



Kim Vandenberg

CLUB: New York Athletic Club (NYAC-NY)

AGE: 29 **DOB:** December 13, 1983

HEIGHT: 5' 8" (172.7 cm) HOMETOWN: Moraga, Calif. BIRTHPLACE: Berkeley, Calif.

COACHED BY: Gregory Kincheloe / Teri

McKeever

Career Highlights:

Won gold in the 200m fly at the 2011 Pan American Championships ... At the 2011 ConocoPhillips National Championships, placed fourth in the 200m fly ... Finished fourth in the 200m fly at the 2010 CP National Championships ... earned a silver medal at the 2008 Olympic Games by competing in the prelims of the 800m free-relay ... qualified for the 2008 Olympic team by placing fifth in the 200m free at Trials ... won a silver medal in the 200m fly swimming at her first World Championships in 2007 ... also finished second in the 200m fly at the Duel in the Pool ... earned silver in the 200m fly at the 2005 World University Games ... finished second in the 200y fly at the 2006 NCAA Championships, and was third in the same event in 2005 ... won her first U.S. national title in the 200m fly at the 2004 Nationals ... competed in finals of the 2004 Olympic Trials, finishing fifth in the 200m fly.

Olympics History:

2008: Bronze, 800m FR-R(pr) **World Champs History:**

2007: Silver, 200m FL; 12, 50m FL

Pan Pacs History: 2006: 6, 200m FL WUGs History: 2005: Silver, 200m FL Duel in the Pool History: 2007: Silver, 200m FL Olympic Trials History:

2008: 3, 200m FL; 5, 200m FR; 7, 100m FL ... 2004: 5, 200m FL; 11, 100m FL

Olympic Trials History:

2012: 3rd, 200 Fl, 14th, 100 Fl, 18th, 200 Fr

U.S. Nationals History:

2011: 4, 200m FL ... 2010: 4, 200m FL

NATIONAL TITLES:

200m Fly (2): '06 SUM, '04 SUM

ADDITIONAL HONORS:

National Teams: 2006 National A Team ... 2005 National B Team

All-Star Team: 2006

PERSONAL:

High School: Campolindo HS '02

College: UCLA '07 College Major: History

Future Professional Aspirations: Public Relations

Parents: Rick and DeNai ... father is a stock broker, and mother is a psychologist

Sibling(s): Older brother (John) ... younger brother (Michael) plays football at New Mexico ...

younger sister (Lauren)

Sports Played Before Swimming: Soccer, track and field

Nickname(s): Kimbo, Kimber, Kimmy

Pet(s): Two dogs (Hunter and Nani) ... Hunter is a Rhodesian Ridgeback, and Nani is a

Mastiff/Retriever

Hobbies Outside the Pool: Playing piano, photography, traveling, farmer's markets, interior

designing, learning about different cultures, beach volleyball

Ultimate Way to Relax: Listen to music, read, watch movies, sleep

Most Influential Person: Grandmother ... "She has always supported me and loved me unconditionally" ... "role model: Natalie Coughlin ... "She finds balance in her life while breaking world records and being the best at what she does. It's admirable and inspirational to me."

Training Stats: Swims 12–15,000 meters/yards per day, 5 hours a day, 6 days a week

More: Chose to go pro in the spring of 2007.

Favorites: U.S. city: Los Angeles ... int'l destination: Italy ... band: Radiohead, Beck ... moives: Man on Fire, The Saint, Princess Bride ... book: Memories of a Geisha ... summer activity: going to the beach

FAST FACTS

One World medal (1s)

One-time Olympian (2008)

One Olympic Games medal (1b)

INTERNATIONAL MEDALS

2011 Pan American Games

2011: Gold, 200m FL

2008 Olympic Games

2008: Bronze, 800m FR-R (pr)

2007 World Championships

2007: Silver, 200m FL

TOP TIMES

Event	Best	<u>Year</u>
100m FR	54.87	Feb 08
50m FL	26.99	Mar 07
100m FL	58.84	Jun 08
200m FL	2:06.71	Mar 07

CAREER STATS:

2012 - , 100m FL (SCM); , 200m FL (SCM); , 200m FL (SCM)

2011 Pan Ams - , 200m FL; 1 Final, 200m FL

- Final, 200m FR; Final, 200m FL; Final, 200m IM

FL; t7 Final, 100m FL; 4 Semi, 200m FL; 3 Final, 200m FL Swimvitational - 4 Final, 100m FR; 2 Final, 200m FR; 3 Final, 100m FL; 1 Final, 200m FL; 9 Final, 200m IM 08 SCSC GP - 7 Final, 100m FR; 4 Final, 200m FR; t9 Final,

2008 TRIALS - 5 Semi, 200m FR; 5 Final, 200m FR; 16 Final, 100m

100m FL; t2 Final, 200m FL; 7 Final, 200m IM
- 8 Final, 50m FR; t2 Final, 100m FR; t1 Final, 200m FR; 4
Final, 100m FL; 3 Final, 200m FL; 7 Final, 200m IM

08 MIZZ GP - t5 Final, 50m FR; t4 Final, 100m FR; 4 Final, 200m FR; t4 Final, 100m FL; 2 Final, 200m FL; 5 Final, 200m IM

Socal GP - 3 Final, 50y FR; 3 Final, 100y FR; 9 Final, 200y FR; 4 Final, 100y FL; 3 Final, 200y FL; 2 Final, 200y IM

2007 WORLD - 12 Semi, 50m FL; 2 Semi, 200m FL; 2 Final, 200m FL

2007 Mizzou GP - , 50m FR; , 50m FR; , 200m FR; , 200m FR; , 50m FL; , 100m FL; , 100m FL; , 200m FL; , 200m FL

2006 US OPEN - 12 Final, 50m FR; 5 Final, 100m FL; 2 Final, 200m FL

PAN PAC - 6 Final, 200m FL

SUM NATS - 8 Final, 100m FL; 1 Final, 200m FL NCAA - 10 Final, 100y FL; 2 Final, 200y FL

2005 SUM NATS - 11 Final, 200m FL

WC TRIALS - 14 Final, 100m FL; 4 Final, 200m FL

2004 SUM NATS - 16 Final, 50m FR; 13 Final, 200m FR; 3 Final, 100m FL; 1 Final, 200m FL

OLY TRIALS - 11 Final, 100m FL; 5 Final, 200m FL; 4 Final, 200m FL

2003 US OPEN - 7 Final, 100m FL; 1 Final, 200m FL SUM NATS - 10 Final, 100m FL; 18 Final, 200m FL