

2011 Swimposium

hosted by

Virginia Swimming

Saturday, October 1

Holiday Inn Koger Center

Midlothian, VA

We are very fortunate this year to have several representatives from USA Swimming join us and provide guidance in various areas:

- **Sandra Lopez** currently serves as the National Events coordinator for USA Swimming.
- **Cathy Durance** is the Member Services Director in charge of registrations.
- **Pat Lunsford** recently served as the USA Swimming Vice President of Program Operations. His years of experience as an official and 17 years of coaching make him uniquely qualified for our workshops this year.

Schedule of Meetings & Workshops

8 am – 5 pm: Officials (Details to follow)

8 am: Senior Committee Meeting

9 am: Age Group Committee Meeting

10 am: Technical Planning Committee Meeting

11 am: Coaches' Committee Meeting

Noon: Lunch & Presentation by Pat Lunsford

1 pm: Coaches' Forum with Pat Lunsford

1 pm: Meet Director's Workshop with Sandra Lopez

3 pm: Club Registrar's Workshop with Cathy Durance

Please complete the registration form below and mail it to:

Virginia Swimming Inc.
PO Box 1059
Appomattox, VA 24522

Lunch is limited to the first 100 registrants and reservations must be mailed by Saturday, September 24th.

Swimposium Registration

Name _____ Phone # _____

Address _____

VSI Team _____ Email _____

I will attend the following Workshops:

_____ Coaches Forum

_____ Meet Director's Workshop

_____ Club Registrar's Workshop

_____ Lunch (enclose check for \$20 made out to VSI)

Questions?? Please call 434-352-5451 or email: businessoffice@virginiawimming.org

Check enclosed for \$ _____