

2007 Virginia Swimming Long Course
LSC Top 10
August 2008, Age at Meet

Women 15-18 50 Free

1	26.45 L	F	*I Perks, Caitlin L	18	QDD	-	VA 7/17/2008VA LC Senior Championships
2	26.54 L	F	*I Jones, Rebecca L	17	TIDE	-	VA 8/4/20082008 Speedo Junior National Champio
3	26.77 L	F	*I Hines, Lauren A	18	GATR	-	VA 7/17/2008VA LC Senior Championships
4	26.83 L	F	*I Bassett, Kate	15	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
5	26.96 L	F	*I Simmons, Caroline I	17	STAT	-	VA 7/17/2008VA LC Senior Championships
6	27.33 L	T	*I Titley, Allison	15	NOVA	-	VA 7/17/20082008 VA LC Senior Championship Time
7	27.87 L	F	*I Rudolph, Jackie	17	TIDE	-	VA 7/17/2008VA LC Senior Championships
8	27.90 L	P	*I Holmgaard, Kelsey L	17	CCA	-	VA 7/17/2008VA LC Senior Championships
9	27.94 L	F	*I White, Susanna	15	LY	-	VA 7/17/2008VA LC Senior Championships
10	28.05 L	F	*I Stephens, Carter	16	NOVA	-	VA 7/17/2008VA LC Senior Championships

Women 15-18 100 Free

1	56.34 L	F	*I Jones, Rebecca L	17	TIDE	-	VA 8/4/20082008 Speedo Junior National Champio
2	57.15 L	F	*I Perks, Caitlin L	18	QDD	-	VA 7/17/2008VA LC Senior Championships
3	58.25 L L	F	*I Titley, Allison	15	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
4	58.31 L	P	*I Naurath, Rachel	16	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
5	58.69 L	P	*I Hines, Lauren A	18	GATR	-	VA 8/4/20082008 Speedo Junior National Champio
6	59.00 L	F	*I Simmons, Caroline I	17	STAT	-	VA 7/17/2008VA LC Senior Championships
7	59.33 L	T	*I Haulsee, Alison	15	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
8	59.63 L	P	*I Bassett, Kate	15	NOVA	-	VA 6/5/20082008 NC Charlotte UltraSwim
9	59.71 L	P	*I Holmgaard, Kelsey L	17	CCA	-	VA 7/17/2008VA LC Senior Championships
10	59.83 L	F	*I Stephens, Carter	16	NOVA	-	VA 7/17/2008VA LC Senior Championships

Women 15-18 200 Free

1	2:00.61 L	F	*I Jones, Rebecca L	17	TIDE	-	VA 8/4/20082008 Speedo Junior National Champio
2	2:03.59 L	P	*I Naurath, Rachel	16	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
3	2:04.48 L	F	*I Perks, Caitlin L	18	QDD	-	VA 7/17/2008VA LC Senior Championships
4	2:06.41 L	P	*I Schroeder, Katie	16	PSDN	-	VA 8/4/20082008 Speedo Junior National Champio
5	2:06.52 L	P	*I Haulsee, Alison	15	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
6	2:06.75 L	F	*I Horn, Ali	15	GATR	-	VA 7/17/2008VA LC Senior Championships
7	2:06.76 L L	F	*I Titley, Allison	15	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
8	2:06.92 L	F	*I Hines, Lauren A	18	GATR	-	VA 7/17/2008VA LC Senior Championships
9	2:07.64 L	P	*I Brown, Alaina	15	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
10	2:08.61 L	P	*I Nunn, Abigail E	18	NOVA	-	VA 7/17/2008VA LC Senior Championships

Women 15-18 400 Free

1	4:16.03 L	P	*I Naurath, Rachel	16	NOVA	-	VA 6/29/20082008 U.S. Olympic Team Trials - Swi
2	4:23.36 L	P	*I Jones, Rebecca L	17	TIDE	-	VA 8/4/20082008 Speedo Junior National Champio
3	4:24.08 L	P	*I Schroeder, Katie	16	PSDN	-	VA 8/4/20082008 Speedo Junior National Champio
4	4:26.08 L	T	*I Brown, Alaina	15	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
5	4:26.43 L	F	*I Perks, Caitlin L	18	QDD	-	VA 7/17/2008VA LC Senior Championships
6	4:28.33 L	P	*I Nunn, Abigail E	18	NOVA	-	VA 6/5/20082008 NC Charlotte UltraSwim
7	4:28.42 L	F	*I Horn, Ali	15	GATR	-	VA 7/17/2008VA LC Senior Championships
8	4:29.57 L	F	*I Rudolph, Jackie	17	TIDE	-	VA 7/17/2008VA LC Senior Championships
9	4:30.19 L	P	*I Zimmerman, Kelsey	17	NOVA	-	VA 6/5/20082008 NC Charlotte UltraSwim
10	4:31.11 L	P	*I Haulsee, Alison	15	NOVA	-	VA 7/17/2008VA LC Senior Championships

Women 15-18 800 Free

1	8:46.22 L	F	*I Naurath, Rachel	16	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
2	8:58.10 L	F	*I Schroeder, Katie	16	PSDN	-	VA 8/4/20082008 Speedo Junior National Champio
3	9:07.33 L	F	*I Jones, Rebecca L	17	TIDE	-	VA 7/17/2008VA LC Senior Championships
4	9:14.14 L	F	*I Morris, Kasey	16	TAC	-	VA 7/17/2008VA LC Senior Championships
5	9:14.61 L	F	*I Horn, Ali	15	GATR	-	VA 7/17/2008VA LC Senior Championships
6	9:18.69 L	F	*I Nunn, Abigail E	18	NOVA	-	VA 7/17/2008VA LC Senior Championships
7	9:18.74 L	F	*I Zimmerman, Kelsey	17	NOVA	-	VA 6/5/20082008 NC Charlotte UltraSwim
8	9:19.03 L	F	*I Rudolph, Jackie	17	TIDE	-	VA 7/17/2008VA LC Senior Championships
9	9:20.18 L	F	*I Gray, Lauren E	15	GATR	-	VA 7/17/2008VA LC Senior Championships
10	9:22.75 L	F	*I Bartholomew, Erin K	17	PSDN	-	VA 6/5/20082008 NC Charlotte UltraSwim

Women 15-18 1500 Free

1	16:47.78 L	F	*I Naurath, Rachel	16	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
2	17:15.48 L	F	*I Schroeder, Katie	16	PSDN	-	VA 8/4/20082008 Speedo Junior National Champio
3	17:30.97 L	F	*I Nunn, Abigail E	18	NOVA	-	VA 6/5/20082008 NC Charlotte UltraSwim
4	17:39.65 L	F	*I Morris, Kasey	16	TAC	-	VA 7/17/2008VA LC Senior Championships
5	17:40.61 L	F	*I Gray, Lauren E	15	GATR	-	VA 7/17/2008VA LC Senior Championships
6	17:47.22 L	F	*I Haulsee, Alison	15	NOVA	-	VA 7/17/2008VA LC Senior Championships
7	17:48.17 L	F	*I Mesner, Victoria K	16	GATR	-	VA 7/17/2008VA LC Senior Championships
8	17:53.57 L	F	*I Rudolph, Jackie	17	TIDE	-	VA 7/17/2008VA LC Senior Championships
9	18:05.46 L	F	Justis, Susan M	15	VA	-	VA 8/6/20082008 Eastern Zone LC Championships
10	18:07.85 L	F	Boyle, Casie N	15	QDD	-	VA 7/17/2008VA LC Senior Championships

Women 15-18 100 Back

1	1:04.25 L	P	*I Golden, Kallie	15	PSDN	-	VA 6/29/20082008 U.S. Olympic Team Trials - Swi
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**2007 Virginia Swimming Long Course
LSC Top 10
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2	1:06.03	L L	F	*I Hartmann, Caroline K	18	CGBD	-	VA 7/17/2008VA LC Senior Championships
3	1:06.48	L	F	*I Morris, Kasey	16	TAC	-	VA 6/13/20082008 NC WAVE Capital City Invitationa
4	1:07.21	L	F	*I Hines, Lauren A	18	GATR	-	VA 7/17/2008VA LC Senior Championships
5	1:07.42	L	P	*I Brown, Alaina	15	NOVA	-	VA 7/17/2008VA LC Senior Championships
6	1:08.28	L	P	*I Worrell, Elisa	15	NOVA	-	VA 7/17/2008VA LC Senior Championships
7	1:08.44	L	F	Saunders, Christa Ann	15	UBASS	-	VA 7/17/2008VA LC Senior Championships
8	1:08.65	L L	F	*I Rudolph, Jackie	17	TIDE	-	VA 7/17/2008VA LC Senior Championships
9	1:09.08	L	F	*I White, Sarah R	15	ODAC	-	VA 7/17/2008VA LC Senior Championships
10	1:09.15	L	P	*I Harrison, Caitlyn M	17	QDD	-	VA 7/17/2008VA LC Senior Championships

Women 15-18 200 Back

1	2:16.91	L	F	*I Golden, Kallie	15	PSDN	-	VA 8/4/20082008 Speedo Junior National Champio
2	2:21.50	L	P	*I Brown, Alaina	15	NOVA	-	VA 7/17/2008VA LC Senior Championships
3	2:22.63	L	P	*I Worrell, Elisa	15	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
4	2:23.11	L	P	*I Hartmann, Caroline K	18	CGBD	-	VA 6/5/20082008 NC Charlotte UltraSwim
5	2:24.95	L	F	*I Schroeder, Katie	16	PSDN	-	VA 7/17/2008VA LC Senior Championships
6	2:24.98	L	F	Justis, Susan M	15	VA	-	VA 8/6/20082008 Eastern Zone LC Championships
7	2:25.74	L	P	*I Morris, Kasey	16	TAC	-	VA 7/17/2008VA LC Senior Championships
8	2:27.50	L	P	*I Hines, Lauren A	18	GATR	-	VA 7/17/2008VA LC Senior Championships
9	2:27.62	L	P	*I Haulsee, Alison	15	NOVA	-	VA 6/5/20082008 NC Charlotte UltraSwim
10	2:28.18	L	F	*I Holland, Samm	18	PSDN	-	VA 7/17/2008VA LC Senior Championships

Women 15-18 100 Breast

1	1:14.29	L	F	*I Rainer, Rebecca L	15	NOVA	-	VA 7/17/2008VA LC Senior Championships
2	1:14.79	L	F	*I Sink, Keri L	17	GATR	-	VA 7/17/2008VA LC Senior Championships
3	1:14.87	L	F	*I Bassett, Kate	15	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
4	1:15.48	L	F	Livingston, April M	16	QDD	-	VA 7/17/2008VA LC Senior Championships
5	1:15.62	L	F	Larsen, Elizabeth	15	VA	-	VA 8/6/20082008 Eastern Zone LC Championships
6	1:16.03	L	P	*I Randall, Shelby M	17	PSDN	-	VA 7/17/2008VA LC Senior Championships
7	1:17.01	L	P	*I Holland, Samm	18	PSDN	-	VA 7/17/2008VA LC Senior Championships
8	1:17.09	L	P	*I Holmgaard, Kelsey L	17	CCA	-	VA 7/17/2008VA LC Senior Championships
9	1:18.11	L	F	Drummond, Meredith M	15	PSDN	-	VA 7/17/2008VA LC Senior Championships
10	1:18.26	L	F	Goforth, Sara C	15	HOKI	-	VA 7/17/2008VA LC Senior Championships

Women 15-18 200 Breast

1	2:36.70	L	F	*I Rainer, Rebecca L	15	NOVA	-	VA 7/17/2008VA LC Senior Championships
2	2:40.99	L	P	*I Sink, Keri L	17	GATR	-	VA 7/17/2008VA LC Senior Championships
3	2:42.73	L	F	Larsen, Elizabeth	15	VA	-	VA 8/6/20082008 Eastern Zone LC Championships
4	2:45.07	L	F	Livingston, April M	16	QDD	-	VA 7/17/2008VA LC Senior Championships
5	2:45.59	L	F	McGeath, Miriam E	17	GATR	-	VA 7/17/2008VA LC Senior Championships
6	2:47.44	L	F	Drummond, Meredith M	15	PSDN	-	VA 7/17/2008VA LC Senior Championships
7	2:47.46	L	F	*I Endsley, Robyn L	15	PSDN	-	VA 7/17/2008VA LC Senior Championships
8	2:47.56	L	P	*I Nunn, Abigail E	18	NOVA	-	VA 6/5/20082008 NC Charlotte UltraSwim
9	2:47.66	L	F	Goforth, Sara C	15	UN-4	-	VA 6/13/20082008 NC WAVE Capital City Invitationa
10	2:47.82	L	P	*I Randall, Shelby M	17	PSDN	-	VA 7/17/2008VA LC Senior Championships

Women 15-18 100 Fly

1	1:03.35	L	F	*I Horn, Ali	15	GATR	-	VA 7/17/2008VA LC Senior Championships
2	1:03.75	L	P	*I Stephens, Carter	16	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
3	1:04.24	L	P	*I Naurath, Rachel	16	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
4	1:04.28	L	P	*I Titley, Allison	15	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
5	1:04.65	L	F	*I Perks, Caitlin L	18	QDD	-	VA 7/17/2008VA LC Senior Championships
6	1:05.44	L	P	*I Haulsee, Alison	15	NOVA	-	VA 6/5/20082008 NC Charlotte UltraSwim
7	1:05.82	L	P	*I Obeck, Brooke A	15	NOVA	-	VA 7/17/2008VA LC Senior Championships
8	1:06.30	L	P	*I Mesner, Victoria K	16	GATR	-	VA 7/17/2008VA LC Senior Championships
9	1:06.40	L	T	*I Dula, Teresa	15	NOVA	-	VA 7/17/20082008 VA LC Senior Championship Time
10	1:06.49	L	P	*I Bayer, Meredith M	15	NOVA	-	VA 7/17/2008VA LC Senior Championships

Women 15-18 200 Fly

1	2:15.60	L	P	*I Naurath, Rachel	16	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
2	2:18.38	L	P	*I Haulsee, Alison	15	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
3	2:19.29	L	F	*I Horn, Ali	15	GATR	-	VA 7/17/2008VA LC Senior Championships
4	2:19.80	L	P	*I Stephens, Carter	16	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
5	2:19.96	L	T	*I Obeck, Brooke A	15	NOVA	-	VA 7/17/20082008 VA LC Senior Championship Time
6	2:20.71	L	P	*I Nunn, Abigail E	18	NOVA	-	VA 6/5/20082008 NC Charlotte UltraSwim
7	2:21.34	L	F	*I Rainer, Rebecca L	15	NOVA	-	VA 7/17/2008VA LC Senior Championships
8	2:22.02	L	P	*I Titley, Allison	15	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
9	2:22.83	L	P	*I Worrell, Elisa	15	NOVA	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on
10	2:23.10	L	F	*I Mesner, Victoria K	16	GATR	-	VA 7/17/2008VA LC Senior Championships

Women 15-18 200 IM

1	2:21.95	L	P	*I Rainer, Rebecca L	15	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
2	2:23.85	L	P	*I Naurath, Rachel	16	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
3	2:24.55	L	F	*I Horn, Ali	15	GATR	-	VA 7/17/2008VA LC Senior Championships

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LSC Top 10
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4	2:24.73 L	P	*I Nunn, Abigail E	18	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
5	2:25.20 L	F	*I Holland, Samm	18	PSDN	-	VA 7/17/2008VA LC Senior Championships
6	2:25.68 L	P	*I Sink, Keri L	17	GATR	-	VA 7/17/2008VA LC Senior Championships
7	2:26.19 L	F	*I Perks, Caitlin L	18	QDD	-	VA 7/17/2008VA LC Senior Championships
8	2:26.38 L	P	*I Worrell, Elisa	15	NOVA	-	VA 6/5/20082008 NC Charlotte UltraSwim
9	2:26.88 L	P	*I Brown, Alaina	15	NOVA	-	VA 7/17/2008VA LC Senior Championships
10	2:27.06 L	F	*I Sweeney, Casey	17	NOVA	-	VA 7/17/2008VA LC Senior Championships
Women 15-18 400 IM							
1	4:55.33 L	F	*I Naurath, Rachel	16	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
2	4:57.04 L	F	*I Rainer, Rebecca L	15	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
3	5:02.97 L	P	*I Nunn, Abigail E	18	NOVA	-	VA 7/17/2008VA LC Senior Championships
4	5:05.61 L	P	*I Worrell, Elisa	15	NOVA	-	VA 8/4/20082008 Speedo Junior National Champio
5	5:05.70 L	P	*I Sink, Keri L	17	GATR	-	VA 7/17/2008VA LC Senior Championships
6	5:06.08 L	P	*I Holland, Samm	18	PSDN	-	VA 7/17/2008VA LC Senior Championships
7	5:06.49 L	T	*I Horn, Ali	15	GATR	-	VA 8/4/20082008 Speedo Junior National Champio
8	5:07.09 L	F	*I Schroeder, Katie	16	PSDN	-	VA 7/17/2008VA LC Senior Championships
9	5:08.45 L	F	*I Haulsee, Alison	15	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
10	5:09.63 L	F	*I Titley, Allison	15	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial