



**SEVA SEAHAWKS**  
**SE District (Peninsula) B/C Meet**  
**October 15-16, 2005**  
**SANCTION NO. VS-06-04**

Hosted by:  
**SEVA**  
Swim Team

<b>SANCTION:</b>	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-06-04</b>
<b>LOCATION:</b>	Fort Eustis Aquatic Center Building 641 (corner of Washington Ave & Tyler Ave) Fort Eustis, VA 23604 (757) 878-1090/1091
<b>FACILITY:</b>	Eleven (11) lane 25-yard indoor pool. All sessions will be run using an eight (8)-lane course for competition. Facility uses a Daktronics Automatic Timing System with 10-lane scoreboard and Kiefer Wave Eater racing lane lines. The meet director reserves the right to use nine (9) or ten (10) lanes for competition during any session or individual event.
<b>MEET DIRECTOR:</b>	Dave Henderson PO Box 2854 Newport News, VA 23609 Office: (757) 874-1522 Email: <a href="mailto:SEVAseahawks@aol.com">SEVAseahawks@aol.com</a>
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"><li>• Open to all USA Swimming/VSI registered swimmers in the Southeastern (Peninsula) District. Teams in SE (Peninsula) District are: SEVA, CGBD, TPHN and WAC</li><li>• All swimmers participating in this meet must be registered by the October 14, 2005.</li><li>• No on deck registration will be permitted.</li><li>• <b>8 &amp; younger swimmers may participate regardless of classification.</b></li><li>• <b>Swimmers 9 to 18 years old may compete in any event and relay strokes in which they have a "B", or "C" Time.</b></li><li>• 2005-2008 NAG Top 16 based times are in effect.</li><li>• Age on October 15, 2005 will determine age for the entire meet.</li></ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"><li>• <b>All 10 &amp; Younger</b> swimmers will compete in the <b>AM</b> session.</li><li>• <b>All 11 &amp; Older</b> swimmers will compete in the <b>PM</b> session.</li><li>• All events will be timed finals.</li><li>• Morning (AM) Session: Warm-ups are 7:30 am to 8:20 am. Competition starts at 8:30 am.</li><li>• Afternoon (PM) Session: Warm-ups are 12:00 pm to 12:50 pm. Competition starts at 1:00 pm.</li><li>• 500 Free/1000 Free Events: There will be a 10-minute break after the conclusion of the relays and before the 11-12 year old 500 Free and 13-18 year old 1000 Free on Saturday and the 13-18 year old 500 Free on Sunday. <b>The pool will be open for warm-up during the break.</b></li><li>• Warm-up Assignments are as follows: <b>(specific lanes assignments will be available the morning of the meet)</b>  <b>SEVA – AM Session (7:30 am to 7:55 am)    CGBD – AM Session (7:30 am to 7:55 am)</b> <b>PM Session (12:00 noon to 12:25 pm)    PM Session (12:00 noon to 12:25 pm)</b>  <b>WAC – AM Session (7:55 am to 8:20 am)    TPHN – AM Session (7:55 am to 8:20 am)</b> <b>PM Session (12:25 pm to 12:50 pm)    PM Session (12:25 pm to 12:50 pm)</b></li><li>• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.</li></ul>
<b>DISABILITY SWIMMERS:</b>	<ul style="list-style-type: none"><li>• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.</li><li>• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li></ul>
<b>ENTRIES:</b>	<b>DEADLINE FOR RECEIPT OF ENTRIES IS THURSDAY, OCTOBER 6, 2005.</b> <ul style="list-style-type: none"><li>• Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.</li><li>• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.</li><li>• A Team Manager printout of entries must be included or the meet checklist/summary sheet with</li></ul>

	<p>the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.</p> <ul style="list-style-type: none"> <li>• Additional Entries may be allowed at the discretion of the Meet Director. To add a swimmer, there must be room in an existing heat. No new heats will be added.</li> <li>• Coaches Times (CT) and No Times (NT) will be accepted for events which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT and must have been achieved in USA Swimming sanctioned, approved, or observed competition.</li> <li>• <b>Swimmers may enter 4 individual events and 1 relay per day.</b></li> <li>• Relay teams must be designated A, B, C, etc. if a team enters more than one relay.</li> <li>• The Meet Director reserves the right to limit entries in any event, if necessary, to prevent too lengthy a session, and to combine events in which there are insufficient entries.</li> <li>• <b>E-Mail Entries To: <a href="mailto:SEVAseahawks@aol.com">SEVAseahawks@aol.com</a></b></li> <li>• <b>Mail Entries To: Dave Henderson 929 Edgewater Drive Newport News, Va. 23602 Business (757) 874-1522 Fax (757) 877-7642</b></li> <li>• <b>IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is not required for delivery, as this will delay receipt of your entries.</b></li> </ul>
<b>FEES:</b>	<p>Individual Events: \$4.00 Relay Events: \$12.00 Swimmer Fee: \$2.00</p> <ul style="list-style-type: none"> <li>• <b>Make Checks payable to: SEVA Inc.</b></li> <li>• Payment must be received by October 12, 2005 for email entries. Payment must be included with all mailed entries. An entry fee summary printout from Team Manager must accompany the entry fee payment.</li> <li>• Failure to pay entry fees by this deadline could result in teams being barred from the meet.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>• Individual Events: Ribbons will be awarded for first (1<sup>st</sup>) through tenth (10<sup>th</sup>) place</li> <li>• 7 &amp; Younger events will be given separate awards for 7 year olds and 6 &amp; Younger swimmers.</li> <li>• 13-18 events will be given separate awards for 13-14 and 15-18.</li> <li>• Relay Events: Awards will be presented to first (1<sup>st</sup>) through fourth (4<sup>th</sup>) place for each event.</li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>• <b>All events will be pre-seeded except for the 11-12 500 Free, 13-18 500 Free and 1000 Free and all relays which will be deck seeded.</b></li> <li>• A positive check-in is required to swim the 500 and 1000 Free by the end of warm-ups on the day each event is scheduled.</li> <li>• <b>SWIMMERS FAILING TO POSITIVELY CHECK-IN MAY NOT BE ALLOWED TO SWIM THE EVENT.</b></li> <li>• All deck-seeded events will be run in event order, slowest to fastest.</li> </ul>
<b>PENALTIES:</b>	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> <li>• <b>Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded.</b></li> <li>• <b>Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results.</b></li> <li>• <b>Clubs entering swimmers not legally registered with United States Swimming by the day prior to the start of the meet may be fined \$100 per swimmer in each event so entered.</b></li> <li>• If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> </ul>
<b>RULES:</b>	<ul style="list-style-type: none"> <li>• The 2005 USA Swimming Rules and Regulations will apply.</li> <li>• The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee.</li> <li>• In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.</li> </ul>

<b>OFFICIALS:</b>	<p><b>Meet Referee: George Riefler</b>  <b>Email: <a href="mailto:griefler@cox.net">griefler@cox.net</a></b>  <b>Phone: (757) 887-8056 (home)</b></p> <ul style="list-style-type: none"> <li>• We ask for your teams help in supplying officials for the meet.</li> <li>• Anyone in the process of achieving certification through on-deck training is welcome.</li> <li>• Contact: Susan Gorton, SEVA Officials Chairman at (757) 864-5059(w) (757) 595-0971(h) or <a href="mailto:mpgorton@pinn.net">mpgorton@pinn.net</a>. Thank you for you help in advance.</li> </ul>
<b>SAFETY:</b>	<p>VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.</p>
<b>TIMERS:</b>	<ul style="list-style-type: none"> <li>• Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session.</li> <li>• The number of timers required per club and their lanes assignments will be posted on the SEVA website at <a href="http://www.sevaswim.com">www.sevaswim.com</a> no later than October 12<sup>th</sup>.</li> <li>• This information will also be e-mailed to the contact person listed for each club.</li> <li>• All teams are responsible for providing timers for their swimmers competing in events 55 &amp; 56 (13-18 1000 Free).</li> </ul>
<b>GENERAL:</b>	<ul style="list-style-type: none"> <li>• <b>Meet Programs:</b> Meet programs will be sold for \$5.00</li> <li>• <b>Snack Bar:</b> SEVA will operate a snack bar during the meet.</li> <li>• <b>Swim Shop:</b> Swim &amp; Sports Stop will be operating a swim shop during the meet for your apparel needs.</li> <li>• <b>Hospitality:</b> SEVA will provide a Hospitality Room for coaches and officials. Breakfast and lunch will be served. Drinks and snack will be provided during the day.</li> </ul>
<b>RESULTS:</b>	<ul style="list-style-type: none"> <li>• All results will be announced, and then posted on the wall in the hallway near the locker room entrance</li> <li>• One copy of the meet results will be provided to each team using the same method that the entries were received, via e-mail or disk</li> <li>• The results will be posted to the SEVA web site <a href="http://www.sevaswim.com">www.sevaswim.com</a> and on the Virginia Swimming web site <a href="http://www.virginiaswimming.com">www.virginiaswimming.com</a> after the conclusion of the meet.</li> </ul>
<b>FACILITY RULES:</b>	<ul style="list-style-type: none"> <li>• <b>PLEASE READ THOUGHLY. RULES WILL BE ENFORCE BY MEET MARSHALL, AQUATIC CENTER STAFF AND THE FORT EUSTIS FIRE MARSHAL.</b></li> <li>• <b>Swimmer/Spectator Conduct:</b> Each club is responsible for supervising the conduct of its swimmers/spectators. Any swimmer/spectator who violates Aquatic Center rules, posted at the pool and in the meet program, will be disqualified from the meet and escorted from the facility.</li> <li>• <b>The Aquatic Center prohibits food of any kind in the pool area. Consumption of food is allowed in the lobby area and the spectator balcony. Permissible beverages, sports drinks and water, must be in closed plastic containers.</b></li> <li>• <b>Deck Access:</b> Access to the pool deck will be strictly controlled. Swimmers, coaches, officials and event staff only will be permitted on the deck during warm-ups and the competition.</li> <li>• <b>SWIMMERS WILL NOT BE ALLOWED IN THE BALCONY AREA. THE BALCONY SEATING AREA WILL BE FOR SPECTATORS ONLY. SWIMMERS MUST STAY ON THE COMPETITION OR ADVENTURE POOL DECK.</b></li> <li>• <b>PARENTS AND FAMILIES WILL NOT BE ALLOWED ON THE ADVENTURE POOL DECK.</b></li> </ul>
<b>DIRECTIONS:</b>	<p>From the north/south, take Fort Eustis Blvd. from I-64 exit 250A, Route 17, Jefferson Avenue, Warwick Blvd. After passing through main gate, the road becomes Washington Blvd. In ½ mile you will come to a traffic circle. Go straight through it, DO NOT BEAR OFF. The first right will be Tyler Avenue. The Aquatic Center is on the left corner. Additional parking is available 50 yards past the entrance to the Center on both the right and left sides of Tyler Avenue.</p>

**ORDER OF EVENTS**  
**Saturday, October 15, 2005**

**AM Session**

Girls	Events	Boys
1	9 - 10 50 Freestyle	2
3	8 Year Old 25 Freestyle	4
5	7 & Younger 25 Freestyle	6
7	9 - 10 100 Butterfly	8
9	8 & Younger 50 Butterfly	10
11	9 - 10 100 IM	12
13	8 & Younger 100 IM	14
15	9 - 10 50 Breaststroke	16
17	8 & Younger 25 Breaststroke	18
19	9 - 10 100 Backstroke	20
21	8 & Younger 50 Backstroke	22
23	10 & Younger 200 Freestyle	24
25	8 & Younger 100 Free Relay	26
27	9 - 10 200 Free Relay	28

**PM Session**

Girls	Events	Boys
29	11 - 12 100 Freestyle	30
31	13 - 18 100 Freestyle	32
33	11 - 12 50 Butterfly	34
35	11 - 18 200 Butterfly	36
37	11 - 12 200 IM	38
39	13 - 18 200 IM	40
41	11 - 12 50 Breaststroke	42
43	11 - 18 200 Breaststroke	44
45	11 - 12 100 Backstroke	46
47	13 - 18 100 Backstroke	48
49	11 - 12 200 Free Relay	50
51	13 - 18 200 Free Relay	52
53	11 - 12 500 Freestyle	54
55	13 - 18 1000 Freestyle	56

**Sunday, October 16, 2005**

**AM Session**

Girls	Events	Boys
57	9 - 10 100 Freestyle	58
59	8 & Younger 50 Freestyle	60
61	9 - 10 50 Butterfly	62
63	8 & Younger 25 Butterfly	64
65	9 - 10 200 IM	66
67	8 & Younger 50 Breaststroke	68
69	9 - 10 100 Breaststroke	70
71	8 Year Old 25 Backstroke	72
73	7 & Younger 25 Backstroke	74
75	9 - 10 50 Backstroke	76
77	8 & Younger 100 Freestyle	78
79	9 - 10 200 Medley Relay	80
81	8 & Younger 100 Med. Relay	82

**PM Session**

Girls	Events	Boys
83	11 - 12 200 Freestyle	84
85	13 - 18 200 Freestyle	86
87	11 - 12 100 Butterfly	88
89	13 - 18 100 Butterfly	90
91	11 - 12 100 IM	92
93	11 - 18 400 IM	94
95	11 - 12 100 Breaststroke	96
97	13 - 18 100 Breaststroke	98
99	11 - 12 50 Backstroke	100
101	11 - 18 200 Backstroke	102
103	11 - 12 50 Freestyle	104
105	13 - 18 50 Freestyle	106
107	11 - 12 200 Medley Relay	108
109	13 - 18 200 Medley Relay	110
111	13 - 18 500 Freestyle	112