

2010 VSI SC Age Group Championships - 3/18/2010 to 3/21/2010**Sanction #: VS-10-60****Session Report**

Session: 1 Thursday PM Distance - Pool 1 - Timed Finals

Day of Meet: 1 Starts at 05:15 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	101 Girls 10 & Under 500 Freestyle	26	4u	05:15 PM	_____
Finals	102 Boys 10 & Under 500 Freestyle	19	3u	05:44 PM	_____
Finals	103 Girls 11-12 500 Freestyle	31	4u	06:04 PM	_____
Finals	104 Boys 11-12 500 Freestyle	38	5u	06:29 PM	_____
Finals	105 Girls 13-14 1000 Freestyle	37	5u	07:00 PM	_____
Finals	106 Boys 13-14 1000 Freestyle	45	6u	08:00 PM	_____
	Swimmers for Warm-ups: 196	=====	=====		
	Entry / Heat Totals:	196	27		
	Finish Time			09:09 PM	_____

2010 VSI SC Age Group Championships - 3/18/2010 to 3/21/2010**Sanction #: VS-10-60****Session Report**

Session: 2 Friday 13-14 Preliminaries - Pool 1

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	107 Girls 13-14 100 Breaststroke	55	7	08:30 AM	_____
Prelims	108 Boys 13-14 100 Breaststroke	44	6	08:43 AM	_____
Prelims	109 Girls 13-14 200 Freestyle	44	6	08:53 AM	_____
Prelims	110 Boys 13-14 200 Freestyle	53	7	09:08 AM	_____
	Break: 10 Minutes				
Prelims	111 Girls 13-14 100 Butterfly	38	5	09:36 AM	_____
Prelims	112 Boys 13-14 100 Butterfly	42	6	09:43 AM	_____
Prelims	113 Girls 13-14 400 IM	48	6u	09:53 AM	_____
Prelims	114 Boys 13-14 400 IM	39	5u	10:25 AM	_____
	Break: 10 Minutes				
Finals-S	115 Girls 13-14 200 Medley Relay	15	2	11:00 AM	_____
Finals-S	116 Boys 13-14 200 Medley Relay	11	2	11:11 AM	_____
	Swimmers for Warm-ups: 204	=====	=====		
	Entry / Heat Totals:	389	52		
	Finish Time			11:21 AM	_____

2010 VSI SC Age Group Championships - 3/18/2010 to 3/21/2010**Sanction #: VS-10-60****Session Report**

Session: 3 Friday 11/12 Preliminaries- Pool 2

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	207 Girls 11-12 50 Breaststroke	54	7	08:30 AM	_____
Prelims	208 Boys 11-12 50 Breaststroke	33	5	08:38 AM	_____
Prelims	209 Girls 11-12 200 Freestyle	40	5	08:44 AM	_____
Prelims	210 Boys 11-12 200 Freestyle	41	6	08:58 AM	_____
	Break: 10 Minutes				
Prelims	211 Girls 11-12 100 Butterfly	47	6	09:24 AM	_____
Prelims	212 Boys 11-12 100 Butterfly	33	5	09:34 AM	_____
Prelims	213 Girls 11-12 100 IM	61	8	09:42 AM	_____
Prelims	214 Boys 11-12 100 IM	59	8	09:56 AM	_____
	Break: 10 Minutes				
Prelims	215 Girls 11-12 200 Backstroke	40	5	10:19 AM	_____
Prelims	216 Boys 11-12 200 Backstroke	43	6	10:36 AM	_____
Finals-S	217 Girls 11-12 200 Medley Relay	13	2	10:55 AM	_____
Finals-S	218 Boys 11-12 200 Medley Relay	10	2	11:01 AM	_____
	Swimmers for Warm-ups: 219	=====	=====		
	Entry / Heat Totals:	474	65		
	Finish Time			11:07 AM	_____

2010 VSI SC Age Group Championships - 3/18/2010 to 3/21/2010**Sanction #: VS-10-60****Session Report**

Session: 4 Friday 10 & Under Timed Finals-Pool 1

Day of Meet: 2 Starts at 01:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	119 Girls 10 & Under 200 Freestyle Relay	15	2u	01:00 PM	_____
Finals	120 Boys 10 & Under 200 Freestyle Relay	12	2u	01:06 PM	_____
	Break: 7 Minutes				
Finals	121 Girls 10 & Under 50 Breaststroke	23	3	01:18 PM	_____
Finals	122 Boys 10 & Under 50 Breaststroke	21	3	01:21 PM	_____
	Break: 7 Minutes				
Finals	123 Girls 10 & Under 100 IM	39	5	01:32 PM	_____
Finals	124 Boys 10 & Under 100 IM	42	6	01:41 PM	_____
	Break: 7 Minutes				
Finals	125 Girls 10 & Under 50 Backstroke	49	7	01:59 PM	_____
Finals	126 Boys 10 & Under 50 Backstroke	47	6	02:09 PM	_____
	Break: 7 Minutes				
Finals	127 Girls 10 & Under 200 Freestyle	37	5	02:24 PM	_____
Finals	128 Boys 10 & Under 200 Freestyle	26	4	02:39 PM	_____
	Swimmers for Warm-ups: 142	=====	=====		
	Entry / Heat Totals:	311	43		
	Finish Time			02:51 PM	_____

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Session: 5 Friday Finals Pool 1

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 120 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	207 Girls 11-12 50 Breaststroke	16	2u	06:00 PM	_____
Finals	208 Boys 11-12 50 Breaststroke	16	2u	06:06 PM	_____
Finals	107 Girls 13-14 100 Breaststroke	16	2u	06:11 PM	_____
Finals	108 Boys 13-14 100 Breaststroke	16	2u	06:17 PM	_____
Finals	209 Girls 11-12 200 Freestyle	16	2u	06:23 PM	_____
Finals	210 Boys 11-12 200 Freestyle	16	2u	06:32 PM	_____
Finals	109 Girls 13-14 200 Freestyle	16	2u	06:40 PM	_____
Finals	110 Boys 13-14 200 Freestyle	16	2u	06:48 PM	_____
Finals	211 Girls 11-12 100 Butterfly	16	2u	06:55 PM	_____
Finals	212 Boys 11-12 100 Butterfly	16	2u	07:02 PM	_____
Finals	111 Girls 13-14 100 Butterfly	16	2u	07:08 PM	_____
Finals	112 Boys 13-14 100 Butterfly	16	2u	07:14 PM	_____
Finals	213 Girls 11-12 100 IM	16	2u	07:20 PM	_____
Finals	214 Boys 11-12 100 IM	16	2u	07:26 PM	_____
Finals	113 Girls 13-14 400 IM	16	2u	07:32 PM	_____
Finals	114 Boys 13-14 400 IM	16	2u	07:46 PM	_____
Finals	215 Girls 11-12 200 Backstroke	16	2u	07:59 PM	_____
Finals	216 Boys 11-12 200 Backstroke	16	2u	08:08 PM	_____
Finals-1	115 Girls 13-14 200 Medley Relay	8	1	08:17 PM	_____
Finals-1	116 Boys 13-14 200 Medley Relay	8	1	08:24 PM	_____
Finals-1	217 Girls 11-12 200 Medley Relay	8	1	08:30 PM	_____
Finals-1	218 Boys 11-12 200 Medley Relay	8	1	08:34 PM	_____
	Swimmers for Warm-ups: 180	=====	=====		
	Entry / Heat Totals:	320	40		
	Finish Time			08:39 PM	_____

2010 VSI SC Age Group Championships - 3/18/2010 to 3/21/2010**Sanction #: VS-10-60****Session Report**

Session: 6 Saturday 11/12 Preliminaries - Pool 1

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-S	129 Girls 11-12 200 Freestyle Relay	16	2	08:30 AM	_____
Finals-S	130 Boys 11-12 200 Freestyle Relay	12	2	08:35 AM	_____
	Break: 10 Minutes				
Prelims	131 Girls 11-12 200 Butterfly	28	4	08:50 AM	_____
Prelims	132 Boys 11-12 200 Butterfly	18	3	09:03 AM	_____
Prelims	133 Girls 11-12 50 Freestyle	60	8	09:12 AM	_____
Prelims	134 Boys 11-12 50 Freestyle	59	8	09:20 AM	_____
	Break: 10 Minutes				
Prelims	135 Girls 11-12 100 Breaststroke	42	6	09:38 AM	_____
Prelims	136 Boys 11-12 100 Breaststroke	29	4	09:49 AM	_____
	Break: 10 Minutes				
Prelims	137 Girls 11-12 50 Backstroke	59	8	10:06 AM	_____
Prelims	138 Boys 11-12 50 Backstroke	47	6	10:16 AM	_____
	Break: 10 Minutes				
Prelims	139 Girls 11-12 200 IM	38	5	10:34 AM	_____
Prelims	140 Boys 11-12 200 IM	55	7	10:49 AM	_____
Finals-S	141 Girls 11-12 400 Medley Relay	15	2u	11:10 AM	_____
Finals-S	142 Boys 11-12 400 Medley Relay	11	2u	11:21 AM	_____
	Swimmers for Warm-ups: 209	=====	=====		
	Entry / Heat Totals:	489	67		
	Finish Time			11:32 AM	_____

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Session: 7 Saturday 13-14 Preliminaries - Pool 2

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-S	229 Girls 13-14 200 Freestyle Relay	16	2	08:30 AM	_____
Finals-S	230 Boys 13-14 200 Freestyle Relay	12	2	08:35 AM	_____
	Break: 10 Minutes				
Prelims	231 Girls 13-14 200 Butterfly	39	5	08:50 AM	_____
Prelims	232 Boys 13-14 200 Butterfly	37	5	09:04 AM	_____
Prelims	233 Girls 13-14 50 Freestyle	49	7	09:18 AM	_____
Prelims	234 Boys 13-14 50 Freestyle	47	6	09:25 AM	_____
	Break: 10 Minutes				
Prelims	235 Girls 13-14 200 Breaststroke	55	7	09:40 AM	_____
Prelims	236 Boys 13-14 200 Breaststroke	38	5	10:03 AM	_____
Prelims	237 Girls 13-14 100 Backstroke	54	7	10:18 AM	_____
Prelims	238 Boys 13-14 100 Backstroke	51	7	10:31 AM	_____
	Break: 10 Minutes				
Prelims	239 Girls 13-14 500 Freestyle	58	8u	10:53 AM	_____
Prelims	240 Boys 13-14 500 Freestyle	39	5u	11:41 AM	_____
Finals-S	241 Girls 13-14 400 Medley Relay	17	3u	12:10 PM	_____
Finals-S	242 Boys 13-14 400 Medley Relay	13	2u	12:25 PM	_____
	Swimmers for Warm-ups: 248	=====	=====		
	Entry / Heat Totals:	525	71		
	Finish Time			12:34 PM	_____

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Session: 8 Saturday 10 & Under Timed Finals-Pool 1

Day of Meet: 3 Starts at 01:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	143 Girls 10 & Under 200 Medley Relay	18	3u	01:00 PM	_____
Finals	144 Boys 10 & Under 200 Medley Relay	12	2u	01:10 PM	_____
	Break: 7 Minutes				
Finals	145 Girls 10 & Under 50 Butterfly	40	5	01:23 PM	_____
Finals	146 Boys 10 & Under 50 Butterfly	42	6	01:29 PM	_____
	Break: 7 Minutes				
Finals	147 Girls 10 & Under 100 Freestyle	36	5	01:42 PM	_____
Finals	148 Boys 10 & Under 100 Freestyle	45	6	01:51 PM	_____
	Break: 7 Minutes				
Finals	149 Girls 10 & Under 200 IM	46	6	02:08 PM	_____
Finals	150 Boys 10 & Under 200 IM	40	5	02:28 PM	_____
	Break: 7 Minutes				
Finals	151 Girls 10 & Under 100 Breaststroke	40	5	02:51 PM	_____
Finals	152 Boys 10 & Under 100 Breaststroke	23	3	03:02 PM	_____
	Break: 7 Minutes				
Finals	153 Girls 10 & Under 400 Freestyle Relay	16	2u	03:15 PM	_____
Finals	154 Boys 10 & Under 400 Freestyle Relay	12	2u	03:25 PM	_____
	Swimmers for Warm-ups: 146	=====	=====		
	Entry / Heat Totals:	370	50		
	Finish Time			03:35 PM	_____

2010 VSI SC Age Group Championships - 3/18/2010 to 3/21/2010**Sanction #: VS-10-60****Session Report**

Session: 9 Saturday Finals - Pool 1

Day of Meet: 3 Starts at 06:00 PM Heat Interval: 120 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	229 Girls 13-14 200 Freestyle Relay	8	1	06:00 PM	_____
Finals-1	230 Boys 13-14 200 Freestyle Relay	8	1	06:04 PM	_____
Finals-1	129 Girls 11-12 200 Freestyle Relay	8	1	06:08 PM	_____
Finals-1	130 Boys 11-12 200 Freestyle Relay	8	1	06:12 PM	_____
Finals	231 Girls 13-14 200 Butterfly	16	2u	06:16 PM	_____
Finals	232 Boys 13-14 200 Butterfly	16	2u	06:24 PM	_____
Finals	131 Girls 11-12 200 Butterfly	16	2u	06:32 PM	_____
Finals	132 Boys 11-12 200 Butterfly	16	2u	06:41 PM	_____
Finals	233 Girls 13-14 50 Freestyle	16	2u	06:50 PM	_____
Finals	234 Boys 13-14 50 Freestyle	16	2u	06:55 PM	_____
Finals	133 Girls 11-12 50 Freestyle	16	2u	07:00 PM	_____
Finals	134 Boys 11-12 50 Freestyle	16	2u	07:05 PM	_____
Finals	235 Girls 13-14 200 Breaststroke	16	2u	07:10 PM	_____
Finals	236 Boys 13-14 200 Breaststroke	16	2u	07:19 PM	_____
Finals	135 Girls 11-12 100 Breaststroke	16	2u	07:27 PM	_____
Finals	136 Boys 11-12 100 Breaststroke	16	2u	07:34 PM	_____
Finals	237 Girls 13-14 100 Backstroke	16	2u	07:40 PM	_____
Finals	238 Boys 13-14 100 Backstroke	16	2u	07:47 PM	_____
Finals	137 Girls 11-12 50 Backstroke	16	2u	07:53 PM	_____
Finals	138 Boys 11-12 50 Backstroke	16	2u	07:59 PM	_____
Finals	239 Girls 13-14 500 Freestyle	16	2u	08:04 PM	_____
Finals	240 Boys 13-14 500 Freestyle	16	2u	08:19 PM	_____
Finals	139 Girls 11-12 200 IM	16	2u	08:33 PM	_____
Finals	140 Boys 11-12 200 IM	16	2u	08:42 PM	_____
Finals-1	241 Girls 13-14 400 Medley Relay	8	1u	08:51 PM	_____
Finals-1	242 Boys 13-14 400 Medley Relay	8	1u	08:57 PM	_____
Finals-1	141 Girls 11-12 400 Medley Relay	8	1u	09:03 PM	_____
Finals-1	142 Boys 11-12 400 Medley Relay	8	1u	09:10 PM	_____
	Swimmers for Warm-ups: 212	=====	=====		
	Entry / Heat Totals:	384	48		
	Finish Time			09:17 PM	_____

2010 VSI SC Age Group Championships - 3/18/2010 to 3/21/2010**Sanction #: VS-10-60****Session Report**

Session: 10 Sunday 13-14 Preliminaries - Pool 1

Day of Meet: 4 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	155 Girls 13-14 200 Backstroke	59	8	08:30 AM	_____
Prelims	156 Boys 13-14 200 Backstroke	48	6	08:55 AM	_____
Prelims	157 Girls 13-14 100 Freestyle	54	7	09:13 AM	_____
Prelims	158 Boys 13-14 100 Freestyle	51	7	09:23 AM	_____
	Break: 10 Minutes				
Prelims	159 Girls 13-14 200 IM	55	7	09:43 AM	_____
Prelims	160 Boys 13-14 200 IM	53	7	10:03 AM	_____
Finals	161 Girls 13-14 400 Freestyle Relay	25	4u	10:22 AM	_____
Finals	162 Boys 13-14 400 Freestyle Relay	20	3u	10:40 AM	_____
	Swimmers for Warm-ups: 199	=====	=====		
	Entry / Heat Totals:	365	49		
	Finish Time			10:52 AM	_____

2010 VSI SC Age Group Championships - 3/18/2010 to 3/21/2010**Sanction #: VS-10-60****Session Report**

Session: 11 Sunday 11/12 Preliminaries - Pool 2

Day of Meet: 4 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	255 Girls 11-12 200 Breaststroke	46	6	08:30 AM	_____
Prelims	256 Boys 11-12 200 Breaststroke	26	4	08:51 AM	_____
Prelims	257 Girls 11-12 100 Backstroke	43	6	09:04 AM	_____
Prelims	258 Boys 11-12 100 Backstroke	57	8	09:16 AM	_____
	Break: 10 Minutes				
Prelims	259 Girls 11-12 100 Freestyle	56	7	09:41 AM	_____
Prelims	260 Boys 11-12 100 Freestyle	59	8	09:52 AM	_____
	Break: 10 Minutes				
Prelims	261 Girls 11-12 50 Butterfly	49	7	10:14 AM	_____
Prelims	262 Boys 11-12 50 Butterfly	55	7	10:21 AM	_____
	Break: 10 Minutes				
Finals	263 Girls 11-12 400 Freestyle Relay	22	3u	10:38 AM	_____
Finals	264 Boys 11-12 400 Freestyle Relay	21	3u	10:52 AM	_____
	Swimmers for Warm-ups: 211	=====	=====		
	Entry / Heat Totals:	434	59		
	Finish Time			11:06 AM	_____

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Session: 12 Sunday 1650 Session- Pool 1

Day of Meet: 4 Starts at 11:45 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	163 Girls 13-14 1650 Freestyle	44	6u	11:45 AM _____
Finals	164 Boys 13-14 1650 Freestyle	32	4u	01:45 PM _____
	Swimmers for Warm-ups: 76	=====	=====	
	Entry / Heat Totals:	76	10	
	Finish Time			03:00 PM _____

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Session: 13 Sun Timed Finals-10 & Under-Pool 1

Day of Meet: 4 Starts at 01:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	165 Girls 10 & Under 100 Backstroke	46	6	01:00 PM	_____
Finals	166 Boys 10 & Under 100 Backstroke	43	6	01:13 PM	_____
	Break: 7 Minutes				
Finals	167 Girls 10 & Under 50 Freestyle	47	6	01:32 PM	_____
Finals	168 Boys 10 & Under 50 Freestyle	38	5	01:39 PM	_____
	Break: 7 Minutes				
Finals	169 Girls 10 & Under 100 Butterfly	32	4	01:51 PM	_____
Finals	170 Boys 10 & Under 100 Butterfly	41	6	01:58 PM	_____
	Break: 7 Minutes				
Finals	171 Girls 10 & Under 400 Medley Relay	15	2u	02:16 PM	_____
Finals	172 Boys 10 & Under 400 Medley Relay	12	2u	02:28 PM	_____
	Swimmers for Warm-ups: 146	=====	=====		
	Entry / Heat Totals:	274	37		
	Finish Time			02:40 PM	_____

2010 VSI SC Age Group Championships - 3/18/2010 to 3/21/2010**Sanction #: VS-10-60****Session Report**

Session: 14 Sunday Finals- Pool 1

Day of Meet: 4 Starts at 06:00 PM Heat Interval: 120 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	255 Girls 11-12 200 Breaststroke	16	2u	06:00 PM	_____
Finals	256 Boys 11-12 200 Breaststroke	16	2u	06:10 PM	_____
Finals	155 Girls 13-14 200 Backstroke	16	2u	06:19 PM	_____
Finals	156 Boys 13-14 200 Backstroke	16	2u	06:28 PM	_____
Finals	257 Girls 11-12 100 Backstroke	16	2u	06:37 PM	_____
Finals	258 Boys 11-12 100 Backstroke	16	2u	06:44 PM	_____
Finals	157 Girls 13-14 100 Freestyle	16	2u	06:50 PM	_____
Finals	158 Boys 13-14 100 Freestyle	16	2u	06:56 PM	_____
Finals	259 Girls 11-12 100 Freestyle	16	2u	07:02 PM	_____
Finals	260 Boys 11-12 100 Freestyle	16	2u	07:08 PM	_____
Finals	159 Girls 13-14 200 IM	16	2u	07:14 PM	_____
Finals	160 Boys 13-14 200 IM	16	2u	07:22 PM	_____
Finals	261 Girls 11-12 50 Butterfly	16	2u	07:30 PM	_____
Finals	262 Boys 11-12 50 Butterfly	16	2u	07:35 PM	_____
	Swimmers for Warm-ups: 148	=====	=====		
	Entry / Heat Totals:	224	28		
	Finish Time			07:40 PM	_____