



**American  
Red Cross**



Red Cross training saves lives.

# SAFETY TRAINING FOR SWIM COACHES

Convenient Blended Learning Format

**HOST: VIRGINIA SWIMMING**

**LOCATION:** Collegiate School Aquatic Center  
5050 Ridgedale Parkway, Richmond, VA 23235

**September 30, 2016**

- **TIME: 9:00-10:30 am CPR/AED for the PR Challenge**
  - 10:30-12:00 STSC (Pool Session)
- **PRICE: STSC \$19 (Pay when register online)**
  - CPR \$20 (Pay on class day)



## **CPR/AED for the Professional Rescuer Description:**

- This is a challenge course and not intended to teach the full 8 hour course in 1.5 hours.
- Participants are expected to know the material prior to attending.
- If the instructor does not feel that the participant could save a life, they will not certify the individual.
- Please review the material before the day of the class.



The online STSC class is available on the American Red Cross website and must be completed prior to the Pool Session. To register and receive online class information contact:

**Art Anthony**

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**(757) 450-2152**