

9/28/13      Coaches Committee Minutes

- 1) approval of minutes from April 2013 approved.
- 2) Swimmer of the Year process. Convoluted. Suggest changes.
  - a. Coaches SOY nominate with information, goes directly to AG /Sr committee
    - i. Mary might be able to get power points follow up in spring.
  - b. Coaches nominate SOY w/ and goes to Coach Com. Chr. To winnow down
  - c. Moved: Single age group SOY awards passed**
  - d. Open Water swimmer of the year **14 and under and 15 up , each gender**
- 3) Coach of Year voted on and done. Motion to destroy the ballots for coach of the year **passed**
- 4) Actionable items from earlier committees

Age Group

- a. Move LC Summer awards to 3 sites Re-AG **passed**
- b. Endorse: Region Meet stays the same as last year, 13 and over. **Passed**
- c. District meets swim 11-12 Prelim/Finals and other opportunities need to be the same for all districts. 1 final heat 11-12 200 stroke events, 4-500 are swum once. 11-12 limited to 8 events, 3 a day, 10 & Und 4 a day, 9 total. Score straight, top 16 ribbons, team 3 plaques. Unanimous **passed**
- d. Region meet 1000 only, Qualify for state one= both distances **passed**
- e. Coaches Time allowed at District and Regionals. B time minimum for Region meet 400 and up **passed**

Senior:

- a. A published "not-earlier" than timeline for finals. **passed**
- b. A -B -C, final order that allows swimmers to move up **passed**
- c. Short bio's top 3 awarded immediately after event Unanimous
- d. New Business reimbursement for what level meet? Winter 2013 Jr cuts look at number of swimmers and what meets? **Passed, will work w/ finance to finalize.**
- e. 4 hour rule for 13 and up waive in VSI to be consistent with USAS **passed**
- f. Favor remaining with 3 circle heats and 4/4 400 and up **passed**

Technical Planning:

- a. in favor of allowing 13 and ups to go beyond 4 hours
  - b. endorsed AG formats for district and regional meets
  - c. endorsed Zone Application process, deadline and fee- amended to \$100 fee
  - d. endorsed A-B-C final format for championship meets.
- 5) MAHC- CDC both starting depth and air quality- The first complete draft version of the MAHC will be posted for the second (final) round of public comment by the end of 2013.
  - 6) Zone meets- philosophy, purpose, support, other. Unclear on actual funding.
  - 8) Old business- Our LSC voted no on dues increase at convention  
SC Zone 14 and under Age Group type Sectional meet **PSDN host said they would host.**
  - 9) New Business convention report below-

\* Dr. Jim Miller had a really good presentation on Shoulder Injury prevention. Steven Phillips had him come do a presentation and he will get the video and the Power point of the presentation up on the VSI web site. It was very informative. I recommend all coaches look through the information and maybe even your swimmers and/or parents.

\* HS for times to count Observation form needs to be filled out, swimmers registered AND entered with registration numbers, Meet Ref, and officials to Terry R. at least 10 days out. Conference meets, invitational's, and State meet.

HS seasonal fee- Pro's and Con's would we lose swimmers after HS? \$39 vs \$64 Coaches committee not in favor. Felt swimmers would leave programs immediately after HS was done if they had that deadline all along in their heads upon joining.

\* Coaches committee re-athletes moving forward? **Favors remaining the same as has been. The LSC appears to have conflicting information. National John Morse-legal, and Dan McAllen, rules chair, both said we do not need 20% athletes. Mary said she thought we needed to adhere in all committees. Dan/John both said it was a recommendation not a requirement. Coaches favor remaining coach only committee.**

340 coaches that means we would need to add 68 athletes but those additional mean we need 14 more so a total of 82 athletes on the committee. **Need to remove this change, will try to remove as housekeeping since it is not part of current template and it was introduced as housekeeping and such a measure is too great a change to be considered housekeeping.**

- Dive certified: this is coaches liability- understand costs- issue
- Athlete Protection on Deck Pass, no new cards if that is only expired certificate. Coaches safety is ONLY Red Cross.

## 11) Adjournment

Convention round up:

- USAS introducing a Pilot program looking at \$40,000 fee for 10 LSC's to have coach mentor program.
- the National Junior Team it appears will be made off of LC meets Jan 1 thru Sept 1, but the National Junior Travel Team will be a selection meet, the LC National Championship. The team gets to go to the camp, the travel team gets to go to the meet. Some of this was not ironed out yet. To ensure that we have our fastest 18 and under's at the National Championships there will be a C final that is 18 and under starting at the LC meet this summer.
- Open Water at Zones winner will be eligible to go to USAA National Open Water Championship if the distance at the Zone Championship Open water meet is a legitimate distance.
- Pan Am's will be a smaller team- World University selection process will be changing, neither of which has been spelled out yet.
- 2014 Gran Prix last weekend of April and everything one week later than last year.

2015 Gran Prix series will start with Mesa Az third week of April

- LC Juniors and Nationals have yard Qualifying times this summer.
- Olympic Trials will be smaller than this past time, 2012 @ 1850 2016 target is between 1000-1200. Qualifying times out next fall.
- Breaststroke and Fly hands at the wall must show separation between hands- can't overlap fingers, can't have one hand directly above the other- space must be visible, 9/23/13
- Breaststroke can take one arm movement into the wall that does not have to be followed by a kick. 9/23/13
- Backstroke starts will have a ledge for toe placement- no one is making them yet, several prototypes are in the works. Issue will be getting them out of the way before they come back and make a finish or turn. Jan. 2014 once FINA publishes dimensions of the apparatus'.
- All National meets will circle seed 3 heats except for the 400 and up distances. As per FINA.

San Antonio will be LC 2015 National Championships- they want to make all LC nationals selection meets.

- Sectional meets will have a no faster than qualifying time per National office, each Zone can set slower time standards to meet their requirements. The meets should be set at around 700 swimmers and will be run 8 to 22 days before US Open or JR Nationals, whichever comes first. (this means that the date could be somewhat earlier than in past years) There will be an 18 and under final heat. Jan. 2015

Senior Zone Sectional meet faster than sectional last part of July

- At Championship meets the A final can be swum first and alternates may be moved up. Starting May 14

- If a LSC sanction is denied the host can appeal to a newly formed Zone Sanctioning and Appeal body starting Jan 1, 2015

- Board of Reviews will be at the Zone level not the LSC level starting Jan 1 2015

- Backstroke rule reads that you can be completely submerged at the turn- the wording “at the finish” was removed so based on that reading you cannot submerge at the finish. I will try and get further clarification on how the call we be made.

- Updated code of conduct: No dating adult athletes if you are in a coaching position, or other position of authority over that person. No peer to peer abuse either, code of conduct violation.

- USAS passed the \$2 per year increase for 10 years to their dues. VSI held against.