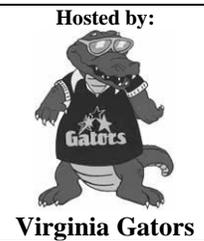




GATOR VALENTINE INVITE
A/BB/B/C Age Group Meet
February 7-8, 2009
SANCTION NO. VS-09-38



SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO. VS-09-38
LOCATION:	Gator Aquatic Center, 1130 Overland, Roanoke, Va. 24015, (540) 982-7665 (pool), (540) 982-7665 (office)
FACILITY:	<ul style="list-style-type: none">• 25 yard pool, 8 lanes, Non-turbulent lane lines. Daktronics Timing System• The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C).
MEET DIRECTOR:	Name: Mr. Greg Lake & Mr. David Todd Email: vagatormeets@gmail.com Phone: (540) 397-2234
ELIGIBILITY:	<ul style="list-style-type: none">• Open to all USA Swimming/Virginia Swimming registered swimmers..• All swimmers participating in this meet must be registered by the first day of the meet.• No on deck registration will be permitted.• Age on February 7, 2009 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none">• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none">• All 10 & Younger swimmers will swim on Saturday and Sunday morning.• All 11 & Older swimmers will swim on Saturday and Sunday afternoon.• All events will be timed finals.
WARM-UP:	<ul style="list-style-type: none">• Morning sessions: Warm-ups at 8:30-9:30 am; competition starts at 9:45 am.• Afternoon sessions: Warm-ups at 1:00-1:50 pm; competition starts at 2:00 pm.• Lane assignment and warm-up times for individual clubs will be posted on the Virginia Gators website no later than February 4, 2009 and will also be emailed to the contact person of the participating clubs.• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS SATURDAY, FEBRUARY 1, 2009</p> <ul style="list-style-type: none">• Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.• Coaches Times (CT) will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition.• "No Time" (NT) entries will not be accepted.• Swimmers may enter a maximum of 4 <i>individual events</i> and 1 <i>relay event</i> per day.• Relay teams must be designated A, B, C, etc., if more than one per club is entered per event.• Entries will be processed in the order received. This meet will be limited to a total of 525 swimmers.• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require

	<p>reseeding.</p> <ul style="list-style-type: none"> Email entries to: vagatormeets@gmail.com Mail entries to: Greg Lake PO Box 4646 Roanoke, VA 24015 Phone: (540) 397-2234 IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.
FEES:	<p>Individual events: \$3.00 Relay events: \$12.00 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> Checks should be made payable to: Virginia Gator Swimming. Payment must be received by February 7, 2009 at the beginning of warm-ups. Payment must be included with all mailed entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
AWARDS:	<ul style="list-style-type: none"> Individual events: Ribbons will be awarded for first through eighth for all 12 & Under events. <ul style="list-style-type: none"> Age groups will be awarded as follows: 6 and under, 7, 8, 9-10, & 11-12 age groups. Heat winners will be awarded for all 10 & Younger individual events. Relay events: Ribbons will be awarded for first through third place in the 12 & Under category.
SEEDING:	<ul style="list-style-type: none"> All events, except events except the 500 Frees & the 400 IM will be pre-seeded. 8 & Younger swimmers in the morning sessions must report to the Clerk of Course and they will be escorted to the blocks from there. Swimmers in the 9-10 age group should report directly to the blocks Swimmers in the afternoon sessions should report directly to the blocks for their events. Positive check-in will close at the end of each session's warm-up on the days of the 500 free free. SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT. Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded. Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> The current USA Swimming Rules and Regulations will apply. The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee. In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Steve Woolfolk Email: woolfolks@aol.com Phone: (540) 890-6160</p> <ul style="list-style-type: none"> Officials at all positions will be required for this meet. Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Steve Woolfolk @ woolfolks@aol.com no later than January 29, 2009. Officials meeting will be at 9:15 am and 1:30 pm each day.

SAFETY:	VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.
TIMERS:	<ul style="list-style-type: none"> • Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. • The number of timers required per club and their lane assignments will be posted on the Virginia Gators website no later than February 4, 2009, and will also be emailed to the contact person of each of the individual clubs.
GENERAL:	<ul style="list-style-type: none"> • Complimentary lunch will be served for coaches, referees, starters stroke & turn judges, timing judges, clerk of course, CTS operators and recorder. • A concession stand will be available for swimmers and spectators. • No other major activities will be taking place at the Gator Aquatic Center on February 7-8, except this swim meet. • Results will be posted on the wall at the turn end of the pool. • Complimentary heat sheets will be provided for officials and coaches. Heat sheets will also be sold for \$6.00 each. • Meet information can be found at www.virginiagators.com
FACILITY RULES:	When not competing, swimmers should stay on deck or in the team room.
DIRECTIONS:	Will be posted on www.virginiagators.com
HOTELS:	<ul style="list-style-type: none"> • Sleep Inn, 4045 Electric Road, (540) 772-1500 • Holiday Inn, 4468 Starkey Road (540) 774-4400 • Hampton Inn, 3816 Franklin Road, (540) 989-4000 • Wyndham, 2801 Hersberger Road (540) 563-9300

SATURDAY MORNING SESSION

Warm-ups: 8:30-9:30 am
Competition begins at 9:45 am

WOMEN	AGE GROUPS	EVENTS	MEN
1	9-10	50 Free	2
3	7-8	25 Free	4
5	6 & Under	25 Free	6
7	9-10	100 Fly	8
9	8 & Under	50 Fly	10
11	9-10	100 IM	12
13	8 & Under	100 IM	14
15	9-10	50 Breast	16
17	7-8	25 Breast	18
19	6 & Under	25 Breast	20
21	9-10	100 Back	22
23	8 & Under	50 Back	24
25	9-10	200 Free	26
27	8 & Under	100 Free Relay	28
29	10 & Under	200 Free Relay	30

SATURDAY AFTERNOON SESSION

Warm-ups: 1:00-1:50 pm
Competition begins at 2:00 pm

WOMEN	AGE GROUPS	EVENTS	MEN
31	11-12	200 Free	32
33	13-14	200 IM	34
35	11-12	100 Back	36
37	13-14	100 Back	38
39	11-12	50 Fly	40
41	13-14	200 Fly	42
43	11-12	50 Breast	44
45	13-14	200 Breast	46
47	11-12	50 Free	48
49	13-14	100 Free	50
51	11-12	200 Medley Relay	52
53	13-14	200 Medley Relay	54
55	12 & Under	200 Fly	56
57	13-14	500 Free	58
59	12 & Under	500 Free	60

SUNDAY MORNING SESSION

Warm-ups: 8:30-9:30 am
Competition begins at 9:45 am

WOMEN	AGE GROUPS	EVENTS	MEN
61	9-10	100 Free	62
63	7-8	50 Free	64
65	6 & Under	50 Free	66
67	9-10	50 Fly	68
69	7-8	25 Fly	70
71	6 & Under	25 Fly	72
73	9-10	200 IM	74
75	8 & Under	50 Brst	76
77	9-10	100 Brst	78
79	6 & Under	25 Back	80
81	7-8	25 Back	82
83	9-10	50 Back	84
85	8 & Under	100 Free	86
87	9-10	200 Free Relay	88
89	8 & Under	200 Free Relay	90
91	10 & Under	500 Free	92

SUNDAY AFTERNOON SESSION

Warm-ups: 1:00-1:50 pm
Competition begins at 2:00 pm

WOMEN	AGE GROUPS	EVENTS	MEN
93	12 & Under	200 Back	94
95	13-14	200 Free	96
97	11-12	100 Fly	98
99	13-14	100 Fly	100
101	11-12	100 Free	102
103	13-14	50 Free	104
105	11-12	100 Breast	106
107	13-14	100 Breast	108
109	11-12	50 Back	110
111	13-14	200 Back	112
113	12 & Under	200 Breast	114
115	13-14	200 Free Relay	116
117	11-12	200 Free Relay	118
119	14 & Under	400 IM	120
121	11-12	200 IM	122