



## Get Involved!

The USA Swimming Foundation needs your help!

[Please help us continue on our mission to teach every child in America to swim and to support our National Team by making a donation today!](#)

There are many other ways to support the Foundation:

Follow us on Facebook:  
[USA Swimming Foundation](#)

Follow us on Twitter:  
[@swimfoundation](#)

Join [Make a SplashNation](#), and help get a child on the road to water safety

Become a champion for the Foundation and join [Champions Club](#), our elite annual giving society

## A Special Holiday

Through the good days and those days that may be more difficult, I believe that within the USA Swimming "Family" there are two constants...a continual striving for excellence...and an enormous passion and joy for our sport. Whether as athletes, parents, coaches, volunteers, staff, sponsors, friends, supporters or fans...everyone shares these traits and this is why USA Swimming will always keep growing and getting better.

We all have our favorite individual holidays, but its hard to be an American and not find sincere joy in the 4th of July and Thanksgiving. These holidays provide us with the chance to take some time off and to celebrate our country's heritage, spend tme with friends and family, and look to the future with greater optimism.

As we begin the holiday weekend, I want to personally thank those many people who continue to work so hard on behalf of our sport and our organization. I also urge you to take a few minutes to view [this short video that the USOC has produced](#). I think you'll find it a nice way to begin your weekend, and I would certainly encourage you to share it with your own friends and family members.

Thank you again for your continued support of our sport, and best wishes for a wonderful July 4th weekend!

Sincerely,

Chuck Wielgus  
CEO, USA Swimming Foundation

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