

**2011 VSI LC AG Champs HOKI at CAC - 7/28/2011 to 7/31/2011****Session Report**

Session: 1 Thursday Timed Finals

Day of Meet: 1 Starts at 04:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	1 Girls 10 & Under 400 Freestyle	21	3	04:00 PM	_____
Finals	2 Boys 10 & Under 400 Freestyle	26	4	04:20 PM	_____
Finals	3 Girls 11-12 400 Freestyle	41	6	04:45 PM	_____
Finals	4 Boys 11-12 400 Freestyle	34	5	05:20 PM	_____
Finals	5 Girls 13-14 1500 Freestyle	34	5	05:49 PM	_____
Finals	6 Boys 13-14 1500 Freestyle	25	4	07:31 PM	_____
	Swimmer Count for Warm-ups: 181	=====	=====		
	Entry / Heat Totals:	181	27		
	Finish Time			08:51 PM	_____

**2011 VSI LC AG Champs HOKI at CAC - 7/28/2011 to 7/31/2011****Session Report**

Session: 2 Friday Preliminaries

Day of Meet: 2 Starts at 08:15 AM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals-S	7 Girls 11-12 200 Freestyle Relay	9	2	08:15 AM	_____
Finals-S	8 Boys 11-12 200 Freestyle Relay	6	1	08:21 AM	_____
Finals-S	9 Girls 13-14 200 Freestyle Relay	16	2	08:24 AM	_____
Finals-S	10 Boys 13-14 200 Freestyle Relay	8	1	08:29 AM	_____
Prelims	11 Girls 11-12 50 Breaststroke	37	5	08:32 AM	_____
Prelims	12 Boys 11-12 50 Breaststroke	26	4	08:38 AM	_____
	Break: 5 Minutes				
Prelims	13 Girls 13-14 100 Breaststroke	52	7	08:48 AM	_____
Prelims	14 Boys 13-14 100 Breaststroke	34	5	09:01 AM	_____
Prelims	15 Girls 11-12 200 Freestyle	48	6	09:10 AM	_____
Prelims	16 Boys 11-12 200 Freestyle	36	5	09:29 AM	_____
Prelims	17 Girls 13-14 200 Freestyle	55	7	09:44 AM	_____
Prelims	18 Boys 13-14 200 Freestyle	60	8	10:04 AM	_____
Prelims	19 Girls 11-12 100 Butterfly	43	6	10:26 AM	_____
Prelims	20 Boys 11-12 100 Butterfly	40	5	10:37 AM	_____
Prelims	21 Girls 13-14 100 Butterfly	49	7	10:47 AM	_____
Prelims	22 Boys 13-14 100 Butterfly	34	5	10:59 AM	_____
Prelims	23 Girls 11-12 200 Backstroke	47	6	11:07 AM	_____
Prelims	24 Boys 11-12 200 Backstroke	46	6	11:29 AM	_____
Prelims	25 Girls 13-14 400 IM	53	7	11:51 AM	_____
Prelims	26 Boys 13-14 400 IM	45	6	12:35 PM	_____
Finals-S	27 Girls 11-12 400 Medley Relay	8	1	01:11 PM	_____
Finals-S	28 Boys 11-12 400 Medley Relay	4	1	01:18 PM	_____
Finals-S	29 Girls 13-14 400 Medley Relay	15	2	01:24 PM	_____
Finals-S	30 Boys 13-14 400 Medley Relay	8	1	01:36 PM	_____
	Swimmer Count for Warm-ups: 382	=====	=====		
	Entry / Heat Totals:	779	106		
	Finish Time			01:42 PM	_____

**2011 VSI LC AG Champs HOKI at CAC - 7/28/2011 to 7/31/2011****Session Report**

Session: 3 Friday Timed Finals 10&amp;Under

Day of Meet: 2 Starts at 01:50 PM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	31 Girls 10 & Under 200 Medley Relay	14	2	01:50 PM	_____
Finals	32 Boys 10 & Under 200 Medley Relay	10	2	01:58 PM	_____
	Break: 5 Minutes				
Finals	33 Girls 10 & Under 50 Breaststroke	24	3	02:10 PM	_____
Finals	34 Boys 10 & Under 50 Breaststroke	17	3	02:14 PM	_____
	Break: 10 Minutes				
Finals	35 Girls 10 & Under 200 Freestyle	44	6	02:28 PM	_____
Finals	36 Boys 10 & Under 200 Freestyle	28	4	02:48 PM	_____
	Break: 5 Minutes				
Finals	37 Girls 10 & Under 100 Butterfly	30	4	03:06 PM	_____
Finals	38 Boys 10 & Under 100 Butterfly	31	4	03:15 PM	_____
	Break: 5 Minutes				
Finals	39 Girls 10 & Under 50 Backstroke	48	6	03:28 PM	_____
Finals	40 Boys 10 & Under 50 Backstroke	45	6	03:36 PM	_____
	Swimmer Count for Warm-ups: 132	=====	=====		
	Entry / Heat Totals:	291	40		
	Finish Time			03:45 PM	_____

**2011 VSI LC AG Champs HOKI at CAC - 7/28/2011 to 7/31/2011****Session Report**

Session: 4 Friday Finals

Day of Meet: 2 Starts at 05:30 PM Heat Interval: 90 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals-1	7 Girls 11-12 200 Freestyle Relay	8	1	05:30 PM	_____
Finals-1	8 Boys 11-12 200 Freestyle Relay	8	1	05:34 PM	_____
Finals-1	9 Girls 13-14 200 Freestyle Relay	8	1	05:38 PM	_____
Finals-1	10 Boys 13-14 200 Freestyle Relay	8	1	05:41 PM	_____
Finals	11 Girls 11-12 50 Breaststroke	16	2u	05:45 PM	_____
Finals	12 Boys 11-12 50 Breaststroke	16	2u	05:49 PM	_____
Finals	13 Girls 13-14 100 Breaststroke	16	2u	05:53 PM	_____
Finals	14 Boys 13-14 100 Breaststroke	16	2u	05:59 PM	_____
Finals	15 Girls 11-12 200 Freestyle	16	2u	06:05 PM	_____
Finals	16 Boys 11-12 200 Freestyle	16	2u	06:12 PM	_____
Finals	17 Girls 13-14 200 Freestyle	16	2u	06:20 PM	_____
Finals	18 Boys 13-14 200 Freestyle	16	2u	06:28 PM	_____
Finals	19 Girls 11-12 100 Butterfly	16	2u	06:35 PM	_____
Finals	20 Boys 11-12 100 Butterfly	16	2u	06:40 PM	_____
Finals	21 Girls 13-14 100 Butterfly	16	2u	06:46 PM	_____
Finals	22 Boys 13-14 100 Butterfly	16	2u	06:51 PM	_____
Finals	23 Girls 11-12 200 Backstroke	16	2u	06:56 PM	_____
Finals	24 Boys 11-12 200 Backstroke	16	2u	07:05 PM	_____
Finals	25 Girls 13-14 400 IM	16	2u	07:14 PM	_____
Finals	26 Boys 13-14 400 IM	16	2u	07:28 PM	_____
Finals-1	27 Girls 11-12 400 Medley Relay	8	1	07:42 PM	_____
Finals-1	28 Boys 11-12 400 Medley Relay	8	1	07:49 PM	_____
Finals-1	29 Girls 13-14 400 Medley Relay	8	1	07:56 PM	_____
Finals-1	30 Boys 13-14 400 Medley Relay	8	1	08:02 PM	_____
	Swimmer Count for Warm-ups: 180	=====	=====		
	Entry / Heat Totals:	320	40		
	Finish Time			08:09 PM	_____

**2011 VSI LC AG Champs HOKI at CAC - 7/28/2011 to 7/31/2011****Session Report**

Session: 5 Saturday Preliminaries

Day of Meet: 3 Starts at 08:15 AM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals-S	41 Girls 13-14 200 Medley Relay	16	2	08:15 AM	_____
Finals-S	42 Boys 13-14 200 Medley Relay	10	2	08:28 AM	_____
Finals-S	43 Girls 11-12 200 Medley Relay	8	1	08:39 AM	_____
Finals-S	44 Boys 11-12 200 Medley Relay	5	1	08:42 AM	_____
Prelims	45 Girls 13-14 200 Butterfly	28	4	08:46 AM	_____
Prelims	46 Boys 13-14 200 Butterfly	23	3	08:59 AM	_____
Prelims	47 Girls 11-12 200 Butterfly	18	3	09:08 AM	_____
Prelims	48 Boys 11-12 200 Butterfly	17	3	09:19 AM	_____
Prelims	49 Girls 13-14 50 Freestyle	53	7	09:29 AM	_____
Prelims	50 Boys 13-14 50 Freestyle	67	9	09:36 AM	_____
Prelims	51 Girls 11-12 50 Freestyle	46	6	09:45 AM	_____
Prelims	52 Boys 11-12 50 Freestyle	46	6	09:51 AM	_____
	Break: 5 Minutes				
Prelims	53 Girls 13-14 200 Breaststroke	49	7	10:02 AM	_____
Prelims	54 Boys 13-14 200 Breaststroke	39	5	10:28 AM	_____
Prelims	55 Girls 11-12 100 Breaststroke	39	5	10:45 AM	_____
Prelims	56 Boys 11-12 100 Breaststroke	21	3	10:55 AM	_____
Prelims	57 Girls 13-14 100 Backstroke	61	8	11:01 AM	_____
Prelims	58 Boys 13-14 100 Backstroke	50	7	11:18 AM	_____
Prelims	59 Girls 11-12 50 Backstroke	54	7	11:31 AM	_____
Prelims	60 Boys 11-12 50 Backstroke	42	6	11:41 AM	_____
Prelims	61 Girls 13-14 400 Freestyle	55	7	11:49 AM	_____
Prelims	62 Boys 13-14 400 Freestyle	48	6	12:28 PM	_____
Prelims	63 Girls 11-12 200 IM	60	8	01:00 PM	_____
Prelims	64 Boys 11-12 200 IM	44	6	01:27 PM	_____
	Swimmer Count for Warm-ups: 420	=====	=====		
	Entry / Heat Totals:	899	122		
	Finish Time			01:47 PM	_____

**2011 VSI LC AG Champs HOKI at CAC - 7/28/2011 to 7/31/2011****Session Report**

Session: 6 Saturday Timed Finals 10&amp;Under

Day of Meet: 3 Starts at 02:05 PM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	65 Girls 10 & Under 200 Freestyle Relay	14	2	02:05 PM	_____
Finals	66 Boys 10 & Under 200 Freestyle Relay	11	2	02:12 PM	_____
	Break: 5 Minutes				
Finals	67 Girls 10 & Under 50 Freestyle	46	6	02:22 PM	_____
Finals	68 Boys 10 & Under 50 Freestyle	42	6	02:29 PM	_____
	Break: 10 Minutes				
Finals	69 Girls 10 & Under 200 IM	37	5	02:46 PM	_____
Finals	70 Boys 10 & Under 200 IM	43	6	03:04 PM	_____
	Break: 5 Minutes				
Finals	71 Girls 10 & Under 100 Breaststroke	27	4	03:32 PM	_____
Finals	72 Boys 10 & Under 100 Breaststroke	21	3	03:41 PM	_____
	Break: 5 Minutes				
Finals	73 Girls 10 & Under 400 Medley Relay	14	2	03:52 PM	_____
Finals	74 Boys 10 & Under 400 Medley Relay	11	2	04:07 PM	_____
	Swimmer Count for Warm-ups: 126	=====	=====		
	Entry / Heat Totals:	266	38		
	Finish Time			04:21 PM	_____

**2011 VSI LC AG Champs HOKI at CAC - 7/28/2011 to 7/31/2011****Session Report**

Session: 7 Saturday Finals

Day of Meet: 3 Starts at 05:30 PM Heat Interval: 90 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals-1	41 Girls 13-14 200 Medley Relay	8	1	05:30 PM	_____
Finals-1	42 Boys 13-14 200 Medley Relay	8	1	05:37 PM	_____
Finals-1	43 Girls 11-12 200 Medley Relay	8	1	05:43 PM	_____
Finals-1	44 Boys 11-12 200 Medley Relay	8	1	05:48 PM	_____
Finals	45 Girls 13-14 200 Butterfly	16	2u	05:52 PM	_____
Finals	46 Boys 13-14 200 Butterfly	16	2u	06:00 PM	_____
Finals	47 Girls 11-12 200 Butterfly	16	2u	06:08 PM	_____
Finals	48 Boys 11-12 200 Butterfly	16	2u	06:16 PM	_____
Finals	49 Girls 13-14 50 Freestyle	16	2u	06:25 PM	_____
Finals	50 Boys 13-14 50 Freestyle	16	2u	06:29 PM	_____
Finals	51 Girls 11-12 50 Freestyle	16	2u	06:33 PM	_____
Finals	52 Boys 11-12 50 Freestyle	16	2u	06:37 PM	_____
Finals	53 Girls 13-14 200 Breaststroke	16	2u	06:41 PM	_____
Finals	54 Boys 13-14 200 Breaststroke	16	2u	06:50 PM	_____
Finals	55 Girls 11-12 100 Breaststroke	16	2u	06:58 PM	_____
Finals	56 Boys 11-12 100 Breaststroke	16	2u	07:04 PM	_____
Finals	57 Girls 13-14 100 Backstroke	16	2u	07:10 PM	_____
Finals	58 Boys 13-14 100 Backstroke	16	2u	07:16 PM	_____
Finals	59 Girls 11-12 50 Backstroke	16	2u	07:22 PM	_____
Finals	60 Boys 11-12 50 Backstroke	16	2u	07:26 PM	_____
Finals	61 Girls 13-14 400 Freestyle	16	2u	07:31 PM	_____
Finals	62 Boys 13-14 400 Freestyle	16	2u	07:44 PM	_____
Finals	63 Girls 11-12 200 IM	16	2u	07:56 PM	_____
Finals	64 Boys 11-12 200 IM	16	2u	08:04 PM	_____
	Swimmer Count for Warm-ups: 201	=====	=====		
	Entry / Heat Totals:	352	44		
	Finish Time			08:13 PM	_____

**2011 VSI LC AG Champs HOKI at CAC - 7/28/2011 to 7/31/2011****Session Report**

Session: 8 Sunday Preliminaries

Day of Meet: 4 Starts at 08:15 AM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Prelims	75 Girls 11-12 200 Breaststroke	44	6	08:15 AM	_____
Prelims	76 Boys 11-12 200 Breaststroke	26	4	08:38 AM	_____
Prelims	77 Girls 13-14 200 Backstroke	57	8	08:54 AM	_____
Prelims	78 Boys 13-14 200 Backstroke	45	6	09:21 AM	_____
Prelims	79 Girls 11-12 100 Backstroke	53	7	09:41 AM	_____
Prelims	80 Boys 11-12 100 Backstroke	49	7	09:56 AM	_____
Prelims	81 Girls 13-14 100 Freestyle	53	7	10:11 AM	_____
Prelims	82 Boys 13-14 100 Freestyle	61	8	10:22 AM	_____
Prelims	83 Girls 11-12 100 Freestyle	51	7	10:35 AM	_____
Prelims	84 Boys 11-12 100 Freestyle	41	6	10:46 AM	_____
Prelims	85 Girls 13-14 200 IM	54	7	10:56 AM	_____
Prelims	86 Boys 13-14 200 IM	60	8	11:19 AM	_____
Prelims	87 Girls 11-12 50 Butterfly	42	6	11:43 AM	_____
Prelims	88 Boys 11-12 50 Butterfly	43	6	11:50 AM	_____
	Break: 5 Minutes				
Finals	89 Girls 13-14 400 Freestyle Relay	22	3	12:01 PM	_____
Finals	90 Boys 13-14 400 Freestyle Relay	18	3	12:17 PM	_____
Finals	91 Girls 11-12 400 Freestyle Relay	14	2	12:31 PM	_____
Finals	92 Boys 11-12 400 Freestyle Relay	12	2	12:42 PM	_____
	Swimmer Count for Warm-ups: 368	=====	=====		
	Entry / Heat Totals:	745	103		
	Finish Time			12:53 PM	_____



**2011 VSI LC AG Champs HOKI at CAC - 7/28/2011 to 7/31/2011****Session Report**

Session: 9 Sunday Timed Finals 10&amp;Under

Day of Meet: 4 Starts at 01:15 PM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	95 Girls 10 & Under 100 Backstroke	53	7	01:15 PM	_____
Finals	96 Boys 10 & Under 100 Backstroke	45	6	01:31 PM	_____
	Break: 5 Minutes				
Finals	97 Girls 10 & Under 100 Freestyle	52	7	01:50 PM	_____
Finals	98 Boys 10 & Under 100 Freestyle	42	6	02:03 PM	_____
	Break: 10 Minutes				
Finals	99 Girls 10 & Under 50 Butterfly	43	6	02:24 PM	_____
Finals	100 Boys 10 & Under 50 Butterfly	39	5	02:31 PM	_____
	Break: 5 Minutes				
Finals	101 Girls 10 & Under 400 Freestyle Relay	14	2	02:41 PM	_____
Finals	102 Boys 10 & Under 400 Freestyle Relay	10	2	02:53 PM	_____
	Swimmer Count for Warm-ups: 135	=====	=====		
	Entry / Heat Totals:	298	41		
	Finish Time			03:06 PM	_____

**2011 VSI LC AG Champs HOKI at CAC - 7/28/2011 to 7/31/2011****Session Report**

Session: 10 Sunday Distance Session 800 Free

Day of Meet: 4 Starts at 03:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	93 Girls 13-14 800 Freestyle Break: 10 Minutes	50	7	03:30 PM	_____
Finals	94 Boys 13-14 800 Freestyle Swimmer Count for Warm-ups: 84	34	5	04:57 PM	_____
	Entry / Heat Totals:	===== 84	===== 12		
	Finish Time			05:50 PM	_____

**2011 VSI LC AG Champs HOKI at CAC - 7/28/2011 to 7/31/2011****Session Report**

Session: 11 Sunday Finals

Day of Meet: 4 Starts at 06:30 PM Heat Interval: 90 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	75 Girls 11-12 200 Breaststroke	16	2u	06:30 PM	_____
Finals	76 Boys 11-12 200 Breaststroke	16	2u	06:40 PM	_____
Finals	77 Girls 13-14 200 Backstroke	16	2u	06:49 PM	_____
Finals	78 Boys 13-14 200 Backstroke	16	2u	06:58 PM	_____
Finals	79 Girls 11-12 100 Backstroke	16	2u	07:06 PM	_____
Finals	80 Boys 11-12 100 Backstroke	16	2u	07:12 PM	_____
Finals	81 Girls 13-14 100 Freestyle	16	2u	07:18 PM	_____
Finals	82 Boys 13-14 100 Freestyle	16	2u	07:23 PM	_____
Finals	83 Girls 11-12 100 Freestyle	16	2u	07:28 PM	_____
Finals	84 Boys 11-12 100 Freestyle	16	2u	07:33 PM	_____
Finals	85 Girls 13-14 200 IM	16	2u	07:39 PM	_____
Finals	86 Boys 13-14 200 IM	16	2u	07:47 PM	_____
Finals	87 Girls 11-12 50 Butterfly	16	2u	07:55 PM	_____
Finals	88 Boys 11-12 50 Butterfly	16	2u	07:59 PM	_____
	Swimmer Count for Warm-ups: 156	=====	=====		
	Entry / Heat Totals:	224	28		
	Finish Time			08:03 PM	_____