

2007 Virginia Swimming Long Course
LSC Top 10
July 2007, Age Up Date = 8/31/2007

Women 13-14 50 Free

1	27.59 L	F	*I Ward, Colleen	14	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
2	27.92 L	F	Jones, Kaitlin	13	SQST	- VA	7/19/2007	2007 LC Age Group Championships
3	27.94 L	P	*I White, Sarah	14	ODAC	- VA	7/19/2007	2007 LC Age Group Championships
4	28.34 L	F	Bishop, Gabrielle	13	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
5	28.45 L	F	*I Titley, Allison	14	NOVA	- VA	6/15/2007	Edwin C. Cuttino Memorial Long Cour
6	28.49 L	F	*I Horn, Ali	14	CCA	- VA	5/18/2007	Josh Weaver Memorial Meet on the Hi
7	28.53 L	F	*I White, Susanna	14	LY	- VA	7/6/2007	Firecracker Invitational
8	28.56 L	F	Rich, Kimberly	14	TIDE	- VA	7/19/2007	2007 LC Age Group Championships
9	28.57 L	F	*I Snidow, Lindsay	13	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
10	28.58 L	F	*I Johnson, Morgan	13	VA	- VA	8/9/2006	Eastern Zone Age Group Long Cours

Women 13-14 100 Free

1	59.90 L	P	*I White, Susanna	14	LY	- VA	7/26/2007	2007 VA LC Senior Championships
2	1:00.05 L	F	*I Titley, Allison	14	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
3	1:00.42 L	F	*I Phillips, Julianne	14	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
4	1:00.82 L	F	Boyle, Casie	14	QDD	- VA	7/26/2007	2007 VA LC Senior Championships
5	1:01.06 L	F	*I Ward, Colleen	14	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
6	1:01.10 L	P	Jones, Kaitlin	13	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
7	1:01.44 L L	F	*I Brown, Alaina	14	VA	- VA	8/9/2006	Eastern Zone Age Group Long Cours
8	1:01.83 L	P	Haulsee, Alison	14	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
9	1:01.85 L L	F	Nunn, Emma	13	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
10	1:02.02 L L	F	Roseberry, Natalee	13	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours

Women 13-14 200 Free

1	2:10.03 L	F	Jones, Kaitlin	13	SQST	- VA	7/19/2007	2007 LC Age Group Championships
2	2:10.53 L	F	*I Brown, Alaina	14	VA	- VA	8/9/2006	Eastern Zone Age Group Long Cours
3	2:10.68 L	P	Nunn, Emma	13	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
4	2:11.57 L	F	Boyle, Casie	14	QDD	- VA	7/26/2007	2007 VA LC Senior Championships
5	2:11.77 L	F	*I Johnson, Morgan	13	VA	- VA	8/9/2006	Eastern Zone Age Group Long Cours
6	2:11.92 L	F	*I Horn, Ali	14	CCA	- VA	7/19/2007	2007 LC Age Group Championships
7	2:12.13 L	F	*I Worrell, Elisa	14	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
8	2:12.20 L	F	Haulsee, Alison	14	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
9	2:12.69 L	P	*I Phillips, Julianne	14	CGBD	- VA	6/7/2007	2007 NC Charlotte UltraSwim
10	2:13.06 L	F	*I Titley, Allison	14	NOVA	- VA	7/19/2007	2007 LC Age Group Championships

Women 13-14 400 Free

1	4:33.98 L	F	Nunn, Emma	13	NOVA	- VA	7/26/2007	2007 VA LC Senior Championships
2	4:34.17 L	F	Jones, Kaitlin	13	SQST	- VA	7/19/2007	2007 LC Age Group Championships
3	4:34.40 L	F	*I Brown, Alaina	14	VA	- VA	8/9/2006	Eastern Zone Age Group Long Cours
4	4:36.07 L	P	*I Horn, Ali	14	CCA	- VA	7/19/2007	2007 LC Age Group Championships
5	4:37.04 L	F	Boyle, Casie	14	QDD	- VA	7/26/2007	2007 VA LC Senior Championships
6	4:37.93 L	F	Justis, Susan	14	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
7	4:38.56 L	F	*I Worrell, Elisa	14	NOVA	- VA	5/5/2007	7th Annual Jeff Rouse Open Invitation
8	4:39.94 L	P	*I Rainer, Rebecca	14	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
9	4:41.48 L	F	*I Phillips, Julianne	14	CGBD	- VA	6/28/2007	Speedo Summer Classic LC Invitation
10	4:42.35 L	F	Obeck, Brooke	14	NOVA	- VA	6/15/2007	Edwin C. Cuttino Memorial Long Cour

Women 13-14 800 Free

1	9:23.39 L	F	Nunn, Emma	13	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
2	9:24.39 L	F	Jones, Kaitlin	13	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
3	9:25.39 L	F	*I Brown, Alaina	14	VA	- VA	8/9/2006	Eastern Zone Age Group Long Cours
4	9:25.63 L	F	*I Rainer, Rebecca	14	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
5	9:31.69 L	F	*I Horn, Ali	14	CCA	- VA	7/19/2007	2007 LC Age Group Championships
6	9:34.77 L	F	Haulsee, Alison	14	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
7	9:37.58 L	F	*I Worrell, Elisa	14	NOVA	- VA	6/15/2007	Edwin C. Cuttino Memorial Long Cour
8	9:38.66 L	F	*I Snidow, Lindsay	13	NOVA	- VA	6/15/2007	Edwin C. Cuttino Memorial Long Cour
9	9:42.89 L	F	*I Gray, Lauren	14	GATR	- VA	7/19/2007	2007 LC Age Group Championships
10	9:43.18 L	F	Iverson, Kayla	13	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours

Women 13-14 1500 Free

1	18:01.52 L	F	Boyle, Casie	14	QDD	- VA	7/26/2007	2007 VA LC Senior Championships
2	18:06.95 L	F	Jones, Kaitlin	13	SQST	- VA	7/19/2007	2007 LC Age Group Championships
3	18:15.78 L	F	Haulsee, Alison	14	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
4	18:20.96 L	F	*I Horn, Ali	14	CCA	- VA	7/19/2007	2007 LC Age Group Championships
5	18:27.88 L	F	Justis, Susan	14	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
6	18:28.10 L	F	*I Snidow, Lindsay	13	NOVA	- VA	7/26/2007	2007 VA LC Senior Championships
7	18:34.10 L	F	O'Donnell, Catherine	14	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
8	18:38.20 L	F	Iverson, Kayla	13	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
9	18:46.71 L	F	*I Gray, Lauren	14	GATR	- VA	7/19/2007	2007 LC Age Group Championships
10	18:53.63 L	F	Spicher, Rebecca	14	ODAC	- VA	7/19/2007	2007 LC Age Group Championships

Women 13-14 100 Back

1	1:06.70 L	P	*I Golden, Kallie	14	VACS	- VA	8/6/2007	2007 Speedo Junior National Champio
2	1:07.47 L L	F	*I Worrell, Elisa	14	NOVA	- VA	8/6/2007	2007 Speedo Junior National Champio

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3	1:07.74	L	P	*I Chronister, Emma	14	BASS	- VA	7/19/2007	2007 LC Age Group Championships
4	1:09.17	L	F	*I White, Sarah	14	ODAC	- VA	7/26/2007	2007 VA LC Senior Championships
5	1:09.46	L	F	Elliott, Jennifer	14	VA	- VA	8/9/2006	Eastern Zone Age Group Long Cours
6	1:09.74	L	F	*I Phillips, Julianne	14	VA	- VA	8/9/2006	Eastern Zone Age Group Long Cours
7	1:09.76	L	F	*I Snidow, Lindsay	13	NOVA	- VA	6/15/2007	Edwin C. Cuttino Memorial Long Cour
8	1:09.83	L	F	Saunders, Christa Ann	14	BASS	- VA	7/19/2007	2007 LC Age Group Championships
9	1:10.08	L	F	Johnson, Heather	14	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
10	1:10.44	L	F	*I Ward, Colleen	14	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
Women 13-14 200 Back									
1	2:22.62	L	T	*I Worrell, Elisa	14	NOVA	- VA	8/6/2007	2007 Speedo Junior National Champio
2	2:24.61	L	F	*I Golden, Kallie	14	VACS	- VA	7/19/2007	2007 LC Age Group Championships
3	2:25.27	L	P	Worrell, Elisa	14	NOVA	- VA	3/27/2007	2007 USA Swimming Spring Champio
4	2:26.81	L	F	*I Brown, Alaina	14	NOVA	- VA	7/26/2007	2007 VA LC Senior Championships
5	2:28.00	L	F	*I Phillips, Julianne	14	VA	- VA	8/9/2006	Eastern Zone Age Group Long Cours
6	2:28.11	L	F	Justis, Susan	14	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
7	2:31.15	L	P	Elliott, Jennifer	14	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
8	2:31.16	L	F	*I Snidow, Lindsay	13	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
9	2:31.21	L	P	Carner, Amanda	13	CGBD	- VA	5/18/2007	Josh Weaver Memorial Meet on the Hi
10	2:31.39	L	P	*I Chronister, Emma	14	BASS	- VA	7/19/2007	2007 LC Age Group Championships
Women 13-14 100 Breast									
1	1:15.23	L	F	*I Rainer, Rebecca	14	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
2	1:16.03	L	F	*I White, Susanna	14	LY	- VA	7/26/2007	2007 VA LC Senior Championships
3	1:17.97	L	F	Young, Katie	13	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
4	1:18.48	L	F	*I Larsen, Elizabeth	14	SQST	- VA	7/26/2007	2007 VA LC Senior Championships
5	1:18.73	L	F	Boyer, Kindyl	14	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
6	1:18.88	L	F	Goforth, Sara	14	SWAT	- VA	7/19/2007	2007 LC Age Group Championships
7	1:19.28	L	F	Ross, Olivia	13	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
8	1:20.54	L	F	*I Johnson, Morgan	13	VA	- VA	8/9/2006	Eastern Zone Age Group Long Cours
9	1:20.60	L	F	Martin, Natalie	13	QDD	- VA	7/19/2007	2007 LC Age Group Championships
10	1:20.72	L	P	*I Campbell, Katie	13	CCA	- VA	7/19/2007	2007 LC Age Group Championships
Women 13-14 200 Breast									
1	2:39.79	L	T	*I Rainer, Rebecca	14	NOVA	- VA	8/6/2007	2007 Speedo Junior National Champio
2	2:46.35	L	F	*I White, Susanna	14	LY	- VA	7/26/2007	2007 VA LC Senior Championships
3	2:47.17	L	F	Boyer, Kindyl	14	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
4	2:48.10	L	F	Young, Katie	13	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
5	2:48.46	L	F	*I Larsen, Elizabeth	14	SQST	- VA	7/19/2007	2007 LC Age Group Championships
6	2:50.39	L	F	Goforth, Sara	14	SWAT	- VA	7/19/2007	2007 LC Age Group Championships
7	2:51.78	L	P	*I Campbell, Katie	13	CCA	- VA	7/19/2007	2007 LC Age Group Championships
8	2:52.08	L	F	Ross, Olivia	13	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
9	2:52.18	L	P	Martin, Natalie	13	QDD	- VA	7/19/2007	2007 LC Age Group Championships
10	2:53.19	L	F	Carner, Amanda	13	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
Women 13-14 100 Fly									
1	1:06.41	L	F	*I White, Sarah	14	ODAC	- VA	7/26/2007	2007 VA LC Senior Championships
2	1:06.53	L	F	Nunn, Emma	13	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
3	1:07.43	L	F	*I Horn, Ali	14	CCA	- VA	5/18/2007	Josh Weaver Memorial Meet on the Hi
4	1:08.00	L	F	*I LaVay, Emily	14	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
5	1:08.06	L	F	Dula, Teresa	14	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
6	1:08.26	L	F	*I Titley, Allison	14	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
7	1:08.29	L	P	Iverson, Kayla	13	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
8	1:08.64	L	P	*I Brown, Alaina	14	NOVA	- VA	7/26/2007	2007 VA LC Senior Championships
9	1:08.68	L	P	*I Worrell, Elisa	14	NOVA	- VA	7/26/2007	2007 VA LC Senior Championships
10	1:08.98	L	F	*I Ward, Colleen	14	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
Women 13-14 200 Fly									
1	2:20.68	L	P	Nunn, Emma	13	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
2	2:25.18	L	F	*I Worrell, Elisa	14	NOVA	- VA	6/15/2007	Edwin C. Cuttino Memorial Long Cour
3	2:25.25	L	F	Iverson, Kayla	13	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
4	2:26.23	L	P	*I Horn, Ali	14	CCA	- VA	7/26/2007	2007 VA LC Senior Championships
5	2:28.33	L	F	*I Brown, Alaina	14	NOVA	- VA	7/26/2007	2007 VA LC Senior Championships
6	2:28.47	L	F	*I Phillips, Julianne	14	CGBD	- VA	5/11/2007	Tide Spring Challenge 2007
7	2:29.63	L	P	*I Rainer, Rebecca	14	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
8	2:30.52	L	P	Elliott, Jennifer	14	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
9	2:30.71	L	F	*I Gray, Lauren	14	GATR	- VA	7/19/2007	2007 LC Age Group Championships
10	2:31.21	L	F	Dula, Teresa	14	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
Women 13-14 200 IM									
1	2:24.82	L	F	*I Rainer, Rebecca	14	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
2	2:28.51	L	P	Nunn, Emma	13	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
3	2:29.07	L	P	*I White, Susanna	14	LY	- VA	7/26/2007	2007 VA LC Senior Championships
4	2:29.25	L	F	*I LaVay, Emily	14	CGBD	- VA	6/28/2007	Speedo Summer Classic LC Invitation
5	2:29.66	L	F	*I Worrell, Elisa	14	NOVA	- VA	5/18/2007	Josh Weaver Memorial Meet on the Hi
6	2:30.58	L	P	Carner, Amanda	13	CGBD	- VA	5/18/2007	Josh Weaver Memorial Meet on the Hi

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7	2:30.76 L	F	*I Brown, Alaina	14	VA	- VA	8/9/2006	Eastern Zone Age Group Long Cours
8	2:31.47 L	F	Justis, Susan	14	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
9	2:32.24 L	F	*I Horn, Ali	14	CCA	- VA	5/18/2007	Josh Weaver Memorial Meet on the Hi
10	2:32.53 L	F	*I Johnson, Morgan	13	VA	- VA	8/9/2006	Eastern Zone Age Group Long Cours
Women 13-14 400 IM								
1	5:06.15 L	F	Nunn, Emma	13	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
2	5:06.22 L	P	*I Rainer, Rebecca	14	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
3	5:12.34 L	F	*I Worrell, Elisa	14	NOVA	- VA	6/15/2007	Edwin C. Cuttino Memorial Long Cour
4	5:14.11 L	P	*I White, Susanna	14	LY	- VA	7/26/2007	2007 VA LC Senior Championships
5	5:15.56 L	F	*I Horn, Ali	14	CCA	- VA	7/26/2007	2007 VA LC Senior Championships
6	5:16.02 L	P	Carner, Amanda	13	CGBD	- VA	5/18/2007	Josh Weaver Memorial Meet on the Hi
7	5:16.19 L	F	Justis, Susan	14	PSDN	- VA	7/26/2007	2007 VA LC Senior Championships
8	5:16.27 L	P	*I Brown, Alaina	14	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
9	5:18.98 L	F	Jones, Kaitlin	13	SQST	- VA	7/26/2007	2007 VA LC Senior Championships
10	5:19.23 L	F	Dula, Teresa	14	NOVA	- VA	7/26/2007	2007 VA LC Senior Championships