

**VIRGINIA SWIMMING AGE GROUP CHAMPIONSHIP 2007
WARM-UP SUNDAY, JULY 22,2007**

Team	Morning Time	Lane	Afternoon Time	Lane
BAC	7:30 - 8:00	7		
BASS	7:30 - 8:00	6	12:30 - 1:00	7
CCA	7:30 - 8:00	4	12:30 - 1:00	5
CGBD	7:00 - 7:30	4,5	12:30 - 1:00	4
CYAC	7:30 - 8:00	3		
FAST			12:30 - 1:00	4
GATR	7:30 - 8:00	4	12:30 - 1:00	8
HA	7:30 - 8:00	2		
LY	7:30 - 8:00	5	12:30 - 1:00	7
NOVA	7:00 - 7:30	1,2,3	12:30 - 1:00	1,2
NSD			12:30 - 1:00	6
OBX	7:30 - 8:00	1	12:30 - 1:00	3
ODAC	7:30 - 8:00	3	12:30 - 1:00	6
PSDN	7:00 - 7:30	6,7	12:30 - 1:00	8
PWSC				
PYAC	7:30 - 8:00	1	12:30 - 1:00	5
QDD	7:00 - 7:30	8	12:30 - 1:00	3
RAYS	7:30 - 8:00	5	12:30 - 1:00	5
RPST				
SEVA	7:00 - 7:30	8	12:30 - 1:00	3
SHKS	7:00 - 7:30	6		
SMAC	7:00 - 7:30	6	12:30 - 1:00	5
SQST	7:30 - 8:00	6	12:30 - 1:00	6
SWAT	7:00 - 7:30	7	12:30 - 1:00	5
TAC	7:30 - 8:00	8	12:30 - 1:00	6
TCAC	7:30 - 8:00	7	12:30 - 1:00	4
TIDE	7:30 - 8:00	2	12:30 - 1:00	3
TSU	7:30 - 8:00	1		
UNAT	7:30 - 8:00	1	12:30 - 1:00	8
UNOVA			12:30 - 1:00	2
URPST	7:30 - 8:00	1		
US	7:30 - 8:00	8		
UTAC	7:30 - 8:00	8		
VACS	7:30 - 8:00	7		
VAST			12:30 - 1:00	4
WAC	7:30 - 8:00	1	12:30 - 1:00	7
WST	7:30 - 8:00	1		