

Virginia Swimming and Burkwood Aquatic Club
Are Proud to Present
2008 Swimposium

Ultimate Swim Clinic

featuring

Gil Stovall

(2008 Olympian, 2007 NCAA National Champion 200 Butterfly)

Where: Burkwood Swim and Racquet Club Mechanicsville, VA
(Directions posted on Virginia Swimming website)

When: Saturday, October 4th. 9am-1pm (Check-in at 8:30am)

Who: Any registered USA Swimming athletes; preferably
8&Older

Cost: \$25

Please join Olympian Gil Stovall for a swim clinic including a motivational talk, in-water demonstrations and a hands-on stroke clinic. USA Swimming will provide items to be given out by Gil and he will be signing autographs and taking pictures with the swimmers.

Weather permitting, the event will be hosted outdoors in a heated pool.

Please mail registration, including checks payable to:
Burkwood Aquatic Club
P.O. Box 1886
Mechanicsville, VA 23116

Registration will be capped at 100 swimmers.

Questions, please contact Kevin Maloy at kmaloy1@verizon.net or 540.809.6486

Ultimate Swim Clinic featuring Gil Stovall

Send to:
Burkwood Aquatic Club
P.O. Box 1886
Mechanicsville, VA 23116

Athlete: _____

Club: _____

Address: _____

Phone Number: _____

Email Address: _____

Age: _____