

2007 Virginia Swimming Long Course
LSC Top 10
July 2007, Age Up Date = 8/31/2007

Women 11-12 50 Free

1	27.76 L	P	*I Chromik, Caroline	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
2	28.83 L	F	Smith, Haley	12	UTAC	- VA	7/19/2007	2007 LC Age Group Championships
3	28.90 L	F	Buscaglia, Caroline	12	SQST	- VA	7/19/2007	2007 LC Age Group Championships
4	29.25 L	F	Loud, Shannon	12	ODAC	- VA	7/19/2007	2007 LC Age Group Championships
5	29.35 L	P	Hague, Taylor	12	SQST	- VA	7/19/2007	2007 LC Age Group Championships
6	29.61 L	P	Kelly, Kate	12	QDD	- VA	7/19/2007	2007 LC Age Group Championships
7	29.71 L	P	Tompkins, Kendall	12	TIDE	- VA	7/19/2007	2007 LC Age Group Championships
8*	29.72 L	P	White, Kaitlyn	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
8*	29.72 L	F	Carnes, Blair	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
10	29.74 L	P	Brumbaum, Kayla	12	URPST	- VA	7/19/2007	2007 LC Age Group Championships

Women 11-12 100 Free

1	1:03.01 L	P	Gray, Nicole	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
2	1:03.04 L	F	Buscaglia, Caroline	12	SQST	- VA	7/19/2007	2007 LC Age Group Championships
3	1:03.87 L	F	Smith, Haley	12	UTAC	- VA	7/19/2007	2007 LC Age Group Championships
4	1:03.91 L	F	Sweeney, Maggie	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
5	1:03.93 L	F	*I Chromik, Caroline	12	CGBD	- VA	7/6/2007	GSA 52 Annual Eastern Invitational
6	1:03.94 L L	F	Warhol, MaryElizabeth	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
7	1:04.43 L L	F	Summa, Athena	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
8	1:05.53 L	F	Loud, Shannon	12	ODAC	- VA	7/19/2007	2007 LC Age Group Championships
9	1:05.80 L	P	Maltby, Elizabeth	12	PSDN	- VA	6/22/2007	4th Annual YSSC Firecracker Invitatio
10	1:05.87 L	F	Kelly, Kate	12	QDD	- VA	7/19/2007	2007 LC Age Group Championships

Women 11-12 200 Free

1	2:15.72 L	F	Smith, Haley	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
2	2:15.73 L	F	Gray, Nicole	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
3	2:18.09 L	P	Sweeney, Maggie	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
4	2:18.47 L	F	Buscaglia, Caroline	12	SQST	- VA	7/19/2007	2007 LC Age Group Championships
5	2:21.58 L	P	Warhol, MaryElizabeth	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
6	2:21.80 L	F	Summa, Athena	12	CGBD	- VA	5/18/2007	Josh Weaver Memorial Meet on the Hi
7	2:22.39 L	F	Carnes, Blair	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
8	2:22.58 L	F	Hall, Bailey	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
9	2:22.90 L	P	Egress, Emily	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
10	2:23.94 L	F	Loud, Shannon	12	ODAC	- VA	7/19/2007	2007 LC Age Group Championships

Women 11-12 400 Free

1	4:43.90 L	F	Gray, Nicole	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
2	4:49.47 L	F	Sweeney, Maggie	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
3	4:49.56 L	F	Hall, Bailey	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
4	4:49.73 L	F	Smith, Haley	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
5	4:54.78 L	F	Summa, Athena	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
6	4:57.43 L	F	Warhol, MaryElizabeth	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
7	4:58.56 L	F	Areson, Christine	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
8	5:02.24 L	F	Maltby, Elizabeth	12	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
9	5:02.78 L	F	Egress, Emily	12	TIDE	- VA	7/19/2007	2007 LC Age Group Championships
10	5:05.00 L	F	Loud, Shannon	12	ODAC	- VA	7/19/2007	2007 LC Age Group Championships

Women 11-12 800 Free

1	11:02.25 L	F	Little, Grace	12	WAC	- VA	4/27/2007	NAAC Carol Chidester Memorial Long
2	11:29.15 L	F	Page, Lindsey	11	UN-US	- VA	7/6/2007	Firecracker Invitational
3	11:34.38 L	F	Tomlin, Melissa	12	VACS	- VA	7/6/2007	Firecracker Invitational
4	11:53.23 L	F	Favor, Casey	12	UN-US	- VA	7/6/2007	Firecracker Invitational

Women 11-12 1500 Free

1	19:39.20 L	F	Smith, Haley	12	UNAT 6/2/2007TIDE	June Mile Meet		
2	20:57.36 L	F	Egress, Emily	12	TIDE	- VA	6/24/2007	Commonwealth Games 2007 Part 2
3	21:43.21 L	F	Little, Grace	12	WAC	- VA	6/22/2007	Commonwealth Games 2007 Part 1
4	22:30.59 L	F	Favor, Casey	12	USUN	- VA	6/2/2007	TIDE June Mile Meet
5	23:04.83 L	F	Page, Lindsey	11	USUN	- VA	6/2/2007	TIDE June Mile Meet
6	23:19.86 L	F	Sweeney, Katie	12	VACS	- VA	6/22/2007	Commonwealth Games 2007 Part 1
7	24:10.85 L	F	Polk, Kendall	11	TIDE	- VA	6/24/2007	Commonwealth Games 2007 Part 2

Women 11-12 50 Back

1	32.93 L	F	*I Chromik, Caroline	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
2	33.37 L	P	Buscaglia, Caroline	12	SQST	- VA	7/19/2007	2007 LC Age Group Championships
3	33.58 L	F	Warhol, MaryElizabeth	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
4	33.66 L	F	McDonnell, Michelle	12	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
5	33.72 L	P	Gray, Nicole	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
6	34.42 L	P	Smith, Haley	12	UTAC	- VA	7/19/2007	2007 LC Age Group Championships
7	34.84 L	P	Tompkins, Kendall	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
8	34.87 L	F	O'Brien, Meredith	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
9	35.05 L	F	Summa, Athena	12	CGBD	- VA	7/6/2007	GSA 52 Annual Eastern Invitational
10	35.10 L	F	Rutter, Patty	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships

Women 11-12 100 Back

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LSC Top 10
July 2007, Age Up Date = 8/21/2007

1	1:10.53	L	F	Warhol, MaryElizabeth	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
2	1:11.58	L L	F	Gray, Nicole	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
3	1:12.20	L	F	Summa, Athena	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
4	1:12.42	L	F	Buscaglia, Caroline	12	SQST	- VA	7/19/2007	2007 LC Age Group Championships
5	1:14.13	L	F	White, Kaitlyn	12	CGBD	- VA	5/18/2007	Josh Weaver Memorial Meet on the Hi
6	1:14.52	L	F	Areson, Christine	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
7	1:14.71	L L	F	McDonnell, Michelle	12	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
8	1:15.12	L	F	Sweeney, Maggie	12	NOVA	- VA	6/22/2007	2007 NC 19th Furniture City Invitation
9	1:15.14	L	F	*1 Chromik, Caroline	12	CGBD	- VA	7/6/2007	GSA 52 Annual Eastern Invitational
10	1:15.77	L	P	Admire, Katelyn	11	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
Women 11-12 200 Back									
1	2:33.21	L	F	Gray, Nicole	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
2	2:36.27	L	F	Summa, Athena	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
3	2:36.60	L	F	*1 Chromik, Caroline	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
4	2:39.44	L	F	Warhol, MaryElizabeth	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
5	2:39.77	L	F	Areson, Christine	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
6	2:40.49	L	F	Sweeney, Maggie	12	NOVA	- VA	6/22/2007	2007 NC 19th Furniture City Invitation
7	2:41.14	L	F	Dumez, Rachel	12	VSTP	- VA	7/19/2007	2007 LC Age Group Championships
8	2:41.86	L	F	Hague, Taylor	12	SQST	- VA	7/19/2007	2007 LC Age Group Championships
9	2:41.93	L	P	Hall, Bailey	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
10	2:42.34	L	F	White, Kaitlyn	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
Women 11-12 50 Breast									
1	35.42	L	F	Carnes, Blair	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
2	35.67	L	F	Robinson, Molly	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
3	35.88	L	F	Brumbaum, Kayla	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
4	37.02	L	P	Motsenbocker, Paula	12	RAYS	- VA	7/19/2007	2007 LC Age Group Championships
5	37.09	L	F	Harris, Sommer	12	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
6	37.64	L	P	Summa, Athena	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
7	37.68	L	P	Stephens-Pickeral, Ali	12	HA	- VA	7/19/2007	2007 LC Age Group Championships
8	38.32	L	F	Alley, Kara	11	TIDE	- VA	7/19/2007	2007 LC Age Group Championships
9	38.33	L	P	Happney, Katelynn	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
10	38.82	L	F	Gharbo, Alex	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
Women 11-12 100 Breast									
1	1:17.22	L	F	Carnes, Blair	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
2	1:20.20	L	F	Stephens-Pickeral, Ali	12	HA	- VA	7/19/2007	2007 LC Age Group Championships
3	1:21.04	L	F	Brumbaum, Kayla	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
4	1:22.31	L	F	Harris, Sommer	12	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
5	1:22.38	L	F	Motsenbocker, Paula	12	RAYS	- VA	7/19/2007	2007 LC Age Group Championships
6	1:22.66	L	F	Robinson, Molly	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
7	1:23.42	L	F	Areson, Christine	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
8	1:25.06	L	F	Summa, Athena	12	CGBD	- VA	5/18/2007	Josh Weaver Memorial Meet on the Hi
9	1:25.74	L	F	Page, Lindsey	11	US	- VA	7/19/2007	2007 LC Age Group Championships
10	1:26.27	L	F	Happney, Katelynn	12	NOVA	- VA	6/22/2007	2007 NC 19th Furniture City Invitation
Women 11-12 200 Breast									
1	2:44.57	L	P	Carnes, Blair	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
2	2:57.88	L	F	Areson, Christine	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
3	2:58.00	L	P	Brumbaum, Kayla	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
4	2:58.01	L	F	Harris, Sommer	12	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
5	2:58.66	L	F	Robinson, Molly	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
6	2:58.76	L	F	Stephens-Pickeral, Ali	12	HA	- VA	7/19/2007	2007 LC Age Group Championships
7	2:59.25	L	F	Motsenbocker, Paula	12	RAYS	- VA	7/19/2007	2007 LC Age Group Championships
8	3:05.13	L	F	Carson, Samantha	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
9	3:05.49	L	F	Summa, Athena	12	CGBD	- VA	6/9/2007	8th Annual Blue and Yellow Intrasqua
10	3:05.68	L	P	Happney, Katelynn	12	NOVA	- VA	6/22/2007	2007 NC 19th Furniture City Invitation
Women 11-12 50 Fly									
1	30.18	L	F	Summa, Athena	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
2	30.63	L	F	Buscaglia, Caroline	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
3	30.76	L	F	Kelly, Kate	12	QDD	- VA	7/19/2007	2007 LC Age Group Championships
4	31.28	L	P	Smith, Haley	12	UTAC	- VA	7/19/2007	2007 LC Age Group Championships
5	31.40	L	P	Robinson, Molly	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
6	31.42	L	F	*1 Chromik, Caroline	12	CGBD	- VA	7/6/2007	GSA 52 Annual Eastern Invitational
7	31.48	L	P	Sweeney, Maggie	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
8	31.97	L	F	Crews, Ann	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
9	32.17	L	F	Lloyd, Allison	12	RAYS	- VA	7/19/2007	2007 LC Age Group Championships
10	32.31	L	P	Warhol, MaryElizabeth	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
Women 11-12 100 Fly									
1	1:07.44	L	F	Summa, Athena	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
2	1:08.76	L	F	Buscaglia, Caroline	12	SQST	- VA	7/19/2007	2007 LC Age Group Championships
3	1:09.31	L	F	Sweeney, Maggie	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
4	1:10.53	L	F	Hall, Bailey	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships

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5	1:10.62	L	P	Smith, Haley	12	UTAC	- VA	7/19/2007	2007 LC Age Group Championships
6	1:10.98	L	F	Areson, Christine	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
7	1:11.27	L	P	Robinson, Molly	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
8	1:12.09	L	F	Kelly, Kate	12	QDD	- VA	7/19/2007	2007 LC Age Group Championships
9	1:12.20	L	F	Christy, Allie	12	WAC	- VA	7/19/2007	2007 LC Age Group Championships
10	1:13.76	L	F	Warhol, MaryElizabeth	12	CGBD	- VA	7/6/2007	GSA 52 Annual Eastern Invitational
Women 11-12 200 Fly									
1	2:31.01	L	F	Hall, Bailey	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
2	2:34.58	L	F	Buscaglia, Caroline	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
3	2:37.99	L	F	Sweeney, Maggie	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
4	2:42.86	L	F	Summa, Athena	12	CGBD	- VA	5/11/2007	Tide Spring Challenge 2007
5	2:42.97	L	P	Robinson, Molly	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
6	2:44.32	L	F	Smith, Haley	12	UNTAC	- VA	6/24/2007	Commonwealth Games 2007 Part 2
7	2:44.34	L	P	Gray, Nicole	12	NOVA	- VA	6/22/2007	2007 NC 19th Furniture City Invitation
8	2:46.73	L	F	Beckerman, Emma	12	CGBD	- VA	6/9/2007	8th Annual Blue and Yellow Intrasqua
9	2:48.05	L	F	Egress, Emily	12	TIDE	- VA	7/19/2007	2007 LC Age Group Championships
10	2:48.18	L	F	Boswell, Madison	11	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
Women 11-12 200 IM									
1	2:33.34	L	F	Sweeney, Maggie	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
2	2:33.40	L	F	Summa, Athena	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
3	2:35.99	L	P	Smith, Haley	12	UTAC	- VA	7/19/2007	2007 LC Age Group Championships
4	2:37.38	L	P	Gray, Nicole	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
5	2:37.45	L	P	Carnes, Blair	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
6	2:37.99	L	P	Hall, Bailey	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
7	2:38.86	L	F	Warhol, MaryElizabeth	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
8	2:40.34	L	P	Areson, Christine	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
9	2:42.39	L	F	Robinson, Molly	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
10	2:42.90	L	P	Harris, Sommer	12	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
Women 11-12 400 IM									
1	5:32.46	L	F	Sweeney, Maggie	12	NOVA	- VA	6/22/2007	2007 NC 19th Furniture City Invitation
2	5:34.91	L	F	Hall, Bailey	12	NOVA	- VA	6/22/2007	2007 NC 19th Furniture City Invitation
3	5:40.79	L	F	Summa, Athena	12	CGBD	- VA	6/9/2007	8th Annual Blue and Yellow Intrasqua
4	5:42.16	L	F	Carnes, Blair	12	NOVA	- VA	6/22/2007	2007 NC 19th Furniture City Invitation
5	5:49.87	L	F	Smith, Haley	12	UN	- VA	6/15/2007	2007 NC WAVE Capital City Invitation
6	5:58.72	L	F	Warhol, MaryElizabeth	12	CGBD	- VA	6/9/2007	8th Annual Blue and Yellow Intrasqua
7	6:02.60	L	F	Dumez, Rachel	12	VSTP	- VA	6/16/2007	Winchester LC Invitational
8	6:03.87	L	F	Little, Grace	12	WAC	- VA	6/16/2007	Winchester LC Invitational
9	6:14.71	L	F	Page, Lindsey	11	UN-US	- VA	7/6/2007	Firecracker Invitational
10	6:30.51	L	F	Favor, Casey	12	UN-US	- VA	7/6/2007	Firecracker Invitational
Men 11-12 50 Free									
1	27.78	L	F	Johnston, Cameron	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
2	28.12	L	F	*1 Bassett, Henry	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
3	28.31	L	F	Bailey, Michael	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
4	28.59	L	F	Marston, Geoff	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
5	28.88	L	P	Stallings, Curtis	12	ODAC	- VA	7/19/2007	2007 LC Age Group Championships
6	29.00	L	P	Ferguson, Peter	12	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
7	29.19	L	P	McGovern, Tom	12	WAC	- VA	7/19/2007	2007 LC Age Group Championships
8	29.78	L	F	Denning, John	12	TAC	- VA	7/19/2007	2007 LC Age Group Championships
9	30.08	L	P	DeLeon, Nicholas	12	TAC	- VA	7/19/2007	2007 LC Age Group Championships
10	30.14	L	S	Montes de Oca, Alex	12	BASS	- VA	7/19/2007	2007 LC Age Group Championships
Men 11-12 100 Free									
1	1:00.86	L	P	Johnston, Cameron	12	SQST	- VA	7/19/2007	2007 LC Age Group Championships
2	1:02.39	L	P	Marston, Geoff	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
3	1:03.32	L	F	*1 Bassett, Henry	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
4	1:03.60	L	F	McGovern, Tom	12	WAC	- VA	7/19/2007	2007 LC Age Group Championships
5	1:04.02	L	F	Ferguson, Peter	12	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
6	1:04.27	L	F	Stallings, Curtis	12	ODAC	- VA	7/19/2007	2007 LC Age Group Championships
7	1:04.77	L	P	Bailey, Michael	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
8	1:04.97	L	F	Rayle, Alex	12	SMAC	- VA	7/19/2007	2007 LC Age Group Championships
9	1:05.72	L	P	Ferguson, Thomas	12	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
10	1:05.93	L	F	Denning, John	12	TAC	- VA	7/13/2007	Summer Awards LC 2007
Men 11-12 200 Free									
1	2:16.93	L	F	Rayle, Alex	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
2	2:17.34	L	F	McGovern, Tom	12	WAC	- VA	7/19/2007	2007 LC Age Group Championships
3	2:17.48	L	P	Johnston, Cameron	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
4	2:17.92	L	P	Ferguson, Peter	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
5	2:19.57	L	F	Alvarez, Lucas	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
6	2:21.44	L	F	*1 Bassett, Henry	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
7	2:22.59	L	P	Denning, John	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
8	2:22.66	L	F	Campbell, Henry	11	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours

2007 Virginia Swimming Long Course
LSC Top 10
July 2007, Age Up Date = 8/21/2007

9	2:23.51 L	F	Stallings, Curtis	12	ODAC	- VA	7/19/2007	2007 LC Age Group Championships
10	2:23.70 L	F	McNally, Mac	12	GATR	- VA	7/19/2007	2007 LC Age Group Championships
Men 11-12 400 Free								
1	4:48.42 L	F	Rayle, Alex	12	SMAC	- VA	7/19/2007	2007 LC Age Group Championships
2	4:51.24 L	F	Alvarez, Lucas	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
3	4:52.49 L	F	McGovern, Tom	12	WAC	- VA	7/19/2007	2007 LC Age Group Championships
4	4:53.80 L	F	Browne, Zack	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
5	4:59.06 L	F	Ferguson, Peter	12	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
6	5:00.49 L	F	McNally, Mac	12	GATR	- VA	7/19/2007	2007 LC Age Group Championships
7	5:00.92 L	F	Denning, John	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
8	5:03.92 L	F	Johnston, Cameron	12	SQST	- VA	5/11/2007	Tide Spring Challenge 2007
9	5:05.33 L	F	Campbell, Henry	11	QDD	- VA	6/8/2007	NBAC 2007 Long Course Championsh
10	5:07.52 L	F	Balderston, James	12	ODAC	- VA	7/19/2007	2007 LC Age Group Championships
Men 11-12 800 Free								
1	10:43.57 L	F	McGovern, Tom	12	WAC	- VA	4/27/2007	NAAC Carol Chidester Memorial Long
Men 11-12 1500 Free								
1	19:31.22 L	F	Rayle, Alex	12	SMAC	- VA	6/22/2007	Commonwealth Games 2007 Part 1
2	20:21.31 L	F	McGovern, Tom	12	WAC	- VA	6/22/2007	Commonwealth Games 2007 Part 1
3	23:46.21 L	F	Burton-Prateley, Joshua	12	UN	- VA	6/22/2007	Commonwealth Games 2007 Part 1
Men 11-12 50 Back								
1	32.21 L	P	Copeland, Taylor	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
2	32.33 L	F	Ferguson, Thomas	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
3	33.02 L	P	Marston, Geoff	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
4	33.05 L	F	*1 Bassett, Henry	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
5	33.21 L	F	Bailey, Michael	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
6	33.60 L	P	Ferguson, Peter	12	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
7	34.27 L	P	Tomenchok, Derek	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
8	34.35 L	P	Montes de Oca, Alex	12	BASS	- VA	7/19/2007	2007 LC Age Group Championships
9	34.47 L	F	Johnston, Cameron	12	SQST	- VA	5/18/2007	Virginia LC State Champs
10	34.74 L	P	Kawka, Filip	11	SQST	- VA	7/19/2007	2007 LC Age Group Championships
Men 11-12 100 Back								
1	1:09.79 L L	F	Ferguson, Thomas	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
2	1:09.96 L	F	Copeland, Taylor	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
3	1:12.02 L	F	Marston, Geoff	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
4	1:13.14 L	F	*1 Bassett, Henry	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
5	1:13.67 L	P	Montes de Oca, Alex	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
6	1:14.06 L	P	Ferguson, Peter	12	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
7	1:14.21 L	F	Bailey, Michael	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
8	1:14.40 L	P	Haas, Nick	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
9	1:15.97 L	F	Duffer, McKinley	12	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
10	1:16.13 L	F	Burnley, Jesse	12	BAC	- VA	7/19/2007	2007 LC Age Group Championships
Men 11-12 200 Back								
1	2:29.03 L	F	Ferguson, Thomas	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
2	2:33.82 L	P	Copeland, Taylor	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
3	2:36.97 L	F	Browne, Zack	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
4	2:37.75 L	F	Montes de Oca, Alex	12	BASS	- VA	7/19/2007	2007 LC Age Group Championships
5	2:39.60 L	P	Alvarez, Lucas	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
6	2:40.12 L	P	Switzer, Zach	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
7	2:40.19 L	P	Ferguson, Peter	12	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
8	2:41.41 L	P	Haas, Nick	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
9	2:42.72 L	P	Rayle, Alex	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
10	2:42.99 L	F	Chung, Austin	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
Men 11-12 50 Breast								
1*	36.45 L	P	Hou, Clark	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
1*	36.45 L	F	Dean, Deion	11	TCAC	- VA	7/19/2007	2007 LC Age Group Championships
3	36.46 L	P	Johnston, Cameron	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
4	37.09 L	P	Browne, Zack	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
5	37.25 L	P	Stallings, Curtis	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
6	37.29 L	F	Bowles, Charley	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
7	37.53 L	F	Philippart, Dylan	12	RAYS	- VA	7/19/2007	2007 LC Age Group Championships
8	38.08 L	F	Bailey, Michael	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
9	38.67 L	P	Ferguson, Thomas	12	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
10	39.02 L	P	Switzer, Zach	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
Men 11-12 100 Breast								
1	1:19.13 L	P	Hou, Clark	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
2	1:20.83 L	P	Browne, Zack	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
3	1:21.39 L	F	Bowles, Charley	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
4	1:21.48 L	P	Dean, Deion	11	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
5	1:22.96 L	P	Stallings, Curtis	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours

2007 Virginia Swimming Long Course
LSC Top 10
July 2007, Age Up Date = 8/21/2007

6	1:24.57	L	F	Johnston, Cameron	12	SQST	- VA	6/22/2007	4th Annual YSSC Firecracker Invitatio
7	1:25.06	L	P	Switzer, Zach	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
8	1:25.39	L	P	Ferguson, Thomas	12	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
9	1:26.33	L	F	Philippart, Dylan	12	RAYS	- VA	7/19/2007	2007 LC Age Group Championships
10	1:26.46	L	F	Fuhs, Carl	12	TIDE	- VA	7/19/2007	2007 LC Age Group Championships
Men 11-12 200 Breast									
1	2:49.67	L	F	Hou, Clark	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
2	2:50.66	L	F	Browne, Zack	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
3	2:57.63	L	F	Bowles, Charley	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
4	3:01.52	L	P	Dean, Deion	11	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
5	3:03.37	L	F	Switzer, Zach	12	BASS	- VA	7/19/2007	2007 LC Age Group Championships
6	3:05.50	L	F	Alvarez, Lucas	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
7	3:06.56	L	F	Wallace, Matthew	11	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
8	3:07.38	L	F	Stallings, Curtis	12	ODAC	- VA	7/19/2007	2007 LC Age Group Championships
9	3:10.13	L	F	Sanderson, Cole	11	WAC	- VA	7/19/2007	2007 LC Age Group Championships
10	3:10.26	L	F	Thrift, Alex	12	CYAC	- VA	7/19/2007	2007 LC Age Group Championships
Men 11-12 50 Fly									
1	29.67	L	F	Marston, Geoff	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
2	30.36	L	F	Johnston, Cameron	12	SQST	- VA	7/19/2007	2007 LC Age Group Championships
3	31.13	L	P	Bailey, Michael	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
4	31.88	L	P	Haas, Nick	12	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
5	31.91	L	P	DeLeon, Nicholas	12	TAC	- VA	7/19/2007	2007 LC Age Group Championships
6	32.02	L	P	McGovern, Tom	12	WAC	- VA	7/19/2007	2007 LC Age Group Championships
7	32.13	L	P	Dudding, Gates	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
8	32.23	L	P	Kawka, Filip	11	SQST	- VA	7/19/2007	2007 LC Age Group Championships
9	32.35	L	F	Kennedy, Ben	11	CCA	- VA	7/19/2007	2007 LC Age Group Championships
10	32.76	L	P	Copeland, Taylor	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
Men 11-12 100 Fly									
1	1:06.28	L	F	Marston, Geoff	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
2	1:07.12	L	F	Browne, Zack	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
3	1:10.57	L	P	Dudding, Gates	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
4	1:11.39	L	P	Copeland, Taylor	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
5	1:11.56	L	F	DeLeon, Nicholas	12	TAC	- VA	7/19/2007	2007 LC Age Group Championships
6	1:12.34	L	F	Johnston, Cameron	12	SQST	- VA	7/19/2007	2007 LC Age Group Championships
7	1:12.73	L	F	Danielson, Max	12	ODAC	- VA	7/19/2007	2007 LC Age Group Championships
8	1:13.16	L	P	Bailey, Michael	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
9	1:13.31	L	F	*I Bassett, Henry	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
10	1:13.75	L	P	Rayle, Alex	12	SMAC	- VA	7/19/2007	2007 LC Age Group Championships
Men 11-12 200 Fly									
1	2:28.65	L	F	Browne, Zack	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
2	2:28.67	L	F	Marston, Geoff	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
3	2:37.15	L	P	Dudding, Gates	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
4	2:45.17	L	F	McNally, Mac	12	GATR	- VA	7/19/2007	2007 LC Age Group Championships
5	2:45.77	L	F	Rayle, Alex	12	SMAC	- VA	7/19/2007	2007 LC Age Group Championships
6	2:46.93	L	F	Danielson, Max	12	ODAC	- VA	7/19/2007	2007 LC Age Group Championships
7	2:48.15	L	P	Copeland, Taylor	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
8	2:50.28	L	F	Johnston, Cameron	12	SQST	- VA	5/18/2007	Virginia LC State Champs
9	2:51.18	L	F	Zamparello, Conrad	12	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
10	2:51.53	L	F	Alvarez, Lucas	12	CGBD	- VA	6/22/2007	Commonwealth Games 2007 Part 1
Men 11-12 200 IM									
1	2:31.86	L	F	Ferguson, Thomas	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
2	2:33.03	L	F	Browne, Zack	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
3	2:33.85	L	P	Johnston, Cameron	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
4	2:37.89	L	P	Alvarez, Lucas	12	CGBD	- VA	7/19/2007	2007 LC Age Group Championships
5	2:38.12	L	P	Ferguson, Peter	12	PSDN	- VA	7/19/2007	2007 LC Age Group Championships
6	2:40.28	L	P	Rayle, Alex	12	SMAC	- VA	7/19/2007	2007 LC Age Group Championships
7	2:40.52	L	P	Switzer, Zach	12	BASS	- VA	7/19/2007	2007 LC Age Group Championships
8	2:40.60	L	P	Dudding, Gates	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
9	2:40.65	L	P	Hou, Clark	12	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
10	2:41.39	L	P	Copeland, Taylor	12	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
Men 11-12 400 IM									
1	5:45.79	L	F	Johnston, Cameron	12	SQST	- VA	6/22/2007	4th Annual YSSC Firecracker Invitatio
2	5:57.95	L	F	Kawka, Filip	11	SQST	- VA	6/16/2007	Winchester LC Invitational
3	6:18.35	L	F	Burnley, Jesse	12	BAC	- VA	6/16/2007	Winchester LC Invitational
4	6:33.11	L	F	Condon, Shane	12	BAC	- VA	6/16/2007	Winchester LC Invitational
5	7:07.88	L	F	Proffitt, Blake	11	LY	- VA	5/18/2007	The 10th Annual YSSC May LC Coac
6	7:21.37	L	F	Warner, Sean	12	LY	- VA	7/6/2007	Firecracker Invitational