

WARM-UPS SCHEDULE
FORT EUSTIS – SC AGE GROUPS CHAMPIONSHIPS

SAME WARM-UPS ALL 3 DAYS: FRIDAY – SATURDAY - SUNDAY

7:00-7:25 AM

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	LANE 11
TAC	TAC	WAC	WAC	WAC NSD SHKS	TIDE	TIDE	CGBD TCAC	CGBD	CGBD	CGBD

7:25-7:50 AM

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	LANE 11
NOVA	NOVA	NOVA	NOVA	CCA	BASS BAC	CAST DC FAST	OBX RACE LASO	RAYS STRM	ODAC HA PYAC	ODAC

7:50-8:15 AM

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	LANE 11
QDD	QDD SGY	PSDN	PSDN	PSDN PWSC	SEVA SWAT	SQST SCAT	VACS TSU	VAST VSTP	GATR SMAC WST	GATR