

VIRGINIA SWIMMING AGE GROUP CHAMPIONSHIP 2007
WARM-UP SATURDAY, JULY 21,2007

Team	Morning Time	Lane	Afternoon Time	Lane
BAC	7:00 - 7:30	5		
BASS	7:00 - 7:30	2	1:30 - 2:00	5
CCA	7:00 - 7:30	3	1:30 - 2:00	5
CGBD	7:30 - 8:00	4,5	1:30 - 2:00	4
CYAC	7:30 - 8:00	1		
FAST	7:00 - 7:30	1	1:30 - 2:00	5
GATR	7:00 - 7:30	1	1:30 - 2:00	8
HA	7:00 - 7:30	4		
LY	7:00 - 7:30	3	1:30 - 2:00	6
NOVA	7:30 - 8:00	6,7,8	1:30 - 2:00	1,2
NSD			1:30 - 2:00	4
OBX	7:00 - 7:30	1	1:30 - 2:00	4
ODAC	7:00 - 7:30	7	1:30 - 2:00	8
PSDN	7:30 - 8:00	2,3	1:30 - 2:00	8
PWSC	7:00 - 7:30	1		
PYAC	7:00 - 7:30	3	1:30 - 2:00	7
QDD	7:00 - 7:30	8	1:30 - 2:00	4
RAYS	7:00 - 7:30	5	1:30 - 2:00	4
RPST	7:00 - 7:30	3	1:30 - 2:00	4
SEVA	7:30 - 8:00	2	1:30 - 2:00	4
SHKS	7:00 - 7:30	6		
SMAC	7:30 - 8:00	3	1:30 - 2:00	6
SQST	7:00 - 7:30	4	1:30 - 2:00	7
SWAT	7:00 - 7:30	1	1:30 - 2:00	6
TAC	7:00 - 7:30	1	1:30 - 2:00	6
TCAC	7:00 - 7:30	7	1:30 - 2:00	5
TIDE	7:30 - 8:00	1	1:30 - 2:00	3
TSU	7:00 - 7:30	8		
UNAT	7:00 - 7:30	5	1:30 - 2:00	4
UNOVA			1:30 - 2:00	2
URPST	7:00 - 7:30	3		
US	7:00 - 7:30	4		
UTAC	7:00 - 7:30	1		
VACS	7:00 - 7:30	2	1:30 - 2:00	3
VAST	7:00 - 7:30	5	1:30 - 2:00	5
WAC	7:00 - 7:30	6	1:30 - 2:00	7
WST	7:00 - 7:30	8	1:30 - 2:00	3