MOR. • 8 & Younger swimmers may participate regardless of classification. • 9-14 year old swimmers may swim any event in which they do not have a VSI Age Group Championship qualifying time. • 15 & older swimmers may swim any event in which they do not have a VSI Senior Championship qualifying time. • All swimmers participating in this meet must be registered by the first day of the meet. • No on deck registration will be permitted. • Age on March 27, 2009 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none"> • Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. • The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none"> • All swimmers will compete on Friday evening. • 9&U swimmers will swim in am session; 10 & Over will swim in pm session. • All events will be timed finals.
WARM-UPS:	<ul style="list-style-type: none"> • Friday evening session: Warm-ups: 4:30-5:30 pm; competition start: 5:45 pm • Morning 9 & under session: Warm-ups: 7:30-8:30 am; competition starts at 8:45 am • Afternoon 10 & Over session: Warm-ups: 10:45-11:45 am; Competition starts at 12:00 pm • Finalized warm-up times will depend on entries; final lane assignment and warm-up times for individual clubs will be emailed to the contact person of the participating clubs by Wednesday, March 25, 2009.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS 9:00 PM, SUNDAY, MARCH 22, 2009</p> <ul style="list-style-type: none"> • Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. • Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk. • A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, phone number, and email address of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. • Coaches Time (CT) and No Time (NT) entries will be accepted for events in which a swimmer USA Swimming sanctioned, approved, or observed competition. • CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition.

	<ul style="list-style-type: none"> Swimmers may enter a maximum of <i>2 events on Friday and 3 individual events and 2 relays on Saturday.</i> Relay teams must be designated A, B, C, etc., if more than one per club is entered per event. Entries will be processed in the order received. This meet will be limited to a total of 325 swimmers per session. The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. Email entries to: Aykey1@aol.com Mail entries to Scott Campbell 12207 Gayton Road Richmond, Va 23238 IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.
FEES:	<p>Individual events: \$3.75 Relay events: \$12.00 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> Checks should be made payable to: NOVA Aquatics Payment must be received by March 27, 2009, for email entries. Payment must be included with all mailed entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
AWARDS:	<ul style="list-style-type: none"> Individual events: Ribbons will be awarded for first through 8th place. <ul style="list-style-type: none"> 7 & Under individual events will be divided into 6&U and 7 year olds. 8-9 events will be given separate awards. 10-11 events will be given separate awards. 12-18 events will be given separate awards for 12-13 and 14-15, and 16 & Older age groups.
SEEDING:	<ul style="list-style-type: none"> All events will be pre-seeded. Swimmers in all sessions should report directly to the blocks for their events. Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded. Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> The current USA Swimming Rules and Regulations will apply. The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee. In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Tom Elliott Email: telliott81949@gmail.com Phone: (804) 360-5001</p> <ul style="list-style-type: none"> Officials at all positions will be required for this meet. Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Will Bassett at William.Bassett@hdrinc.com no later than March 24, 2009.

	<ul style="list-style-type: none"> • Officials meetings will be held 45 minutes before each session.
SAFETY:	<ul style="list-style-type: none"> • VSI Safety and Warm-up procedures will be in effect. • Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules. • Shaving in the swim venue is not permitted. Swimmer noncompliance will result in dismissal from the meet.
TIMERS:	<ul style="list-style-type: none"> • Clubs may be required to provide timers. • The head timer will assign specific lanes prior to each session.
GENERAL:	<ul style="list-style-type: none"> • Heat sheets will be available for purchase. • Bleacher seating for 280 • Hospitality room will be open to coaches and certified officials. • The Virginia Swim Shop will be open for swimming accessories and shopping. • Please inform swimmers and parents that spectator deck space may be extremely tight. • Any help in reducing the number of spectators and their carry in possessions would be greatly appreciated. • Swim bags should be placed under the seats. • No glass containers, smoking or alcohol is permitted in the pool area.
FACILITY RULES:	<p>PLEASE DO NOT PARK AT THE APARTMENT BUILDING</p> <ul style="list-style-type: none"> • The NOVA Aquatics Center has parking available. • Additional parking is available in the lot next door, and in several lots one block east of the pool at the intersection of Gayton and Cambridge.
DIRECTIONS:	<ul style="list-style-type: none"> • SOUTH – 95 North to 64 West to the Gaskins Road South exit. Follow Gaskins Rd. south to Ridgefield Parkway (3rd light); turn right. Proceed on Ridgefield until you intersect with Gayton Rd. (4th light); turn left. NOVA Aquatics Center less than ½ mile on left. • NORTH – 95 South to 64 West to the Gaskins Road South exit. Then follow the directions above. • WEST – 64 East to the Short Pump/Broad Street 250 West exit. Follow Broad Street (250 West) to Pump Rd. Take a left at that light. Follow Pump Rd. to Ridgefield Parkway (3rd light); take a right. Follow Ridgefield to Gayton . (2 lights); take a left on to Gayton. Pool is less than ½ mile on your left. • SOUTHSIDE – Take Chippenham Parkway North which will turn into Parham Rd. Follow Parham to Quioccasin/Gayton Rd. (Regency Mall on left); take a left at that light. Proceed for 4-5 miles. The pool will be on your right.
HOTELS:	<ul style="list-style-type: none"> • Comfort Suites (804) 217-9200 4051 Innslake Dr. Glen Allen, Virginia • Hampton Inn --Richmond West (804) 747-7777 10800 W. Broad Street Glen Allen, Virginia

Order of Events

March 27-28, 2009

<u>Girls</u>	<u>FRIDAY pm</u>	<u>Boys</u>	<u>Girls</u>	<u>SATURDAY am</u>	<u>Boys</u>
	Warm up:4:30; Start: 5:45			Warm up:7:30 Start 8:45	
5	8-9 100 Free	6	35	8-9 100 Back	36
7	7&U 25 Free	8	37	7&U 50 Back	38
9	12&O 100 Breast	10	43	8-9 200 Free	44
11	10-11 50 Breast	12	45	7&U 50 Free	46
13	8-9 50 Breast	14	51	8-9 100 Breast	52
15	7&U 50 Breast	16	53	7&U 25 Breast	54
17	12&O 200 IM	18	59	8-9 50 Fly	60
19	10-11 100 IM	20	61	7&U 25 Fly	62
21	8-9 100 IM	22	67	8-9 50 Back	68
23	7&U 25 Back	24			
25	12&O 50 Free	26			
27	10-11 50 Free	28			
29	8-9 50 Free	30			

<u>Girls</u>	<u>SATURDAY pm</u>	<u>Boys</u>
	Warm up:10:45; Start 12:00	
31	12&O 100 Back	32
33	10-11 100 Back	34
39	12 & O 100 Free	40
41	10-11 100 Free	42
47	12 & O 200 Breast	48
49	10-11 100 Breast	50
55	12 & O 100 Fly	56
57	10-11 50 Fly	58
63	12 & O 200 Back	64
65	10-11 50 Back	66