



AMENDED
TAC MOTHER'S DAY CLASSIC
BB+ Meet
May 10-11, 2008
SANCTION NO. VS-08-54



SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-08-54
LOCATION:	Fleet Recreation Park, Norfolk Naval Station, 90 th Street off of Hampton Blvd, Norfolk, VA, Phone: (757) 444-2134
FACILITY:	Seven (7) lane 50 meter indoor pool for competition and the outdoor pool will be used for continuous warm-up / warm-down. Colorado Automatic Timing System will be utilized
MEET DIRECTOR:	Rob Tupper Email: doctor.rob@cox.net Home: (757) 489-4353 Work: (757) 536-2613
ELIGIBILITY:	<ul style="list-style-type: none">• Open to all USA Swimming/Virginia Swimming registered swimmers.• Swimmers must have a "BB" or faster Time in each event entered.• All swimmers participating in this meet must be registered prior to the first day of the meet.• No on deck registration will be permitted.• 2005-2008 NAG top 16 based times are in effect.• Age on May 10, 2008 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none">• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none">• Saturday will have three sessions and Sunday will have two sessions.• All 12 & Younger swimmers will compete in the morning sessions except the 400 Free on Sunday.• All 13 & Older swimmers will compete in the afternoon sessions.• All events will be timed finals.
WARM-UP:	<ul style="list-style-type: none">• Morning sessions:<ul style="list-style-type: none">○ Saturday: Warm-ups at 7:00 am to 8:00 am; competition starts at 8:15 am.○ Sunday: Warm-ups at 8:00 am to 9:00 am; competition starts at 9:15 am• Saturday & Sunday Afternoon sessions: Warm-ups at 12:30 pm to 1:30 pm; competition starts at 1:45 pm.• Lane assignment and warm-up times for individual clubs will be posted on the TAC website www.tidewateraquaticclub.com no later than Wednesday, May 7, 2008, and will also be emailed to the contact person of the participating clubs.• If the morning session runs late, afternoon warm-ups will begin immediately after the last event of the morning session.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, APRIL 30, 2008.</p> <ul style="list-style-type: none">• Entries must be submitted in long course meter times using Hy-Tek Team Manager and Commlink-2 software.• Teams may submit entries as an e-mail attachment (preferred) or on a CD/DVD.• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.• Non-conforming times will be converted to long course meter times prior to seeding.• Swimmers may enter a maximum of four (4) individual events per day on Saturday and Sunday. Swimmers may enter one (1) relay per day.• Relay teams must be designated A, B, C, etc., if a team enters more than one relay in that event.• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session, or to combine events in which there are insufficient entries. This may include

	<p>combining heats and events, which actions may require reseeding.</p> <ul style="list-style-type: none"> Email entries to: sonny.grissom@cox.net Mail entries/payment to: Sonny Grissom 629 Herron Drive Chesapeake, VA 23320 IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery, as this will delay the receipt of your entries.
FEES:	<p>Individual events: \$3.00 Relay events: \$12.00 Swimmer surcharge: \$2.00</p> <ul style="list-style-type: none"> Checks should be made payable to: Tidewater Aquatic Club Payment must be received by Wednesday May 7, 2008 for email entries. Payment must be included with all mailed entries. Failure to pay entry fees by the deadline could result in teams being barred from the meet.
AWARDS:	<ul style="list-style-type: none"> Individual events: Ribbons will be awarded for first (1st) through seventh (7th) place. <ul style="list-style-type: none"> All 13&O events will be given separate awards for 13-14 and 15&O. All 11&U events will be given separate awards for 11-12 and 10&U. Relay events: Ribbons will be awarded for first (1st) through third (3rd) place. The meet will not be scored.
SEEDING:	<ul style="list-style-type: none"> All events except events 43-44 and 71-74 will be pre-seeded. Positive check-in is required for events 43-44 (11&O 800 Free), 71-72 (12&U 400 Free), and 73-74 (13&O 400 Free). Positive Check In will close 30 minutes prior to the start of the session. SWIMMERS FAILING TO POSITIVELY CHECK IN WILL NOT BE ALLOWED TO SWIM THE EVENT.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> Swimmer shall be disqualified from the event entered illegally and the event re-awarded. Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> The current USA Swimming Rules and Regulations will apply. The overhead start procedure will be used for all sessions. In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Ronnie Roach Email: Ronnie.roach@gmail.com Phone: (252) 255-1617</p> <ul style="list-style-type: none"> We ask for your team's help in supplying officials for the meet. Team Officials Chairpersons should submit separate lists of the names and session availability of certified officials, as well as the names and session availability of trainees to: Jill Stewart, TAC's Officials Chairman at (757) 630-0223 or jillbstewart@cox.net We ask all officials be on the pool deck NLT one (1) hour prior to the start of the session.
SAFETY:	<ul style="list-style-type: none"> VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules. Shaving in the swim venue is not permitted. Swimmer noncompliance will result in dismissal from the meet

TIMERS:	Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. The number of timers required per club and their lane assignments will be posted on the TAC website no later than Wednesday May 7, 2008 and will also be emailed to the contact person of each of the individual clubs.
GENERAL:	<ul style="list-style-type: none"> • Meet Programs will be sold for \$5.00. • Snack Bar: A snack bar will be open during the meet. • Swim Shop: A Swim Shop will be open during the meet. • Hospitality: TAC will provide a Hospitality Room for coaches, officials and officials in training. Breakfast and lunch will be served. Drinks and snacks will be provided during the day.
FACILITY RULES:	<ul style="list-style-type: none"> • PLEASE READ THOROUGHLY. • THE MEET MARSHALS, AQUATIC CENTER STAFF AND NORFOLK NAVAL STATION FIRE MARSHAL WILL ENFORCE RULES • Swimmer/Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers/spectators. Any swimmer/spectator who violates Aquatic Center rules, posted at the pool will be disqualified from the meet and escorted from the facility. • Swimmer and spectators are not allowed to wander the fields at Fleet Recreation Park. • No radios, stereos, or boom boxes are permitted in the pool area. Walkmans are permitted. • Balls, skateboards, roller blades and squirt guns are not permitted anywhere within the facility and WILL BE CONFISCATED. • NO RUNNING, SMOKING or GLASS permitted in the building. • Teams are responsible for policing trash in the areas where they congregate. We ask everyone to please help keep the facility clean by using the trash receptacles located throughout the building.
DIRECTIONS:	Take I-64 to I-564 Exit toward the Norfolk Naval Base. Exit immediately onto Terminal Blvd (there is only one way to go here). Follow Terminal Blvd. until it intersects with Hampton Blvd. in front of the Norfolk International Terminals. Take a right onto Hampton Blvd. Go approximately one mile and turn right onto 90th Street. The pool is visible from Hampton Blvd, but it is about 200 meters from the road. You enter the pool from the right side of the building.

TAC Mother's Day Classic BB+ Meet
Fleet Recreation Park, Norfolk, VA
ORDER OF EVENTS
May 10-11, 2008

Saturday AM Warm-up 7:00-8:00 Start: 8:15

<u>Girls</u>		<u>Boys</u>	
1	11-12	200 Individual Medley	2
3	10&U	200 Individual Medley	4
5	11-12	50 Butterfly	6
7	10&U	50 Butterfly	8
9	11-12	100 Breaststroke	10
11	10&U	100 Breaststroke	12
13	11-12	200 Butterfly	14
15	11-12	50 Backstroke	16
17	10&U	50 Backstroke	18
19	11-12	100 Freestyle	20
21	10&U	100 Freestyle	22
23	11-12	200 Backstroke	24
25	10&U	200 Freestyle Relay	26
27	11-12	200 Freestyle Relay	28

Saturday AM Warm-up 12:30-1:30 Start 1:45

<u>Girl</u>		<u>Boys</u>	
29	13&O	400 Individual Medley	30
31	13&O	100 Breaststroke	32
33	13&O	200 Backstroke	34
35	13&O	200 Freestyle	36
37	13&O	100 Butterfly	38
39	13&O	50 Freestyle	40
41	13&O	400 Medley Relay	42

15 Minute Break

43	11&O	800 Freestyle	44
----	------	---------------	----

Sunday AM Warm-up 7:00-8:00 Start 8:15

<u>Girls</u>		<u>Boys</u>	
45	11-12	200 Freestyle	46
47	10&U	200 Freestyle	48
49	11-12	50 Breaststroke	50
51	10&U	50 Breaststroke	52
53	11-12	100 Backstroke	54
55	10&U	100 Backstroke	56
57	11-12	100 Butterfly	58
59	10&U	100 Butterfly	60
61	11-12	200 Breaststroke	62
63	10&U	50 Freestyle	64
65	11-12	50 Freestyle	66
67	10&U	200 Medley Relay	68
69	11-12	200 Medley Relay	70

Sunday PM Warm-up 12:30-1:30 Start 1:45

<u>Girls</u>		<u>Boys</u>	
71	12&U	400 Freestyle	72
73	13&O	400 Freestyle	74
75	13&O	200 Breaststroke	76
77	13&O	100 Backstroke	78
79	13&O	200 Butterfly	80
81	13&O	100 Freestyle	82
83	13&O	200 Individual Medley	84
85	13&O	400 Freestyle Relay	86