

# *U.S. Paralympics Swimming National Championships 2006 Summer Can-Am*

August 10-12, 2006

Palo Alto College Natatorium

San Antonio, TX

## **Important Facts About the Meet:**

- The U.S. Paralympics Swimming National Championships (2006 Summer Can-Am) is a Long Course competition.
- It is the responsibility of each nation to ensure they have the proper documentation to enter the USA.
- Should visas be required, please contact Julie O'Neill for a letter of support (if required) at [julie.o'neill@usoc.org](mailto:julie.o'neill@usoc.org).
- This meet is open to swimmers with a disability from all nations who have met the qualifying standards.
- This competition shall be governed by the most recent IPC swimming technical rules.

## **Host:**

U.S. Paralympics Swimming

[www.usparalympics.org](http://www.usparalympics.org)

## **Location:**

Palo Alto College Natatorium

1400 W. Villaret

San Antonio, TX 78224

## **Facility:**

The Palo Alto College Natatorium has played host to several major competitions, including most recently the 2004 US Open.

The facility features an indoor 50-meter competition pool and an indoor 25-yard warm-up/warm-down pool.

## **Accommodation:**

All individuals and teams are responsible for their own accommodation. U.S. Paralympics and the local organizing committee will not be responsible for travel, meals, or housing arrangements for teams or individuals.

See the attached list of hotels for options convenient to the Natatorium.

## **Eligibility:**

All swimmers who meet the published time standards for the meet are eligible to compete.

## **Classification:**

Classification will be conducted on Tuesday, August 8, and Wednesday, August 9, 2006.

Swimmers should enter the meet using their current IPC Swimming classification (which may be found online at [www.ipcswimming.org](http://www.ipcswimming.org)).

If a swimmer has not been previously classified, he/she should enter at his/her estimated classification, and adjustments may be made as necessary following the classification appointment preceding the competition.

For more information, see the subsequent classification section of this meet packet, or contact Julie O'Neill at U.S. Paralympics, 719/866-2036 or [julie.o'neill@usoc.org](mailto:julie.o'neill@usoc.org).

## **Format:**

- The format of the meet will be prelims/finals.
- Offered non-Paralympic events will be designated as timed finals ONLY to be conducted during preliminaries.
- Current IPC Swimming rules will govern this meet.
- All preliminary events will be seeded by time (regardless of classification). Finals will be seeded by classification. A swimmer must place in the top eight (8) in their classification during preliminaries to advance to the A final.

*At the discretion of meet management and based on the number of competitors entered, a B final may be added if necessary to facilitate USA / Canada World Championship Team selection.*

## **Awards:**

Awards will be presented to the first place finisher in each classification in each event.

A male and female Swimmer of the Meet Award will be presented at the conclusion of competition.

## **Entry Information:**

- Swimmers may enter a maximum of 7 events for the competition, but not exceeding 3 events per day.
- Entry times must be submitted in the course swim (LCM, SCM, SCY) and will be converted by meet management for seeding purposes.
- Proof-of-Time is required with entry submission. (See attached entry forms.)
- No deck entries will be accepted.

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- Entries may be submitted on the attached entry forms or using Hy-Tek. (If using Hy-Tek, the Master Entry Form and Fee Summary Form must be included.)

## **Meet Entry Time Standards:**

Time standards are available in all three courses – LCM, SCM, SCY – and are included in this meet information packet.

## **Bonus Events:**

Swimmers who have met less than three (3) qualifying standards for the competition may enter bonus events as follows:

- If a swimmer makes only 1 qualifying time, they may enter 2 additional events.
- If a swimmer makes only 2 qualifying times, they may enter 1 additional event.

## **Qualification period:**

All times swum from January 1, 2005, through the published entry deadline will be eligible for entry.

## **Fees:**

All swimmers will be charged a \$50 USD fee to enter the meet, regardless of the number of events they choose to enter.

All team staff (i.e. coaches, medical, managers, etc.) will be charged a \$5 USD fee per credential.

All checks should be made payable to *U.S. Paralympics*.

## **Entry Chairperson:**

Julie O'Neill  
U.S. Paralympics  
One Olympic Plaza  
Colorado Springs, CO 80909  
[julie.o'neill@usoc.org](mailto:julie.o'neill@usoc.org)  
Phone: (719) 866-2036  
Fax: (719) 866-2029

## **Entry Deadline:**

All entries must be **received** by July 1, 2006.

*Any athletes who qualify for the Championships at the USA Wheelchair Junior event to be held in Boston, July 22-29, may submit entries by Monday, July 31, 2006.*

## **Pre-Meet Training Times:**

The Natatorium facilities will be available for training prior to the start of competition as follows:

- Monday, August 7, 1:00 pm – 7:00 pm
- Tuesday, August 8, 8:00 am – 8:00 pm
- Wednesday, August 9, 8:00 am – 8:00 pm

## **Technical Meeting:**

The technical meeting for all coaches/team managers will be held at 6:00 pm on Wednesday, August 9, 2006.

## **Meet Management & Contacts:**

*Meet Coordinator & Entry Chairperson* –  
Julie O'Neill  
U.S. Paralympics  
[julie.o'neill@usoc.org](mailto:julie.o'neill@usoc.org)  
Phone: (719) 866-2036  
Fax: (719) 866-2029

*Facility Contact* –  
Denny Ryther  
Athletic Director  
Palo Alto College  
[dryther@accd.edu](mailto:dryther@accd.edu)  
Phone: (210) 921-5234

*Onsite Meet Director* –  
Queenie Nichols  
[qnichols@twcny.rr.com](mailto:qnichols@twcny.rr.com)  
Phone: (315) 415-9164

*Meet Referee & Officials Coordinator* –  
Mark Rieniets  
[rieniets@bigfoot.com](mailto:rieniets@bigfoot.com)  
Phone: (503) 625-6133

*Technical Advisor* –  
Anne Green  
Chair, IPC Swimming  
[anne.ipcswimming@bigpond.com](mailto:anne.ipcswimming@bigpond.com)  
Phone/Fax: 61 8 9355 5517

# *U.S. Paralympics Swimming National Championships*

## *2006 Summer Can-Am*

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### **ORDER OF EVENTS**

Preliminaries Warm-Up: 7:30 am  
Preliminaries Begin: 9:00 am

Finals Warm-Up: 3:30 pm  
Finals Begin: 5:00 pm

#### **Thursday, August 10, 2006**

<i>WOMEN</i>	<i>EVENT</i>	<i>MEN</i>
1	200m Freestyle (Classes S1-S5)	2
3	400m Freestyle (Classes S6-S13)	4
5	50m Breaststroke (Classes SB1-SB3)	6
7	100m Breaststroke (Classes SB4-SB13)	8
9	200m Butterfly – <b>Timed Final ONLY</b>	10

#### **Friday, August 11, 2006**

<i>WOMEN</i>	<i>EVENT</i>	<i>MEN</i>
11	400. Individual Medley – <b>Timed Final ONLY</b>	12
13	50m Backstroke (Classes S1-S5)	14
15	100m Backstroke (Classes S6-S13)	16
17	50m Freestyle (Classes S1-S13)	18
19	150m Individual Medley (Classes SM1-SM4)	20
21	200m Individual Medley (Classes SM5-SM13)	22

#### **Saturday, August 12, 2006**

<i>WOMEN</i>	<i>EVENT</i>	<i>MEN</i>
23	200m Backstroke – <b>Timed Final ONLY</b>	24
25	100m Freestyle (Classes S1-S13)	26
27	50m Butterfly (Classes S1-S7)	28
29	100m Butterfly (Classes S8-S13)	30
31	200m Breaststroke – <b>Timed Final ONLY</b>	32
33	1500m Freestyle – <b>Timed Final ONLY</b>	34

\*\*All non-Paralympic events will be conducted as Timed Finals during the Preliminaries\*\*

# ***U.S. Paralympics Swimming National Championships***

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### **Doping Control...**

The athletes at this competition are subject to drug testing conducted by the United States Anti-Doping Agency (USADA) and the International Paralympic Committee (IPC) under the In-Competition Testing program. This section is intended to give an overview of the key points relevant to this program and the testing which will be conducted at the competitions governed by this booklet. For a more detailed explanation of the program please contact Julie O'Neill, U.S. Paralympics Swimming Program Manager at (719) 866-2036 or [julie.o'neill@usoc.org](mailto:julie.o'neill@usoc.org).

#### **Drug Reference Line**

Most medications fall into one of the following categories when it comes to drug testing: Prohibited, Restricted, and Allowed. Any time an athlete plans to take a medication (over the counter or prescription) or substance he/she should call the USADA Drug Reference Line at 1-800-233-0393 to determine which category the medication falls under. Hours of operation for the Drug Reference Line are 8:00-4:00pm (Mountain Time), Monday through Friday. If a pharmacist doesn't answer your call, leave a message with a phone number, the name of the substance(s), and indicate that the athlete is a swimmer and he will return your call. Each International Federation has different guidelines and it will help the pharmacist to answer the call more effectively. You may call the line at anytime after hours, and your call will be answered as soon as possible.

#### **Restricted Medications**

Medications that fall under the category of Restricted require that a Therapeutic Use Exemption (TUE) Form be submitted to the IPC. Please contact Julie O'Neill at (719) 866-2036 or via email at [julie.o'neill@usoc.org](mailto:julie.o'neill@usoc.org), if you are taking a Restricted substance that may require a TUE approval.

#### **Prohibited Medications**

If an athlete wishes to seek exemption to use a Prohibited substance, a Therapeutic Use Exemption (TUE) Form must be submitted to the IPC. Please contact Julie O'Neill at (719) 866-2036 or via email at [julie.o'neill@usoc.org](mailto:julie.o'neill@usoc.org), if you are taking a Prohibited substance that may require a TUE approval.

If a medication is classified as allowed, it is not necessary to submit a TUE form. Athletes should keep a copy of their forms for their records and a copy should be taken to the meet and to drug testing should the athlete be selected for testing.

Forms should be re-submitted immediately if there is a change in the medication, the dosage, or the prescribing physician.

#### **Sanctions**

Sanctions for positive testing shall conform to the IPC rules. All parties should refer to the International Paralympic Committee Handbook in section 2.8 for specifics relating to sanctions for a positive drug test. Penalties may also apply to any individual assisting a swimmer taking prohibited substances.

#### **Summary**

The use of drugs to enhance performance is strictly forbidden in aquatic sports. It is the responsibility of the athlete to check the status of any substance he/she plans to consume and ensure that no prohibited substances are consumed.

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## **Classification...**

### **What are the Classifications?**

Swimming is the only sport that combines the conditions of limb loss, cerebral palsy (coordination and movement restrictions), spinal cord injury (weakness or paralysis involving any combination of the limbs) and other disabilities (such as Dwarfism (little people); major joint restriction conditions) across classes.

Classes 1-10 – are allocated to swimmers with a physical disability

Classes 11-13 – are allocated to swimmers with a visual disability

The Prefix S to the Class denotes the class for Freestyle, Backstroke and Butterfly

The Prefix SB to the class denotes the class for Breaststroke

The Prefix SM to the class denotes the class for Individual Medley.

The range is from the swimmers with severe disability (S1, SB1, SM1) to those with the minimal disability (S10, SB9, SM10)

In any one class some swimmers may start with a dive or in the water depending on their condition. This is factored in when classifying the athlete.

### **Who must be Classified?**

The classification status of swimmers with physical disabilities is listed on the IPC Swimming website at <http://www.ipcswimming.org>. Click on "Swimmer Classification" then the relevant country then search for your name.

If you have never been classified or if your IPC Swimming Classification status is N-new or R-review, you must request to be classified at this competition. Submit the enclosed *Request for Classification* form. You will be notified by email about your classification appointment, which will be scheduled on Tuesday, August 8 or Wednesday, August 9, 2006. If your status is P-permanent or PP-permanent by protest, you do not require further classification.

Swimmers who are blind or visually impaired who have not been previously classified should contact Julie O'Neill at U.S. Paralympics (719/866-2036 or [julie.o'neill@usoc.org](mailto:julie.o'neill@usoc.org)) to request a copy of the *IPC Swimming Classification for the Visually Impaired* form, which may be completed by the swimmer's ophthalmologist.

### **Classification Appointments**

Functional classification for swimmers with physical disabilities will be scheduled on Tuesday, August 8 or Wednesday, August 9, 2006. Swimmers will be notified by email of their appointment times per the conditions stated on the Request for Classification form. **There is a \$75 fine payable to U.S. Paralympics for missed appointments.**

### **Submitting Your Request For Classification**

Requests for classification must be received by July 1, 2006. Swimmers who submit their requests for classification by July 1 will receive priority when assigning classification appointments. Any requests received after the date listed above will be assigned appointments on a **space available** basis. Submit the enclosed *Request for Classification* form and all required documentation to:

Swimming Program Manager, U.S. Paralympics  
One Olympic Plaza  
Colorado Springs, CO 80909  
Phone: (719) 866-2036  
Fax: (719) 866-2029  
Email: [julie.o'neill@usoc.org](mailto:julie.o'neill@usoc.org)

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### **Classification Descriptions**

The examples are only a guide - some conditions not mentioned may also fit the following classes.

#### **S1 SB1 SM1**

Swimmers in this class would usually be wheelchair bound and may be dependent on others for their every day needs.

Examples: Swimmers with very severe coordination problems in four limbs or have no use of their legs, trunk, hands and minimal use of their shoulders only. Usually only swim on their back.

#### **S2 .SB1 SM2**

Examples: Swimmer able to use their arms with no use of their hands, legs or trunk or have severe co-ordination problems in 4 limbs.

#### **S3 SB2 SM3**

Examples: Swimmers with reasonable arm strokes but no use of their legs or trunk; swimmers with severe coordination problems in all limbs and swimmers with severe limb loss to four limbs.

#### **S4 SB3 SM4**

Examples: Swimmers who use their arms and have minimal weakness in their hands but have no use of their trunk or legs; swimmers with coordination problems affecting all limbs but predominantly in the legs; swimmers with limb loss to 3 limbs.

#### **S5 SB4 SM5**

Examples: Swimmers with full use of their arms and hands but no trunk or leg muscles; swimmers with coordination problems.

#### **S6 SB5 SM6**

Examples: Swimmers with full use of their arms and hands with some trunk control but no useful leg muscles; swimmers with coordination problems (usually these athletes walk); swimmers with major limb loss of 2 limbs; Little People (< 130cm for women and 137cm for men)

#### **S7 SB6 SM7**

Examples: Swimmers with full use of their arms and trunk with some leg function; coordination or weakness problems on the same side of the body; major limb loss of 2 limbs.

#### **S8 SB7 SM8**

Examples: Swimmers with full use of their arms and trunk with some leg function; limb loss of 2 limbs; swimmers with the use of one arm only

#### **S9 SB8 SM9**

Unless there is an underlying medical condition usually all of these athletes will start out of the water.

Examples: Swimmers with severe weakness in one leg only; swimmers with very slight coordination problems; swimmers with one limb loss

#### **S10 SB9 SM10**

Examples: Swimmers with very minimal weakness affecting the legs; swimmers with restriction of hip joint movement; swimmers with both feet deformed; swimmers with minor limb loss of part of a limb.

#### **S11 SB11 SM11**

These swimmers are unable to see at all and are considered totally blind. They must wear blackened goggles if they swim in this class. They will also require someone to tap them when they are approaching a wall.

#### **S12 SB12 SM12**

These swimmers can recognise the shape of a hand and have some ability to see. There is a large range of vision ability within this class.

#### **S13 SB13 SM13**

Swimmers who are the most sighted but are legally considered to be blind.

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### **Request For Classification Form**

Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip Code/Country \_\_\_\_\_

Daytime phone \_\_\_\_\_ Evening phone \_\_\_\_\_ Time Zone \_\_\_\_\_

E-mail address \_\_\_\_\_

*Please type or print clearly. All correspondence about classification will be conducted via e-mail.*

Why is the swimmer requesting to be classified?

Has never been classified

Has an "N" or "R" classification status - previous classification was not conducted by internationally-authorized classifiers.

Describe your disability and related medical conditions (attach additional pages/evidence if needed):

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**If the swimmer has a physical disability:**

***Preferred appointment time (rank in order of preference, 1st, 2nd, 3rd, etc.):***

\_\_\_\_ Tuesday, Aug 8, 8:00-10:00

\_\_\_\_ Tuesday, Aug 8, 10:00-12:00

\_\_\_\_ Tuesday, Aug 8, 1:00-3:00

\_\_\_\_ Tuesday, Aug 8, 3:00-5:00

\_\_\_\_ Wednesday, Aug 9, 8:00-10:00

\_\_\_\_ Wednesday, Aug 9, 10:00-12:00

\_\_\_\_ Wednesday, Aug 9, 1:00-3:00

\_\_\_\_ Wednesday, Aug 9, 3:00-5:00

***For requests received by July 1:*** Swimmers will be assigned to classification appointments on a first-come, first-served basis. Swimmers will be notified of their classification appointments via e-mail in mid-July. **Incomplete requests will be ignored.**

***For requests received after July 1:*** Swimmers will be assigned to any remaining available classification appointment times at the discretion of U.S. Paralympics on a space available basis.

**If the swimmer is Blind or Visually Impaired:**

Swimmers who are blind or visually impaired who have not been previously classified should contact Julie O'Neill at U.S. Paralympics to request a copy of the *IPC Swimming Classification for the Visually Impaired* form, which may be completed by the swimmer's ophthalmologist.

***Submit Requests for Classification to:***

***Swimming Program Manager, U.S. Paralympics, One Olympic Plaza, Colorado Springs, CO 80909***

***Fax: (719) 866-2029***

***Email: julie.o'neill@usoc.org***

***U.S. Paralympics Swimming National Championships  
2006 Summer Can-Am***

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**Websites with local information for San Antonio**

[www.sanantonio.gov](http://www.sanantonio.gov)

[www.sanantoniovisit.com](http://www.sanantoniovisit.com)

**HOTELS**

**Hilton Palacio Del Rio**

10.8 miles from pool, 15 minute drive  
200 S. Alamo St.  
San Antonio, TX  
210-222-1400

**Homewood Suites by Hilton**

10.76 miles from pool, 15 minute drive  
432 West Market Street  
San Antonio, TX  
210-222-1515

**Hampton Inn San Antonio-Downtown  
(River Walk)**

10.85 miles from pool, 16 minute drive  
414 Bowie Street  
San Antonio, TX  
210-225-8500

**Courtyard by Marriott-Downtown  
Market Square**

8.81 miles from pool, 13 minute drive  
600 Santa Rosa South  
San Antonio, TX  
210-299-9449

**Residence Inn by Marriott San Antonio  
Market Square**

10.35 miles from pool, 15 minute drive  
628 S. Santa Rose Blvd  
San Antonio, TX  
210-231-6000

**Fairfield in by Marriott**

8.83 miles from pool, 13 minute drive  
620 Santa Rosa South  
San Antonio, TX  
210-299-1000

**Marriott-Rivercenter**

10.85 miles from pool, 16 minute drive  
101 Bowie St.  
San Antonio, TX  
210-223-1000

**Marriott Riverwalk**

11.03 miles from pool, 15 minute drive  
711 Riverwalk St.  
San Antonio, TX  
210-224-4555

**Marriott Plaza**

11.09 miles from pool, 15 minute drive  
555 South Alamo St.  
San Antonio, TX  
210-229-1000

**Radisson Inn-Market Square**

8.72 miles from pool, 12 minute drive  
502 W. Durango Blvd  
San Antonio, TX  
210-244-7155

**Best Western Alamo Suites**

9.45 miles from pool, 15 minute drive  
102 El Paso St.  
San Antonio, TX  
210-277-1000

**Best Western Sunset Suites**

10.81 miles from pool, 15 minute drive  
1103 E. Commerce St.  
San Antonio, TX  
210-223-4400

**Comfort Inn-Alamo/Riverwalk**

9.30 miles from pool, 15 minute drive  
120 Camaron St.  
San Antonio, TX  
210-281-1400





2006 Summer Can-Am / U.S. Paralympics Swimming National Championships - August 10-12, 2006  
Men's Entry Form

These forms may be duplicated as required.

	Name	Birth Date DD-MM-YY		2 / 4	6 / 8	10	12	14 / 16	18	20 / 22	24	26	28 / 30	32	34
				200 Free 400 Free	50 Breast 100 Breast	200 Fly	400 IM	50 Back 100 Back	50 Free	150 IM 200 IM	200 Back	100 Free	50 Fly 100 Fly	200 Breast	1500 Free
1			Time												
			Date												
2			Time												
			Date												
3			Time												
			Date												
4			Time												
			Date												
5			Time												
			Date												
6			Time												
			Date												
7			Time												
			Date												
8			Time												
			Date												

Team: \_\_\_\_\_

2006 Summer Can-Am / U.S. Paralympics Swimming National Championships - August 10-12, 2006  
 Women's Entry Form

These forms may be duplicated as required.

	Name	Birth Date DD-MM-YY		1 / 3	5 / 7	9	11	13 / 15	17	19 / 21	23	25	27 / 29	31	33
				200 Free 400 Free	50 Breast 100 Breast	200 Fly	400 IM	50 Back 100 Back	50 Free	150 IM 200 IM	200 Back	100 Free	50 Fly 100 Fly	200 Breast	1500 Free
1			Time												
			Date												
2			Time												
			Date												
3			Time												
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5			Time												
			Date												
6			Time												
			Date												
7			Time												
			Date												
8			Time												
			Date												

Team: \_\_\_\_\_



2006 Summer Can-Am / U.S. Paralympics Swimming National Championships - August 10-12, 2006  
 Credentials / Fee Summary Form

Please list **ALL** members of your team/delegation on the form below and total fees at the bottom.

This form should be duplicated as required.

	Name	Position (i.e. swimmer, coach, etc.)	Classification (Swimmers ONLY)			Fee
1.			S	SB	SM	
2.			S	SB	SM	
3.			S	SB	SM	
4.			S	SB	SM	
5.			S	SB	SM	
6.			S	SB	SM	
7.			S	SB	SM	
8.			S	SB	SM	
9.			S	SB	SM	
10.			S	SB	SM	
11.			S	SB	SM	
12.			S	SB	SM	
13.			S	SB	SM	
14.			S	SB	SM	
15.			S	SB	SM	
16.			S	SB	SM	
17.			S	SB	SM	
18.			S	SB	SM	

Team: \_\_\_\_\_

**TOTAL \$** \_\_\_\_\_

**WAIVER AND RELEASE OF LIABILITY**

**NOTE:** THIS FORM MUST BE READ AND SIGNED BEFORE THE PARTICIPANT IS PERMITTED TO TAKE PART IN ANY TRAVEL, TRAINING, COMPETITION, MEETING OR TESTING SESSIONS. BY SIGNING THIS AGREEMENT, THE PARTICIPANT AFFIRMS HAVING READ IT.

IN CONSIDERATION of my involvement in the sport and activities under the auspices of **United States Olympic Committee**, this sponsoring organization, I acknowledge, appreciate and agree that:

1. I RISK BODILY INJURY, INCLUDING PARALYSIS, DISMEMBERMENT, DISABILITY and DEATH, AND while particular rules of my sport, equipment, and personal training and discipline may reduce this risk, THIS RISK OF INJURY DOES EXIST, AS WELL AS THE RISK OF DAMAGE TO OR LOSS OF PROPERTY;
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS; both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERS;
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual or unnecessary hazard during my presence or participation, I will bring such to the attention of the nearest official immediately; and,
4. I, FOR MYSELF, AND ON BEHALF OF MY HEIRS, ASSIGNS, PERSONAL REPRESENTATIVES, and NEXT OF KIN, HEREBY RELEASE, HOLD HARMLESS AND PROMISE NOT TO SUE THE INTERNATIONAL OLYMPIC COMMITTEE, THE UNITED STATES OLYMPIC COMMITTEE, AND MY NATIONAL GOVERNING BODY OR OTHER SPONSORING ORGANIZATION, THEIR OFFICERS, VOLUNTEERS, STAFF, SPONSORS, AND/OR AGENTS, ("RELEASEES") WITH RESPECT TO ANY AND ALL INJURY AND LOSS ARISING FROM MY PARTICIPATION, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, EXCEPT THAT WHICH IS THE RESULT OF GROSS NEGLIGENCE OR WANTON MISCONDUCT, to the fullest extent permitted by law.

**I have read this Release of Liability and Waiver Agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.**

**Participant's Signature** \_\_\_\_\_

**Participant's Name (Printed)** \_\_\_\_\_ **Date** \_\_\_\_\_

**FOR PARTICIPANTS OF MINORITY AGE**

This is to certify that I/we as parent(s)/guardian(s) with legal responsibility for this participant, do consent and agree not only to his/her release, but also for myself/ourselves, and my/our heirs, assigns and next of kin to release and indemnify the Releasees from any and all Liability incident to my/our minor child's involvement as stated above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

**Parent/Legal Guardian Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Parent/Guardian Name (Please print)** \_\_\_\_\_

## 2006 Summer Can-Am Swimming Championships - Qualifying Time Standards - Men's Long Course Meters

	S1 SB1 SM1	S2 SB2 SM2	S3 SB3 SM3	S4 SB4 SM4	S5 SB5 SM5	S6 SB6 SM6	S7 SB7 SM7	S8 SB8 SM8	S9 SB9 SM9	S10 SM10	S11	S12	S13
50 Free	2:55.00	1:46.00	1:22.50	1:05.50	52.00	44.00	40.50	39.00	36.50	34.00	39.00	34.50	34.50
100 Free	5:25.00	3:45.00	2:56.00	2:24.00	1:57.50	1:36.00	1:29.00	1:25.00	1:18.00	1:14.50	1:26.00	1:20.00	1:19.00
200 Free	9:46.00	7:30.00	6:40.00	5:12.50	4:22.50								
400 Free						7:55.00	7:17.50	6:46.00	6:15.00	5:52.50	7:30.00	7:10.00	6:52.50
1500 Free							24:04.00	22:24.00	21:16.00	20:00.00	29:00.00	22:45.00	22:30.00
50 Back	2:55.00	1:50.00	1:32.50	1:15.00	1:00.50								
100 Back						1:51.00	1:48.00	1:46.00	1:32.00	1:30.00	1:59.00	1:52.50	1:46.00
200 Back						3:53.50	3:48.50	3:30.00	3:15.00	3:12.50	3:35.00	3:13.50	3:12.00
50 Breast	2:38.00	1:59.00	1:17.50										
100 Breast				2:36.00	2:30.00	2:15.00	2:09.00	1:47.50	1:40.00		1:59.00	1:55.00	1:49.00
200 Breast				5:15.00	4:52.00	4:50.00	4:22.00	3:58.50	3:52.00		3:51.00	3:36.00	3:35.50
50 Fly	3:36.50	1:54.00	1:47.00	1:40.00	1:05.00	50.00	48.50						
100 Fly								1:46.00	1:32.50	1:27.50	1:54.00	1:40.00	1:34.00
200 Fly								3:35.00	3:23.00	3:10.00	3:40.00	3:37.00	3:15.00
150 IM	9:30.50	6:21.50	5:37.50	4:00.00									
200 IM					5:50.00	4:14.00	4:02.50	3:39.00	3:20.00	3:14.00	4:04.00	3:51.00	3:32.50
400 IM								6:57.00	6:10.50	6:04.00	6:30.00	6:10.00	6:06.00

**Qualifying Time Period: January 1, 2005 through the entry deadline**

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\*Swimmers may swim up a class (if the event is not offered for their own classification), but must meet the Qualifying Time Standard for the higher classification in order to enter the event.

\*Non-Paralympic events will be swum as TIMED FINALS during the Preliminaries

## 2006 Summer Can-Am Swimming Championships - Qualifying Time Standards - Men's Short Course Meters

	<b>S1</b> <b>SB1</b> <b>SM1</b>	<b>S2</b> <b>SB2</b> <b>SM2</b>	<b>S3</b> <b>SB3</b> <b>SM3</b>	<b>S4</b> <b>SB4</b> <b>SM4</b>	<b>S5</b> <b>SB5</b> <b>SM5</b>	<b>S6</b> <b>SB6</b> <b>SM6</b>	<b>S7</b> <b>SB7</b> <b>SM7</b>	<b>S8</b> <b>SB8</b> <b>SM8</b>	<b>S9</b> <b>SB9</b> <b>SM9</b>	<b>S10</b> <b>SM10</b>	<b>S11</b>	<b>S12</b>	<b>S13</b>
50 Free	2:56.00	1:47.00	1:23.50	1:05.50	52.00	43.00	39.50	38.00	35.50	33.00	38.00	33.50	33.50
100 Free	5:27.00	3:47.00	2:58.00	2:24.00	1:57.50	1:34.00	1:27.00	1:23.00	1:16.00	1:12.50	1:24.00	1:18.00	1:17.00
200 Free	9:50.00	7:34.00	6:44.00	5:12.50	4:22.50								
400 Free						7:43.00	7:05.50	6:34.00	6:03.00	5:40.50	7:18.00	6:58.00	6:40.50
1500 Free							23:28.00	21:48.00	20:40.00	19:24.00	28:24.00	22:09.00	21:54.00
50 Back	2:56.00	1:51.00	1:33.50	1:15.00	1:00.50								
100 Back						1:49.00	1:46.00	1:44.00	1:30.00	1:28.00	1:57.00	1:50.50	1:44.00
200 Back						3:49.50	3:44.50	3:26.00	3:11.00	3:08.50	3:31.00	3:11.50	3:08.00
50 Breast	2:39.00	2:00.00	1:18.50										
100 Breast				2:36.00	2:30.00	2:13.00	2:07.00	1:45.50	1:38.00		1:57.00	1:53.00	1:47.00
200 Breast				5:15.00	4:52.00	4:46.00	4:18.00	3:54.50	3:48.00		3:47.00	3:32.00	3:31.50
50 Fly	3:37.50	1:55.00	1:48.00	1:40.00	1:05.00	49.00	47.50						
100 Fly								1:44.00	1:30.50	1:25.50	1:52.00	1:38.00	1:32.00
200 Fly								3:31.00	3:19.00	3:06.00	3:36.00	3:33.00	3:11.00
150 IM	9:33.50	6:24.50	5:40.50	4:00.00									
200 IM					5:50.00	4:10.00	3:58.50	3:35.00	3:16.00	3:10.00	4:00.00	3:47.00	3:28.50
400 IM								6:45.00	5:58.50	5:52.00	6:18.00	5:58.00	5:54.00

**Qualifying Time Period: January 1, 2005 through the entry deadline**

\*Only events with time standards listed will be contested in the meet.

\*Swimmers may swim up a class (if the event is not offered for their own classification), but must meet the Qualifying Time Standard for the higher classification in order to enter the event.

\*Non-Paralympic events will be swum as TIMED FINALS during the Preliminaries

## 2006 Summer Can-Am Swimming Championships - Qualifying Time Standards - Men's Short Course Yards

	S1 SB1 SM1	S2 SB2 SM2	S3 SB3 SM3	S4 SB4 SM4	S5 SB5 SM5	S6 SB6 SM6	S7 SB7 SM7	S8 SB8 SM8	S9 SB9 SM9	S10 SM10	S11	S12	S13
50 Free	2:39.00	1:36.50	1:15.50	59.00	47.00	38.50	36.00	34.00	32.00	30.00	34.00	30.00	30.00
100 Free	4:55.00	3:24.50	2:40.50	2:09.50	1:46.00	1:25.00	1:18.00	1:15.00	1:08.50	1:05.50	1:16.00	1:10.00	1:09.00
200 Free	8:51.50	6:49.00	6:04.00	4:41.50	3:56.50								
500 Free						8:49.00	8:06.00	7:30.50	6:55.00	6:29.50	8:20.50	7:58.00	7:38.00
1650 Free							22:55.00	21:15.00	20:07.00	18:51.00	27:51.00	21:36.00	21:21.00
50 Back	2:38.50	1:40.00	1:24.00	1:07.50	54.50								
100 Back						1:38.50	1:35.50	1:34.00	1:21.00	1:19.50	1:45.00	1:39.50	1:34.00
200 Back						3:27.00	3:22.50	3:05.50	2:52.00	2:50.00	3:10.00	2:52.50	2:49.50
50 Breast	2:39.50	1:48.00	1:11.00										
100 Breast				2:21.00	2:15.50	2:00.00	1:54.00	1:35.00	1:28.50		1:45.00	1:42.00	1:36.00
200 Breast				4:44.00	4:23.00	4:17.50	3:52.50	3:21.50	3:17.50		3:24.50	3:11.00	3:10.50
50 Fly	3:37.50	1:55.00	1:48.50	1:30.00	58.50	44.00	43.00						
100 Fly								1:34.00	1:21.50	1:17.00	1:41.00	1:28.50	1:22.50
200 Fly								3:10.00	2:59.50	2:47.50	3:14.50	3:12.00	2:52.00
150 IM	8:46.00	5:46.00	5:07.00	3:26.00									
200 IM					5:15.50	3:44.50	3:35.00	3:13.50	2:56.50	2:51.00	3:36.00	3:25.00	3:08.00
400 IM								6:05.00	5:23.00	5:17.00	5:40.50	5:22.50	5:19.00

**Qualifying Time Period: January 1, 2005 through the entry deadline**

\*Only events with time standards listed will be contested in the meet.

\*Swimmers may swim up a class (if the event is not offered for their own classification), but must meet the Qualifying Time Standard for the higher classification in order to enter the event.

\*Non-Paralympic events will be swum as TIMED FINALS during the Preliminaries

## 2006 Summer Can-Am Swimming Championships - Qualifying Time Standards - Women's Long Course Meters

	<b>S1</b> <b>SB1</b> <b>SM1</b>	<b>S2</b> <b>SB2</b> <b>SM2</b>	<b>S3</b> <b>SB3</b> <b>SM3</b>	<b>S4</b> <b>SB4</b> <b>SM4</b>	<b>S5</b> <b>SB5</b> <b>SM5</b>	<b>S6</b> <b>SB6</b> <b>SM6</b>	<b>S7</b> <b>SB7</b> <b>SM7</b>	<b>S8</b> <b>SB8</b> <b>SM8</b>	<b>S9</b> <b>SB9</b> <b>SM9</b>	<b>S10</b> <b>SM10</b>	<b>S11</b>	<b>S12</b>	<b>S13</b>
50 Free	3:25.00	2:18.00	1:56.50	1:27.50	1:00.00	57.00	52.00	46.50	41.00	41.00	50.00	44.00	42.50
100 Free	7:20.00	4:35.00	4:10.00	3:07.50	2:15.00	2:07.50	1:50.00	1:42.50	1:30.00	1:30.00	1:59.00	1:34.00	1:32.50
200 Free	15:45.00	10:05.00	7:30.00	6:15.00	5:00.00								
400 Free						9:22.50	8:32.50	7:50.00	6:52.50	6:52.50	8:41.50	7:30.00	7:11.50
1500 Free							27:55.00	27:30.00	24:00.00	22:55.00	33:00.00	24:00.00	22:00.00
50 Back	3:20.00	2:42.50	1:52.50	1:34.00	1:19.00								
100 Back						2:24.00	2:10.00	2:02.50	1:46.00	1:46.00	2:24.00	1:59.00	1:52.50
200 Back						4:54.00	4:24.00	4:13.50	3:29.00	3:27.50	4:12.00	3:31.50	3:30.00
50 Breast	2:52.00	2:11.00	1:40.00										
100 Breast				3:20.00	3:01.50	2:55.00	2:36.50	2:02.50	2:02.50		2:30.00	2:17.50	2:17.50
200 Breast				7:15.00	6:05.00	5:34.00	5:07.00	4:03.50	4:03.00		4:28.00	4:08.00	4:02.00
50 Fly	3:41.00	2:23.00	2:06.00	2:05.00	1:52.50	1:09.00	1:00.00						
100 Fly								2:05.00	1:47.50	1:47.50	2:17.00	1:59.00	1:59.00
200 Fly								4:00.00	3:35.00	3:34.00	4:13.50	4:07.50	4:06.00
150 IM	10:00.00	8:05.00	7:10.00	5:25.00									
200 IM					5:54.00	5:25.00	4:47.50	4:10.00	3:50.00	3:50.00	5:06.00	4:10.00	3:57.50
400 IM								8:07.00	7:05.00	6:48.00	7:37.00	6:35.50	6:30.00

**Qualifying Time Period: January 1, 2005 through the entry deadline**

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## 2006 Summer Can-Am Swimming Championships - Qualifying Time Standards - Women's Short Course Meters

	<b>S1 SB1 SM1</b>	<b>S2 SB2 SM2</b>	<b>S3 SB3 SM3</b>	<b>S4 SB4 SM4</b>	<b>S5 SB5 SM5</b>	<b>S6 SB6 SM6</b>	<b>S7 SB7 SM7</b>	<b>S8 SB8 SM8</b>	<b>S9 SB9 SM9</b>	<b>S10 SM10</b>	<b>S11</b>	<b>S12</b>	<b>S13</b>
50 Free	3:26.00	2:19.00	1:57.50	1:27.50	1:00.00	56.00	51.00	45.50	40.00	40.00	49.00	43.00	41.50
100 Free	7:22.00	4:37.00	4:12.00	3:07.50	2:15.00	2:05.50	1:48.00	1:40.50	1:28.00	1:28.00	1:57.00	1:32.00	1:30.50
200 Free	15:49.00	10:09.00	7:34.00	6:15.00	5:00.00								
400 Free						9:10.50	8:20.50	7:38.00	6:40.50	6:40.50	8:29.50	7:18.00	6:59.50
1500 Free							27:19.00	26:54.00	23:24.00	22:19.00	32:34.00	23:24.00	21:24.00
50 Back	3:21.00	2:43.50	1:53.50	1:34.00	1:19.00								
100 Back						2:22.00	2:08.00	2:00.50	1:44.00	1:44.00	2:22.00	1:57.00	1:50.50
200 Back						4:50.00	4:20.00	4:09.50	3:25.00	3:23.50	4:08.00	3:27.50	3:26.00
50 Breast	2:53.00	2:12.00	1:41.00										
100 Breast				3:20.00	3:01.00	2:53.00	2:34.50	2:00.50	2:00.50		2:28.00	2:15.50	2:15.50
200 Breast				7:15.00	6:05.00	5:30.00	5:03.00	3:49.50	3:49.00		4:24.00	4:04.00	3:58.00
50 Fly	3:42.00	2:24.00	2:07.00	2:05.00	1:52.50	1:08.00	59.00						
100 Fly								2:03.00	1:45.50	1:45.50	2:15.00	1:57.00	1:57.00
200 Fly								3:56.00	3:31.00	3:30.00	4:09.50	4:03.50	4:02.00
150 IM	10:03.00	8:08.00	7:13.00	5:25.00									
200 IM					5:54.00	5:21.00	4:43.50	4:06.00	3:46.00	3:46.00	5:02.00	4:06.00	3:53.50
400 IM								7:55.00	6:53.00	6:36.00	7:25.00	6:23.50	6:18.00

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## 2006 Summer Can-Am Swimming Championships - Qualifying Time Standards - Women's Short Course Yards

	S1 SB1 SM1	S2 SB2 SM2	S3 SB3 SM3	S4 SB4 SM4	S5 SB5 SM5	S6 SB6 SM6	S7 SB7 SM7	S8 SB8 SM8	S9 SB9 SM9	S10 SM10	S11	S12	S13
50 Free	3:05.00	2:05.00	1:45.50	1:19.00	54:00	50.50	46.00	41.00	36.00	36.00	44.50	38.50	37.50
100 Free	6:40.00	4:09.50	3:47.00	2:49.00	2:02.00	1:53.00	1:37.50	1:30.50	1:19.50	1:19.50	1:45.00	1:22.50	1:21.50
200 Free	14:23.00	9:14.00	6:49.00	5:38.00	4:30.50								
500 Free						10:29.00	9:32.00	8:43.50	7:38.00	7:38.00	9:29.00	8:20.50	7:59.00
1650 Free							26:46.00	26:21.00	22:51.00	21:46.00	31:51.00	22:51.00	20:51.00
50 Back	3:02.00	2:27.50	1:42.50	1:24.50	1:11.00								
100 Back						2:08.00	1:55.50	1:48.50	1:34.00	1:34.00	2:08.00	1:45.00	1:39.50
200 Back						4:21.50	3:54.00	3:45.00	3:04.50	3:03.50	3:43.50	3:07.00	3:05.50
50 Breast	2:37.00	2:00.00	1:31.00										
100 Breast				3:00.00	2:43.50	2:36.00	2:19.00	1:48.50	1:48.50		2:13.50	2:02.00	2:02.00
200 Breast				6:32.00	5:09.00	4:57.50	4:33.00	3:27.00	3:27.00		3:58.00	3:40.00	3:34.50
50 Fly	3:22.00	2:11.00	1:55.50	1:52.50	1:41.50	1:01.00	54.00						
100 Fly								1:51.00	1:35.00	1:39.50	2:20.50	1:45.00	1:45.00
200 Fly								3:32.50	3:10.00	3:09.00	3:45.00	3:39.50	3:38.00
150 IM	9:03.00	7:24.00	6:34.00	4:53.00									
200 IM					5:22.00	4:49.00	4:15.50	3:42.00	3:24.00	3:24.00	4:32.50	3:42.00	3:30.50
400 IM								7:08.00	6:12.00	5:57.00	6:41.00	5:45.00	5:40.50

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