

VIRGINIA SWIMMING HEAD COACHES ROSTER

Updated 7/9/2008

	Name of Club	Head Coach	Contact Phone	Coach Email
ACST	ACAST Amberjacks	Bob Couch	540-292-3758	ajaxfastswim@msn.com
BAC	Burkwood Aquatic Club	George Massey	804-730-4076	bacgeorge@live.com
BASS	Battlefield Area Star Swimmers	Kevin McHaney	540-948-7629	kmchaney@yahoo.com
CCA	Carter Center Aquatics	Greg Johnson	540-989-7284	gjohnson@ccamarlins.com
CGBD	Coast Guard Blue Dolphins	Steve Hennessy	757-369-2202	cgbdswimming@cox.net
CST	Coomes Area Swim Team	Scott Wilson	423-989-9491	swilson@t-l.com
CVA	Central Virginia Aquatics	MC Thomas	410-971-0645	mcthomas@vt.edu
CYAC	CYAC-Piedmont Family YMCA	Donald Remaly	434-974-7674	docswim3@earthlink.net
CYAT	Chesapeake YMCA Aquatic Team	Frank Poulin	757-547-9622 x321	election8@yahoo.com
DC	Dolphin Club	Teresa Andres	804-545-8650	tandres@weinsteinjcc.org
FAST	Fauquier Area Swim Team	??	??	??
FUAC	Fork Union Aquatic Club	Jim Bocci	434-842-4299	boccij@fuma.org
GATR	Virginia Gators/Roanoke YMCA	Greg Lake	540-982-7665	gtlake70@hotmail.com
GRTD	Galax Riptide	Harry Lumpkin	276-238-1540	tracelumpkin@earthlink.net
HA	Hargrave Aquatics	Larry Simonov	434-432-2681	simonovl@hargrave.edu
LASO	Lifetime Aquatic Swim Org	Meg O'Donnell	276-783-3239	meg.odonnell@scchosp.org
LU	Liberty University Swimming	Jeff Lawrence	434-385-4541	goswimlynchburg@aol.com
LY	Lynchburg YMCA Swim Team	TJ Liston	434-444-1256	CoachListon@comcast.net
NOVA	NOVA of Virginia Aquatics, Inc.	Geoff Brown	804-754-3401	nova.gbrown1@verizon.net
NSD	Norfolk Silver Dolphins	Panos Makriyianis	757-489-4167	pmakri@juno.com
OBX	Outer Banks Swim Club	Craig Bialorucki	757-418-0243	swimobx@gmail.com
ODAC	Old Dominion Aquatic Club	Steve Bialorucki	757-474-1015	stevebialorucki@swimodac.com
PRO	Pasquotank River Otters	Scott Adlon	252-330-4175	rswimmer0088@earthlink.net
PSDN	Poseidon Swimming Inc	Ted Sallade	804-334-2804	psdnswim@comcast.net
PWSC	Prince William Swim Club	Jamie Gaskill	703-583-0965	gaskills@comcast.net
PYAC	Portsmouth YMCA Aquatic Club	Mike Salpeter	757-375-4394	pyacswimcoach@gmail.com
QDD	QDD Swim Team	Mike Yearwood	757-741-1335	qddswim@comcast.net
RACE	Richmond Racers	Mike Hodges	804-646-8088	?
RAYS	Rappahannock YMCA Swim Team	Bob Herlinger	540-785-5055	stingraybob93@comcast.net
RPST	Regency Park Swim Team	Andy Baciocco	540-786-8688	rpstcoach@verizon.net
SCAT	Star City Aquatic Club	Bobby Braaten	540-540-4524	robert.braaten@worldnet.att.net
SEVA	South Eastern Virginia Aquatics	Dave Henderson	757-874-1522	sevaseahawks@aol.com
SGY	Shady Grove YMCA	Mike Dolan	804-270-3866 x 205	dolanm@ymcarichmond.org
SHKS	Quantico Sharks	Stu Faux	540-680-2401	coachfaux@qsst.org
SMAC	Waynesboro YMCA Swim Team	Ryan Sprang	856-236-6474	smacrocks@ntelos.net
SQST	SwimQuest	Dudley Duncan	804-739-9792 804-640-5714 c	SwimMet1@aol.com
STAT	Stafford Aquatic Team	Boris Rybatsky	540-720-6224	lubaboris@gmail.com
STRM	Rockbridge Storm Swim Team	Leslie Ayers	540-464-4536	lesliesgarden@rockbridge.net
SWAT	Southwest Aquatic Team	Scott Baldwin	540-633-6228	edbaldwi@vt.edu
TAC	Tidewater Aquatic Club	Mac Walston	757-363-8568	swimtac@swimtac.com
TCAC	Tri-City Aquatic Club	Joseph Smith	757-363-9417	tricity110@hotmail.com
TIDE	Tide Swim Team	Sandra Jones (acting)	757-407-7247	dbj3rd@cox.net
TSU	Tsunami Swimming	Peter Maloney	540-371-4369	swimcoachpeter@yahoo.com
US	Unique Swimming	Marc Rios	757-262-7693	coachunique@aol.com
VACS	Virginia Association for Competitive Swimming	Jamie Greenwood	804-937-5571	thadavvg@aol.com

	Name of Club	Head Coach	Contact Phone	Coach Email
VAST	Valley Area Swim Team	Jason Foster	540-432-1112	jfosterpm@hotmail.com
VSTP	Valley Swim Team - Phoenix	Brad Boelter	540-303-3010	bradboelter@comcast.net
WAC	Williamsburg Aquatic Club	Harold Baker	757-229-8662	coachharold2@cox.net
WST	Winchester Swim Team	Tag Grove	540-722-6011	wstswim@visuallink.com