



AMENDED
GROUNDHOG INVITATIONAL
Area 3 A/BB/B/C Meet
Feb 5-6, 2005
SANCTION NO. VS-05-34

Hosted by
Hargrave Aquatics
&
Star City Aquatic
Team

SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-05-34
LOCATION:	Hargrave Military Academy's Onishi-Davenport Aquatic Center
FACILITY:	8 lanes 25 yard course, with 10 lanes continuous warm-up/warm down. Paddock non-turbulent lane lines. Colorado timing system in conjunction with hy-tek software.
MEET DIRECTOR:	Tim Wortman / Scott Bowser Phone: (434) 432-2681 200 Military drive Email: bowsers@hargrave.edu Chatham, VA 24531
ELIGIBILITY:	<ul style="list-style-type: none">• Open to all USA Swimming/VSI registered swimmers in Area 3. Teams in Area 3 are: BSF, CCA, CYAC, GATORS, HA, HMCH, LASO, LY, RATS, RSTC, SCAT, SMAC, SWAT, SVFY .• All swimmers participating in this meet must be registered by the first day of the meet.• No on deck registration will be permitted.• Age on Feb 5, 2005 (first day of the meet) will determine age for the entire meet.
FORMAT:	<ul style="list-style-type: none">• All 10 & Younger swimmers will swim on Saturday and Sunday afternoon.• All 11 & Older swimmers will swim on Saturday and Sunday morning.• All events will be timed finals.• Morning sessions: Warm-ups at 7:30am; competition starts at 8:45am.• Afternoon sessions: Warm-ups at 12:30pm; competition starts at 1:30pm.• Distance sessions: The pool will be opened for 15 minutes of open warm-ups immediately following the finish of the distance sessions, with the competition starting 5 minutes thereafter. The approximate start time for the distance sessions will be 8:45am on Sunday. Also will be emailed to the contact person of the participating clubs. The distance sessions will start no earlier than the estimated time.• Lane assignment and warm-up times for individual clubs will be posted on the Hargrave Aquatics website no later than Feb 2, 2005 and will also be emailed to the contact person of the participating clubs.• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS THURSDAY, JANUARY 27, 2005.</p> <ul style="list-style-type: none">• Entries must be submitted in Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.• Non-conforming times will be converted to short course yard times prior to seeding.• Coaches Times (CT) and No Times (NT) will be accepted for events in which a swimmer does not have a time of record. Coaches' times may not exceed a "B" time. All entry times other than Coaches Times must have been achieved in USA Swimming sanctioned or approved competition.• Swimmers may enter a maximum of 4 <i>individual events</i> and 1 <i>relay event</i> per day.• Relay teams must be designated A, B, C, etc., if more than one per club is entered per event.• Entries will be processed in the order received.• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding.• Email entries to: bowsers@hargrave.edu

	<ul style="list-style-type: none"> • Mail entries to: Scott Bowser 200 Military Drive Chatham, VA 24531 • IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.
FEES:	<p>Individual events: \$2.00 Relay events: \$8.00 Swimmer surcharge: \$2.00 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> • Checks should be made payable to: Star City Aquatic Team (SCAT). • Payment must be received by February 2, 2005 for email entries. Payment must be included with all mailed entries.
AWARDS:	<ul style="list-style-type: none"> • Individual events: Medals will be awarded for first through Third place and Ribbons for Fourth through Eighth place • 13 & Older events will be given separate awards for 13-14 and 15 & Over age groups. • 11 & Older events will be given separate awards for 11-12, 13-14, and 15 & Older age groups. • 10 & Younger events will be given separate awards for 9-10 and 8 & Younger age groups. • Relay events: Medals will be awarded for first through Third place.
SEEDING:	<ul style="list-style-type: none"> • All events, except events 49 and 50 will be pre-seeded. • Swimmers in the morning and afternoon sessions should report directly to the blocks for their events. • Events 49 and 50 will require a positive check-in to swim. • Positive check-in will close at 8:30am Sunday Morning. • SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT. • Events 49 and 50 will be swum fastest to slowest and alternating heats of girls and boys. • Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> • Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> • The 2005 USA Swimming Rules and Regulations will apply. • The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee. • In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: David Strider Email: dvs7e@virginia.edu Phone: (434) 973-4832</p> <ul style="list-style-type: none"> • Officials at all positions will be required for this meet. • Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Tim Wortman, Phone: (540) 314-3146 or Email: greenberet@att.net no later than February 1, 2005.
SAFETY:	<p>VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.</p>

TIMERS:	Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. The number of timers required per club and their lane assignments will be posted on the Hargrave Aquatics website no later than February 3, 2005, and will also be emailed to the contact person of each of the individual clubs.		
GENERAL:	<ul style="list-style-type: none"> • Swimmer / Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers / spectators. Smoking is prohibited on the Hargrave campus. Please help keep your area clean of waste. • Team Banners: Cables are strung on the wall above the bleachers. Please attach all banners to these cables. • Heat Sheets: will be sold for \$5.00. • Snack Bar: Concession will be available throughout the competition. • Swim Supplies: Provided by Swim Shop Ect. out of Roanoke VA • Hospitality for Coaches & Officials: Breakfast, lunch, and evening snacks will be provided 		
DIRECTIONS:	<ul style="list-style-type: none"> • From US 29 North: Take the first Chatham exit, Business US 29, and proceed through Chatham's business district. Turn left at Hargrave Blvd. Follow the left fork to the parking areas. • From US 29 South: Take the first Chatham exit, Business US 29. Take the first right after Old Dutch Supermarket, Hargrave Blvd. Follow the left fork to the parking areas. 		
HOTELS:	<table border="0" style="width: 100%;"> <tr> <td style="vertical-align: top;"> <ul style="list-style-type: none"> • Courtyard By Marriott 3020 Riverside Dr (434) 791-2661 • Innkeeper West 2136 Riverside Dr (434) 799-1202 </td> <td style="vertical-align: top;"> <ul style="list-style-type: none"> • Holiday Inn Express 2121 Riverside Dr (434) 793-4000 • Innkeeper North 1030 Piney Forest Rd (434) 793-1700 </td> </tr> </table>	<ul style="list-style-type: none"> • Courtyard By Marriott 3020 Riverside Dr (434) 791-2661 • Innkeeper West 2136 Riverside Dr (434) 799-1202 	<ul style="list-style-type: none"> • Holiday Inn Express 2121 Riverside Dr (434) 793-4000 • Innkeeper North 1030 Piney Forest Rd (434) 793-1700
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ORDER OF EVENTS
GROUNDHOG INVITATIONAL
A/BB/B/C Meet
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SANCTION NO. VS-05-34

SATURDAY

SUNDAY

Session 1: 7:30 AM Warm Up / 8:45 AM Start

Session 3: 7:30 AM Warm Up / 8:45 AM Start

Girls			Men		Girls			Men	
1	13 & Over	200 Free	2	53	11 & Over	1650 Free	54		
3	11-12	200 Free	4	55	13 & Over	100 Free	56		
5	13 & Over	100 Breast	6	57	11-12	100 Free	58		
7	11-12	50 Breast	8	59	11 & Over	200 Breast	60		
9	13 & Over	100 Fly	10	61	11-12	100 Breast	62		
11	11-12	100 Fly	12	63	13 & Over	100 Back	64		
13	11 & Over	200 Medley Relay	14	65	11-12	50 Back	66		
15	11 & Over	500 Free	16	67	11 & Over	200 Free Relay	68		
17	11-12	50 Free	18	69	11 & Over	400 IM	70		
19	11 & Over	200 Back	20	71	11-12	100 IM	72		
21	11-12	100 Back	22	73	11 & Over	200 Fly	74		
23	13 & Over	200 IM	24	75	11-12	50 Fly	76		
25	11-12	200 IM	26	77	13 & Over	50 Free	78		

Session 2: 12:30 Warm Up / 1:30 PM Start

Session 4: 12:30 PM Warm Up / 1:30 PM Start

Girls				Boys		Girls				Boys	
27	8 & Under	25 Free	28			79	9-10	100 Free	80		
29	10 & Under	200 IM	30			81	8 & Under	100 Free	82		
31	8 & Under	50 Free	32			83	8 & Under	25 Breast	84		
33	9-10	50 Free	34			85	9-10	100 Breast	86		
35	8 & Under	50 Breast	36			87	8 & Under	100 Breast	88		
37	9-10	50 Breast	38			89	9-10	50 Back	90		
39	10 & Under	200 Medley Relay	40			91	8 & Under	50 Back	92		
41	8 & Under	100 Back	42			93	10 & Under	200 Free Relay	94		
43	9-10	100 Back	44			95	8 & Under	25 Fly	96		
45	8 & Under	100 Fly	46			97	10 & Under	500 Free	98		
47	9-10	100 Fly	48			99	8 & Under	100 IM	100		
49	8 & Under	25 Back	50			101	9-10	100 IM	102		
51	10 & Under	200 Free	52			103	8 & Under	50 Fly	104		
						105	9-10	50 Fly	106		